

# Drug-Free Schools and Communities Biennial Review Academic Years 2022-2023 & 2023-2024

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## **Presidential Acknowledgment**

Division of Student Affairs

I, Kathy Schwaig, Ph.D., President of Kennesaw State University, approve this Biennial Review report for the Academic Years 2022-2024 in compliance with the Drug-Free Schools and Communities Act.

Docusigned by: Dr. Kathry Schwaig	December 12, 2024
Dr. Kathy Schwaig, President and Professor of Management Information Systems Office of the President	Date
Report Reviewed by:	
DocuSigned by:	December 12, 2024
Dr. Energy Epartneson Vice President, Student Affairs and Part-Time Assistant Professor of Educational Lead	Date Jership

## **Table of Contents**

Statement of Alcohol and Other Drug (AOD) Program Goals	2
Statement of AOD Program Accomplishments	3
KSU AOD Policy	7
Procedures for Distributing AOD Policy Annually to Students and Employees	20
Description of Ongoing Education Programs and Systems	21
Summary of AOD Education Programs Strengths and Weaknesses	28
Recommendations for Revisions	32
Appendix A (CYAAR)	33
Appendix B (HPW)	65
Appendix C (Athletics)	75
Appendix D (Clery Totals)	88
Appendix E (Public Safety)	90
Appendix F (HRL)	94
Appendix G (SCAI)	96
Appendix H (WSON)	98
Review Committee	124

## Statement of Alcohol and Other Drug (AOD) Program Goals Academic Years 2022 – 2023 & 2023 - 2024

- I. To establish, communicate, and maintain accountability to clear AOD policies for the campus community (students, faculty, and staff) in order to promote an educational environment free from alcohol misuse and other drug use.
- II. To develop and disseminate educational information for members of the campus community regarding alcohol and other drug issues in a collegiate environment for the purpose of preventing alcohol misuse and other drug use.
- III. To make available counseling, treatment, and outside referrals to assist members of the campus community in addressing AOD-related issues.
- IV. To implement campus policies, standards, and activities that promote and reinforce health, responsible living, respect for community, and holistic well-being of the members of the campus community.
- V. To work towards these goals in a purposeful manner with planning, record keeping, and assessment coordinated by one central office charged with this responsibility.

## Statement of AOD Program Accomplishments Academic Years 2022 – 2023 & 2023 – 2024

## I. New AOD Education Efforts for Students

- A. KSU has made available to all new students both a Title IX and a separate AOD online training program during their first semester. Representatives from Center for Young Adult Addiction and Recovery (CYAAR), the Office of Institutional Equity, and University Information Technology Services comprised the strategic planning team for this online education. Health Promotion and Wellness now oversees the implementation and data collection of AlcoholEdu, the alcohol education training.
- B. Department of Fraternity and Sorority Life (FSL) New AOD Programming Efforts
  - Educational session around alcohol and drug misuse, bystander intervention for the 2023 New Member Symposium for new members from all 4 councils consisting of 400 students.
  - The Center for Young Adult Addiction and Recovery is one of the campus resources assisting with providing AOD education to individual chapters during regularly scheduled chapter meetings and new member education programs. An outline of individual sessions is included in Appendix A.
  - 2023-24 Revised Chapter Accreditation Program (CAP) to the new Greek Gauge Program incentivizes all 35 member organizations to participate and/or host at least one alcohol awareness program each year. Additionally, the Greek Gauge also incentivizes member organizations to host individual chapter workshops and sessions.
  - Host monthly meetings with the Leadership Team, comprised of chapter presidents and governing council executive board members, where risk management topics, including alcohol and other drug awareness, are incorporated into each meeting.
- C. Department of Housing and Residence Life New AOD Education Efforts
  - A new residential curriculum was created for the 2023-2024 academic year to enhance residential student learning. The curriculum revised the department's historic approach to programming by developing three (3) learning goals and associated outcomes and strategies for residential students that focus on selfdiscovery, life skills, and community awareness. This curricular approach will be continuously enhanced to include emphasis on topics such as alcohol and drug education using data from semi-annual benchmarking surveys to inform future approaches. An outline of these learning outcomes is provided in Appendix F.

