

## **Double Owl Pathway of Study**

**Undergraduate Program Name:** Integrated Health Science, B.S. **Graduate Program Name:** Applied Exercise and Health Science, M.S.

(Exercise Physiology Concentration)

**Pathway Description:** IHS/MSAEHS

## **Double Owl Course Pairs:**

Double Owl Scholars will NOT take the	In their place, Double Owl Scholars will be able
following IHS courses:	to take three of the following AEHS courses:
Upper Division Major Elective	EHS 6510 - Advanced Exercise Physiology
Upper Division Major Elective	EHS 6520 - Exercise Psychology
Upper Division Major Elective	EHS 6200 - Statistical Methods in Sport and Exercise

Year 1 - Fall (15 credits)	Credits	Year 1 - Spring (15 credits)	Credits
ENGL 1101 – Composition I [A1]	3	ENGL 1102 – Composition II [A1]	3
POLS 1101 – American Government [E1]	3	General Education – Cultural Perspectives [B2]	3
General Education – Quantitative [A2]	3	General Education- Science Processes (non-STEM) [D2]	3
ECON 1000 – Contemporary Economic Issues [B1]	2	General Education- U.S. History [E2]	3
General Education- Science Processes (non-STEM) [D2]	4	Lower-Division Elective (1 of 3)**	3
TOTAL SEMESTER CREDITS	15	TOTAL SEMESTER CREDITS	15
Year 2 - Fall (15 credits)	Credits	Year 2 - Spring (15 credits)	Credits
General Education- U.S. History [E3]	3	General Education- Literature of the World [C1]	3
HS 2300- Cultural Competence in Human Services	3	General Education- Applied Math [D1]	3
WELL 2000- Foundations of Health & Wellness	3	General Education- Social Sciences [E4]	3
Lower-Division Elective (2 of 3)	3	IHS 2100- Introduction to Health Sciences & Professions	3
Lower-Division Elective (3 of 3)	3	Free Elective (1 of 4)	3
TOTAL SEMESTER CREDITS	15	TOTAL SEMESTER CREDITS	15
Year 3 - Fall (15 credits)	Credits	Year 3 - Spring (15 credits)	Credits
General Education- Arts & Culture of the World [C2]	3	ECON 3478 - Economics of Healthcare	3
COM 3320- Health Communication	3	HPE 3300 - Contemporary Health Issues	3
IHS 3240- Fundamentals of Behavioral Healthcare	3	SOCI 3380 - Society, Community, & Health	3
IT 3503- Foundations of Health Information Technology	3	Major Elective (2 of 6)	3
Major Elective (1 of 6)	3	Major Elective (3 of 6)	3
TOTAL SEMESTER CREDITS	15	TOTAL SEMESTER CREDITS	15
		Apply for Double Owl Status	
Year 4 - Fall (15 credits)	Credits	Year 4 - Spring (15 credits)	Credits
IHS 4545 – Healthcare Innovation	3	IHS 4760 – Integrated Health Science Capstone	3
IPE 4413 – Interprofessional Collaboration and Care	3	PHE 3330 -Health Systems & Health Policy	3
Free Elective (2 of 4)	3	Free Elective (4 of 4)	3
Free Elective (3 of 4)	3	EHS 6200 – Statistical Methods in Sports and Exercise (Major Elective; 5 of 6)	3

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EHS 6510 – Advanced Exercise Physiology (Major Elective; 4 of 6)	3	EHS 6520 – Exercise Psychology (Major Elective; 6 of 6)	3
TOTAL SEMESTER CREDITS	15	TOTAL SEMESTER CREDITS	15
		Apply to Graduate Program/Change to Graduate Status	
Year 5 - Fall (9 credits)	Credits	Year 5 - Spring (9 credits)	Credits
EHS 6100 – Research Methods in Sports and Exercise	3	EHS 6530 – Advanced Laboratory Techniques in Exercise Physiology	3
EHS 6300 – Leadership and Administration in Sport and Exercise	3	EHS 6550 – Cardiovascular and Clinical Physiology	3
EHS Approved Elective	3	EHS 6540 – Bioenergetic and Neuromuscular Aspects of Exercise	3
TOTAL SEMESTER CREDITS	9	TOTAL SEMESTER CREDITS	9
Year 6 - Fall (9 credits)	Credits	Year 6 - Spring (credits)	Credits
EHS 6300 – Leadership and Administration in Sport and Exercise	3		
EHS Approved Elective	3		
EHS Capstone Experience	3		
TOTAL SEMESTER CREDITS	9	TOTAL SEMESTER CREDITS	

PATHWAY TOTAL:

147