

Sturgis Chastain

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470-578-6555

OBJECTIVE

To obtain a full-time position as a new graduate nurse at Children's Healthcare of Atlanta

EDUCATION

Kennesaw State University – Kennesaw, GA

Bachelor of Science, Nursing (Accelerated)

Expected: December 2017

Major GPA: 4.00/4.00

The University of Georgia – Athens, GA

Bachelor of Science, Health Promotion

Graduated: May 2013

Overall GPA: 3.85/4.00; Major GPA: 4.00/4.00

CLINICAL EXPERIENCE

Advanced Practicum: 5 West Pediatric Medical/Surgical, 172 hours pending, *CHOA Eggleston Hospital* September 2017-Present

- Function in the role of RN under supervision of an RN preceptor providing comprehensive care to children and their families experiencing acute medical-surgical health alterations

Community Health: Camp Kudzu, 135 hours, *Camp Kudzu*

August 2017

- Volunteered as a medical clinician at a week-long camp for children with type 1 diabetes
- Monitored campers' blood sugar levels throughout the day and utilized clinical judgment when adjusting and administering insulin

Obstetrics: Antepartum, Labor & Delivery, Mother/Baby, 67.5 hours, *WellStar Kennestone Hospital*

July 2017

- Completed assessments, measured vital signs, inserted Foley catheters, and administered medications to mothers in the antepartum, intrapartum, and postpartum stages of birth; Completed assessments, measured vitals, and bathed newborn infants

Pediatrics: 3 North/South Respiratory Floor, 67.5 hours, *CHOA Scottish Rite Hospital*

June 2017

- Provided basic care, including vital signs, hygienic, and nutritional care to children experiencing a variety of acute respiratory problems
- Assessed pediatric patients, administered medications, and provided age-appropriate support and comfort to patients and families

Medical/Surgical: 4 North Medical/Surgical, 135 hours, *WellStar Cobb Hospital*

January 2017 – April 2017

- Performed technical skills according to hospital policies and standards of practice: medication administration, wound care and cleaning, nasogastric care, Foley catheter care, vital assessment with a dynamap machine, nursing physical assessment

Psychiatric: Psychosocial Rehabilitation Day Program, 45 hours, *Kirkwood Mental Health Center*

January 2017–March 2017

- Provided and lead group education for approximately 30 patients with mental illness to facilitate reintroduction to society

Medical/Surgical: 7 West Medical/Surgical, 90 hours, *WellStar Kennestone Hospital*

September 2016 – November 2016

- Gained extensive knowledge regarding care of acutely and chronically ill patients with a variety health conditions
- Collaborated with members of the health care team and demonstrated effective communication to improve patient care

PROFESSIONAL & FIELD EXPERIENCE

Emory Healthcare, Inc. – Atlanta, GA, Nurse Technician

May 2017-Present

- Work as a float nurse tech at Emory St. Joseph's, Emory University, and Emory Midtown Hospitals on a variety of floors, including GI, ICU, Pulmonary, Cardiac, and Medical-Surgical units; Collaborate with the healthcare team to provide holistic care to all patients
- Perform skills including vital sign measurement, blood glucose checks, hygiene care, intake/output recording, ADL assistance

Athens Nurses' Clinic - Athens, GA, Health Promotion Intern, 430 hrs

January 2016 – May 2016

- Conducted individualized health education sessions with a variety of indigent patients treating and managing chronic diseases
- Complete intake and analyzed patient history and vital signs to determine patient health status and education plan of care

The University of Georgia - Athens, GA, Pool Manager, Ramsey Student Center

August 2013-May 2015

- Helped manage and coordinate schedules, skills training, and staff development for a staff of 60 lifeguards
- Provided crowd management at swimming and diving events of up to 1,200 people at GHSA, SEC, and NCAA events

PROFESSIONAL ORGANIZATIONS

KSU Student Nurses Association, Mentorship Committee

August 2016 – Present

- Mentored new KSU nursing students; provided information and support to help students transition into nursing school
- Collaborated with the mentorship committee and SNA members to develop events that promoted nursing student involvement and stewardship to the SNA, nursing profession, and community