#### D. New AOD Efforts from Health Promotion and Wellness

- 21st Birthday Card: A 21st birthday card program was offered to reduce risky drinking and behaviors often associated with these celebrations. The card informed and encouraged students to consider protective strategies such as planning a safe way to get home, eating a meal before going out, pacing drinks to no more than one drink per hour, designate a sober friend to keep everyone safe and intervene if necessary, and to call 911 if someone needs help.
- Social Norming Campaign: The social norming campaign used data from Kennesaw State University's 2022 American College Health Association's National College Health Assessment and promoted healthy and responsible choices when it comes to alcohol use and traffic safety issues among students.
  - 1) Card inserts were printed and placed in napkin dispensers in various dining areas on campus.
  - 2) Stickers were designed promoting the message that 9 out of 10 KSU students choose not to drink and drive. Stickers were a better choice than brochures because students are likely to post them in a visible location, such as their laptops, whereas a brochure could be easily misplaced or trashed. This item was only distributed to students attending alcohol education programs and events.
  - 3) Bus Shelter Ads and Bus Ads: Social norming ads were placed on all 16 KSU shuttles for eight months. Social norming ads were also placed at bus shelters for six months.

## II. Availability of AOD Policies

In addition to the required annual distribution, the KSU AOD policy is posted on the "Policy at KSU" website. The KSU University handbook, as well as the employee and student handbooks are available online and include links to campus AOD policies. The student code of conduct (including AOD policies) is available online and there are links to the AOD policies in all university catalogs. The residential code of conduct, which is a section of the student code of conduct, is available to every student and identifies detailed policies about AOD in residential areas.

## III. Division of Student Affairs AOD Strategic Initiatives

The Wellbeing@KSU Team is comprised of five departments, Campus Awareness, Resource, & Empowerment (CARE) Services, Counseling and Psychological Services (CPS), the Center for Young Adult Addiction and Recovery (CYAAR), Health Promotion and Wellness (HPW), and Sports and Recreation. The Wellbeing@KSU Team along with other campus initiatives provides a holistic approach to student wellbeing by addressing immediate needs and promoting long-

term health, resilience, and a sense of belonging within the KSU community. Also, in 2020, the Wellbeing@KSU Team convened the Wellbeing@KSU Coalition, a collaborative effort among current students, faculty, and staff at KSU dedicated to promoting health and wellbeing by cultivating a campus of care for all KSU students.

- A. The Counseling and Psychological Services (CPS) Department has professional counselors available to work with students who have mental health and substance use concerns. CPS case managers maintain a list of referral agencies for off-campus assistance with AOD concerns and refers to the CYAAR when such assistance is more appropriate.
- B. The CYAAR provides a centralized office for AOD education and addiction prevention programs through outreach to high-risk populations, invitation by faculty and staff, as well as through individual counseling. The Center for Young Adult Addiction and Recovery has an embedded licensed professional counselor and provides screening, brief intervention, and referral to treatment.
- C. The Center for Young Adult Addiction and Recovery continuously adds additional recovery supports, 12-step meetings, All-Recovery meetings, SMART Recovery and mutual aid support for eating disorders in response to student needs in addition to the existing meetings and supports that are already in place.
- D. CYAAR has developed population-specific AOD education for Fraternity and Sorority Life and Athletics by request or referral.

