

# The Lookout

March & April 2019 Issue



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MIDN 1/C Knecht and his date walk through the sword arch during naval ball.

Photos courtesy of MIDN 4/C Stearns

## Georgia Tech NROTC Naval Ball

On Friday March 1, the Atlanta NROTC Consortium held the annual naval ball at the Biltmore Ballrooms in Atlanta. The event included a reception, formal greeting line, dinner, guest speaker, senior superlatives, and finally dancing.



More photos on page 3.

# Georgia Tech ROTC Units Hold Joint Lift-A-Thon

On Saturday April 20, Army, Navy, and Air Force ROTC mustered their strongest cadets and midshipmen to compete in the annual Joint Lift-A-Thon to determine the strongest Georgia Tech ROTC branch. More importantly, it was conducted to raise money for the Veteran's Empowerment Organization, a nonprofit that assists veterans with financial struggles. The event was a standard powerlifting meet, where competitors worked up to their one repetition max in

the squat, bench press, and deadlift. Lifting scores were determined relative to body-weight. In the end, Navy came out on top, just besting Army. Hooyah.



Photos courtesy of MIDN 4/C Stearns

# Georgia Tech NROTC Intramurals: Sand Volleyball



# PT Studs!



**MIDN 3/C Beck**



**MIDN 2/C Hornung**



**MIDN 2/C Fenton**

Congratulations to MIDN 1/C Lehmann, MIDN 2/C Hornung, MIDN 2/C Fenton, and MIDN 3/C Beck for maxing the PRT's pushups, sit-ups, and 1.5 mile run!



**MIDN 1/C Lehmann**