National Student Nurses Association & Georgia Association of Nursing Students, August 2016 – Present

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OBJECTIVE

Seeking a Registered Nurse position in an Adult Medical-Surgical unit of a dynamic health organization

EDUCATION

Kennesaw State University

- Bachelor of Science in Nursing, WellStar School of Nursing

Expected: December 2017

GPA: 3.30/4.00

CLINICAL EXPERIENCE

Senior Practicum, WellStar Kennestone Hospital, Marietta, GA—172 hours pending

Fall 2017

- Worked under the direct supervision of a registered nurse to prioritize and manage nursing care for up to 6 patients in the cardiac telemetry unit
- Conducted head-to-toe and comprehensive physical assessments and analyzed critical and therapeutic lab values
- Placed ECG leads and read ECG strips to monitor heart irregularities
- Inserted IV catheters, administered IV drip and IV push medications, and maintained IV patency using medical asepsis
- Administered medication in accordance to institutional policy and accurately charted using EPIC computer system
- Provided holistic care for patients and families by addressing physiological and psychosocial needs and continuously presenting patient education
- Collaborated with members of health care team using effective interpersonal communication skills
- Researched and assembled an educational document on effective pain management and implications for the unit

Community Nursing, Allgood Elementary School, Dallas, GA—80 hours

Fall 2017

- Worked under the supervision of the school nurse to provide health management, education, and care for patients ranging from ages 5 to 13
- Closely monitored and provided diabetic care for a 5 year old and 7 year old child
- Administered medications for ADHD, cystic fibrosis, asthma, and bipolar disorder according to institutional policies
- Assisted in triage and care for students involved in a pepper spray incident at the local high school
- Assessed and cared for a 5 year old student who experienced a seizure

Pediatric Health, Scottish Rite Hospital, Atlanta, GA—48 hours

Summer 2017

- Worked under the direct supervision of a registered nurse to provide holistic care for patients ages 3 weeks to 18 years with cystic fibrosis and cerebral palsy and their families

Mental Health, Mothers Making a Change, Marietta, GA—42 hours

Summer 2017

- Provided group education for approximately 30 patients with substance abuse addictions to ease transition back into society
- Used therapeutic communication skills to develop rapport with patients with depression and bipolar disorder

Maternal and Newborn, WellStar Cobb Hospital, Austell, GA—48 hours

Spring 2017

- Worked under the direct supervision of a registered nurse to assist with vaginal and cesarean section deliveries, performed intrapartum and postpartum assessments, and cared for patients under critical condition in the NICU

Medical/Surgical II, WellStar Kennestone Hospital, Marietta, GA—96 hours

Spring 2017

- Worked under the direct supervision of a registered nurse to provide holistic care for bariatric patients
- Administered medications, performed comprehensive and focused assessments
- Gained experience in caring for patients with an ostomy and nasogastric tube

Medical/Surgical I, WellStar Kennestone Hospital, Marietta, GA—84 hours

Fall 2016

- Worked under the direct supervision of a registered nurse to provide holistic care for orthopedic patients
- Performed physical assessments, administered medications, and assisted with activities of daily living

RELEVANT SKILLS & CERTIFICATIONS

- Spanish: conversational & Korean: conversational
- American Heart Association BLS for Healthcare Providers (CPR) Certified, Expires: May 2018
- Bloodborne Pathogens Safety Certified

WORK EXPERIENCE

K & L Yonsei Education, Private Tutor

July 2012 – December 2016

- Liaised with students ages 7 to 12, parents, and supervisor to specify learning needs, develop individualized lesson plans, assess progress, and revise instructive techniques for maximum growth

Copytalk, Transcriber

October 2010 – May 2013

- Demonstrated excellent attention to detail by producing accurate dictations for clients

Primrose Schools, Assistant Teacher

May 2009 – July 2011

- Collaborated with teacher to create educational lesson plans and recreational activities for children ages 3 to 5 years

VOLUNTEER EXPERIENCE

Alpha Phi Omega, Beta Zeta Chapter

August 2015 – December 2016