## IV. Mental Health Initiative

- In response to the University System of Georgia (USG) creation of a statewide Mental Health Initiative (MHI) and prioritizing the mental health needs of students, KSU organized a comprehensive and collaborative committee deemed the Wellbeing@KSU Coalition. This group works to ensure comprehensive mental health and other well-being resources, created an evergreen awareness campaign entitled You Matter, and advises various units within the university on policies related to mental and behavioral health.
- A. The Jed Foundation provides campus consultations to increase mental and behavioral health resources and decrease risk factors as a part of the USG's MHI. As part of KSU's effort to support student wellbeing, the Wellbeing@KSU Coalition partnered with the Jed Foundation to complete a comprehensive campus survey and develop a strategic plan for mental and behavioral health support. KSU's recent JED Campus Executive Summary and Final Report noted many accomplishments and offered considerations as the team moves forward as a JED Campus Alumni effective January 2025.
- B. Due to the USG Mental Health Initiative and its partnership with UWill, KSU is able to offer students free immediate access to online counseling, crisis support, and online wellness programming. UWill is an immediate, secure option beyond the usual hours of KSU Counseling, including evening and weekends.

C. Question, Persuade, and Refer (QPR) and Mental Health First Aid trainings were made available to all KSU faculty, staff, and students through the MHI. QPR training is a 1-hour course on how to engage and support someone who has expressed suicidal ideation or is exhibiting signs of mental distress. This training is primarily designed as a suicide prevention measure, but also increases general awareness about campus health and wellbeing resources. Mental Health First Aid is an 8-hour course that provides participants with the tools and skills to identify mental and behavioral health concerns and provide temporary support while connecting individuals with appropriate care. Mental Health trainings are coordinated through Health Promotion and Wellness.

## V. New AOD Staff Positions

- A. In November 2018, a grant-funded position was made available by the Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) for a Peer Recovery Mentor. The DBHDD has renewed this grant every year and the CYAAR has maintained this position since 2018. In 2023, the grant was expanded to include two (2) Peer Recovery Mentor positions within CYAAR. These positions serve as a point-of-contact for students seeking recovery and those in recovery from substance use disorders or eating disorders. This position is a CARES-certified peer recovery specialist (CPS-AD). The Peer Recovery Mentors provide peer mentoring and recovery supports to students in recovery from opioid use disorders, substance use, and other addictive disorders, in addition to assisting the Collegiate Recovery Program Manager and AOD Education Program Manager in recovery and education programs.
- B. Kennesaw State University's Department of Student Volunteerism and Service coordinated the addition of a full-time AmeriCorps VISTA position to aid and expand AOD education and programming efforts. This position is a one-year contract position and provides capacity building in AOD education efforts. CYAAR maintained AmeriCorps Vistas in the position from 2020 until 2024, when the program ceased.
- VI. KSU's athletics programs compete in NCAA Division I in Conference USA and the ASUN conference. The Athletics Department has its own Alcohol and Other Drug Policy for student-athletes (SAs). See Appendix C. The policy includes both random and "for cause" drug testing for SAs.
- VII. The office of the Dean of Students continues to update and maintain an independent website, which includes a dedicated webpage for alcohol and other drug information, creating an accessible single location for information about the KSU Alcohol and Other Drug Policy, Parental Notification Policy, and Drug-Free Schools and Communities Act Biennial Review. The weblink is: <a href="https://www.kennesaw.edu/student-affairs/dean-of-students/resources/alcohol-drug-information.php">https://www.kennesaw.edu/student-affairs/dean-of-students/resources/alcohol-drug-information.php</a>.

## **KSU AOD Policy**

This AOD policy is the most up-to-date version as of February 2024. The most current version of the KSU AOD policy is available online at: Kennesaw State University Alcohol and Other Drug Policy

Kennesaw State University
Policy: Alcohol and Other Drug Policy
KSU Policy Category: Legal Affairs, Human Resources, Student Affairs

Page 1 of 13



Policy Title	Alcohol and Other Drug Policy (AOD Policy)	
Issue Date	October 1, 2015	
Effective Date	April 28, 2021	
Last Updated	February 15, 2024	
Responsible Office	Office of the President	
Contact Information	For Students:     Division of Student Affairs, Office of the Dean of Students     Phone: 470-578-6367     Email: deanofstudents@kennesaw.edu  For Employees:     Human Resources     Phone: 470-578-6030     Email: hr@kennesaw.edu  For Information on Serving Alcohol at Campus Events:     Office of University Events and Venue Management     Phone: 470-578-6252     Email: events@kennesaw.edu  For Drug/Alcohol Emergencies and Non-Emergencies:     Department of Public Safety and University Police     Phone: 470-578-6666 (Emergencies)     470-578-6206 (Non-Emergencies)     Email: police@kennesaw.edu (Non-Emergencies)     Email: police@kennesaw.edu (Non-Emergencies)	

#### 1. Policy Purpose Statement

The purpose of the Kennesaw State University (KSU) Alcohol and Other Drug Policy (AOD Policy) is to provide guidance to the campus community and ensure compliance with federal and state laws and the Board of Regents (BOR) of the University System of Georgia (USG) policies and procedures.

#### 2. Background

KSU is committed to providing a safe, healthy learning community for all its constituencies and to recognizing, upholding, and enforcing the laws of the state of Georgia. As a recipient of federal funds, KSU supports and complies with the provisions of the *Drug-Free Schools and Communities Act Amendments of 1989* (DFSCA), as articulated in the *Education Department General Administrative Regulations* (EDGAR), Part 86 – the Drug Free Schools and Campuses Regulations and the U.S. Department of Labor *Drug-Free Workplace Act of 1988* (see 9. Associated Policies/Regulations). Under these federal acts, the University must have an alcohol and other drug policy and distribute it to all students and employees annually.

The policy must include:

Page 2 of 13

- standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities.
- a description of the applicable legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- a description of the health risks associated with the use of illicit drugs and the misuse of alcohol.
- a description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students; and
- a clear statement that the institution will impose sanctions on students and employees
  (consistent with local, state, and federal law), and a description of those sanctions, up to and
  including expulsion or termination of employment, and referral for prosecution, for violations of
  the standards of conduct.

#### 3. Scope (Who is Affected)

The University has one AOD policy for all campuses and all KSU employees (faculty and staff) and students; third parties providing products/services to the University; and guests, visitors, or others visiting, working, or attending activities and events on University property or at affiliated locations are affected by it. The rules, oversight, and administration of the AOD policy are the same for all campuses. Students often take classes at more than one campus, faculty and staff may work at more than one campus, and access to resources and educational efforts are the same regardless of campus location.

#### 4. Health Risks Associated with Alcohol, Tobacco and other Drugs

Below is a helpful guide to the health-related risks associated with the use of illicit drugs and the misuse of alcohol and/or tobacco (Adapted with permission from the University of Michigan Alcohol and Drug Policy, <a href="https://alcohol-drug-policy.umich.edu/">https://alcohol-drug-policy.umich.edu/</a>). Further details of health-related risks and information on the items below are available online at The National Institute on Drug Abuse website (<a href="https://www.drugabuse.gov/">https://www.drugabuse.gov/</a>) and at the National Institute on Alcohol Abuse and Alcoholism (NIAAA) fact sheet (<a href="https://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption/alcohol-facts-and-statistics">https://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption/alcohol-facts-and-statistics</a>).

#### Alcohol

Can cause short-term effects such as loss of concentration and judgment, slowed reflexes, and disorientation leading to higher risk of accidents and problem behavior. Long-term effects include risk of liver and heart damage, malnutrition, cancer, and other illnesses. Can be highly addictive to some people. When consumed rapidly and in large amounts, alcohol can cause coma and death.

Combining other drugs with alcohol can have unpredictable and unwanted consequences. Visit the University of Michigan's The Effects of Combining Alcohol with Other Drugs (https://uhs.umich.edu/combine) to learn more about these effects.

Amphetamines (Adderall, Concerta, Ritalin, Methamphetamine, etc.)
 Can cause short-term effects such as rushed, careless behavior and pushing beyond your physical capacity, leading to exhaustion. Tolerance increases rapidly. Long-term effects

Page 3 of 13

include physical and psychological dependence, and withdrawal can result in depression and suicide. Continued high doses can cause heart problems, infections, malnutrition, and death.

- Cannabis (marijuana, THC products)
   Can cause short-term effects such as slow reflexes and increase in forgetfulness. Alters judgment of space and distance. Aggravates pre-existing heart and/or mental health problems. Long-term health effects include permanent damage to lungs, reproductive organs and brain function. Can interfere with physical, psychological, and social development of young users.
- Cocaine (crack)
   Can cause short-term effects such as impaired judgment, increased breathing and heart rate, heart palpitations, anxiety, restlessness, hostility, paranoia, and confusion. Long-term effects may include damage to respiratory and immune systems, malnutrition, seizures, and loss of brain function. Highly addictive.
- Designer Drugs/Synthetic Cannabinoids (bath salts, K2, spice, etc.)
   Can cause short-term effects such as elevated heart rate and blood pressure, chest pain, hallucinations, seizures, violent behavior, and paranoia. May lead to lack of appetite, vomiting, and tremors. Long-term use may result in kidney/liver failure, increased risk of suicide, and death.
- Hallucinogens (PCP, LSD, ecstasy, dextromethorphan, etc.)
   Can cause extreme distortions of what's seen and heard. Induces sudden changes in behavior, and loss of concentration and memory. Increases risk of birth defects in user's children. Overdose can cause psychosis, convulsions, coma, and death. Frequent and longterm use can cause permanent loss of mental function.
- Inhalants (nitrous oxide, amyl nitrite, butyl nitrite, chlorohydrocarbons, hydrocarbons, etc.)
   Can cause short-term effects such as nausea, dizziness, fatigue, slurred speech, and hallucinations or delusions. May lead to rapid and irregular heart rhythms, heart failure, and death. Long-term use may result in loss of feeling, hearing, and vision. Can result in permanent damage to the brain, heart, lungs, liver, and kidneys.
- Opiates/Narcotics (heroin, morphine, opium, codeine, oxycodone, fentanyl, china white, etc.)
  Can cause physical and psychological dependence. Overdose can cause coma, convulsions,
  respiratory arrest, and death. Long-term use may lead to malnutrition, infection, and hepatitis.
  Sharing needles is a leading cause of the spread of HIV and hepatitis. Highly addictive and
  tolerance increases rapidly. The use of opioids with alcohol, or other prescription or illicit drugs
  can cause unpredictable and unwanted consequences.
- Prescription Medication Misuse

Can cause a variety of health risks based on type of medication. Prescription drug misuse is the intentional or unintentional use of medication without a prescription, in a way other than prescribed, or for the experience or feeling it causes. Visit the National Institute on Drug Abuse (<a href="https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts">https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts</a>) to learn more about the effects on your health.

Combining medications (prescribed or not prescribed) with alcohol can have unpredictable and unwanted consequences. Visit the National Institute on Alcohol Abuse and Alcoholism

Page 4 of 13

(https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/harmful-interactions-mixing-alcohol-with-medicines) to learn more about these effects.

#### Sedatives

Can cause reduced reaction time and confusion. Overdose can cause coma, respiratory arrest, convulsions, and death. Withdrawal can be dangerous. In combination with other controlled substances, can quickly cause coma and death. Long-term use can produce physical and psychological dependence. Tolerance can increase rapidly.

- Tobacco (cigarettes, cigars, chewing tobacco, etc.)
   Can cause diseases of the cardiovascular system, in particular smoking being a major risk factor for a myocardial infarction (heart attack), diseases of the respiratory tract such as Chronic Obstructive Pulmonary Disease (COPD) and emphysema, and cancer, particularly lung cancer and cancers of the larynx and mouth.
- Electronic Nicotine Delivery Systems (ENDS) (vape devices, JUUL, e-cigarettes)
   Nicotine is highly addictive. These products contain nicotine, potential carcinogens, and may cause addiction. ENDS can cause severe obstructive lung disease (popcorn lung) in addition to other cardiovascular and pulmonary diseases.

Visit KSU Smoke/Tobacco-Free website (<a href="http://smokefree.kennesaw.edu/">http://smokefree.kennesaw.edu/</a>) to learn more about cessation/recovery programs.

#### 5. KSU Alcohol and Other Drug Education, Counseling, and Assistance Programs

Several campus offices provide programs and assistance, act as a referring agency for the University, and/or provide AOD education and assistance to students and employees. These include, but are not limited to, the following:

Counseling and Psychological Services (CPS)

CPS has professional counselors available to work with students who have mental health problems and issues associated with alcohol and/or other drug misuse and substance use disorders. CPS perform in-house evaluations for alcohol and other drug use. CPS has a case manager to support transition off campus for mental health needs and when returning to campus. CPS services are available to all enrolled students.

#### Contact Information:

Counseling and Psychological Services (CPS)

Phone: 470-578-6600

Email: jgunn@kennesaw.edu

Website: http://counseling.kennesaw.edu/

#### Center for Young Adult Addiction and Recovery (CYAAR)

The CYAAR has licensed professional counselors who specialize in addiction education, prevention, counseling, and recovery. The CYAAR provides a centralized office for ATOD education and addiction prevention programs through outreach to high-risk populations, invitation by faculty and staff, and through individual counseling. CYAAR also perform inhouse evaluations for alcohol and drug use. The CYAAR maintains a list of referral agencies

Page 5 of 13

for off-campus assistance when such assistance is more appropriate. CYAAR services are available to all enrolled students.

The CYAAR is home to multiple on-campus recovery meetings per week. The CYAAR educates and trains ATOD peer educators who in turn present to the general campus population upon request. Staff specializing in substance use and addiction teach alcohol and other drug classes for students found responsible for alcohol and/or other drug-related code of conduct violations, as mandated by the Department of Student Conduct and Academic Integrity.

#### Contact Information:

Center for Young Adult Addiction and Recovery (CYAAR)

Phone: 470-578-2538

Email: recovery@kennesaw.edu/ Website: http://cyaar.kennesaw.edu/

#### Human Resources (HR)

HR coordinates all employee-related action related to AOD violations. The Drug-Free Workplace coordinator is the assistant vice president of Human Resources. For more information on the Employee Assistance Programs (EAP) relating to drug and alcohol use, see <a href="http://hr.kennesaw.edu/benefits/employee-assistance-program.php">http://hr.kennesaw.edu/benefits/employee-assistance-program.php</a>. Employee medical insurance plans also include some level of coverage for substance misuse.

HR also implements KSU's Drug and Alcohol Testing Policy and BOR's Voluntary Disclosure of Drug Use, which can help facilitate recovery and job preservation for employees who voluntarily come forward for help. For details on these programs, see <a href="http://hr.kennesaw.edu/policies/drug-alcohol-testing.php">http://hr.kennesaw.edu/policies/drug-alcohol-testing.php</a>.

#### Contact Information:

Human Resources
Phone: 470-578-6030
Email: hr@kennesaw.edu
Website: http://hr.kennesaw.edu/

#### Health Promotion and Wellness (HPW)

KSU Health Promotion and Wellness improves the health and well-being of students and employees through awareness and education. The department encourages students and employees to assume more responsibility for their health and well-being. The department's primary goal is to enhance and provide a balance in the intellectual, emotional, physical, social, environmental, and spiritual development of the whole person. The department also strives to provide an environment that is supportive of positive health practices. Programming focuses on helping students and employees reduce lifestyle risk factors. Health Promotion and Wellness participates each year in the National Collegiate Alcohol Awareness Week in October, sponsoring many interactive programs designed to educate students, faculty, and staff on issues associated with alcohol use and misuse. HPW also has received Young Adult Program grants from the Georgia Governor's Office of Highway Safety since 2008. These grants are used to promote education and awareness to young adults about safety issues, such as underage drinking, impaired driving, destructive decisions, and other high-risk behaviors to decrease crashes, injuries, and fatalities in young adult drivers and passengers.

Page 6 of 13

#### Contact Information:

Health Promotion and Wellness

Phone: 470-578-6394

Email: wellctr@kennesaw.edu

Website: http://wellness.kennesaw.edu/

#### · Student Health Services (WellStar)

Student Health Services has multiple locations to serve student health needs. Alcohol and/or drug use is inquired about individually during most patient visits. Individual consultation regarding use of alcohol and drugs is done in both a preventive visit setting and in acute visits deemed to be alcohol/drug related. Referrals are made to CPS if medication management is needed. Student Health Services also refers and works closely with CPS, CYAAR, and Health Promotion and Wellness.

#### Contact Information:

Student Health Services (WellStar)

Phone: 470-578-6644

Website: http://studenthealth.kennesaw.edu/

#### · Housing and Residence Life

Housing and Residence Life has multiple locations across the various residential communities. It provides ATOD education to residential students throughout the year in both small and large group settings. Housing and Residence Life staff also actively monitor the KSU residential communities.

#### Contact Information:

Residence Life

Phone: 470-578-4388

Email: reslife@kennesaw.edu

Website: http://ksuhousing.kennesaw.edu/

#### 6. Exclusions or Exceptions

Currently, there is a general policy of no alcohol on campus. There are exceptions to this policy including:

- From time to time, alcohol may be permitted at the discretion of the president through delegates. Presidential permission may be obtained only through the completion of an appropriate form obtained from University Events and Venue Management (<a href="http://events.kennesaw.edu/">http://events.kennesaw.edu/</a>, 470-578-6252) and a signed agreement that includes the following statements.
  - I will attest that no guests under the age of 21 will be in attendance.
  - Catering is required as the event caterer and must provide food along with a licensed bartender at the Host's expense.
  - A campus police officer may be required to be in attendance at the Host's expense.
  - If a campus police officer is not required, the Host is responsible for ensuring all guests safety and monitoring of alcohol consumption.
  - Event Host is required to comply with all of Kennesaw State University's alcohol policy

Page 7 of 13

#### requirements and the State of Georgia laws.

- Within the KSU residence halls by those 21 or older who are not in either a substance-free
  community or a unit where all residents assigned to the unit are under 21 years of age. For
  complete rules, see KSU Students Code of Conduct, Section 5: The Codes of Conduct (the
  Rules), B. Residential Code of Conduct, Sections 1. Alcohol and 2. Drugs.
- At social events from time to time, within KSU on-campus housing specifically limited to
  registered student organizations (this may include fraternities and sororities) that maintain
  house contracts in the University Columns on the Marietta campus, when those organizations
  register the event with the KSU Department of Public Safety, Residence Life, and the Office of
  Fraternity and Sorority Life, receive permission to host the event, and follow stated rules
  relating to alcohol. See <a href="http://greeklife.kennesaw.edu/resources/chapter-resources.php">http://greeklife.kennesaw.edu/resources/chapter-resources.php</a>.
- University courses that involve serving and tastings by those 21 or older of brews, beers, spirits, and wines for education purposes and that may be held in either state- or KSU Foundation-owned or leased properties and/or may be held at off-campus facilities and locations. Such courses require advance approval by the KSU president on a semester-by-semester basis for inclusion in the Banner system course schedule builder for registration before the course begins. Additionally, the program is required to maintain documented procedures for monitoring and recording an inventory of alcohol served and consumed during the president-approved courses and for checking identification to confirm attendees are 21 or older.
- KSU tailgating areas for sports events as approved by the KSU president and the KSU Sports
  and Entertainment Park for those 21 or older. Tailgates, picnics etc. are permitted for preapproved and scheduled events but will be not be allowed in general. When tailgating is
  approved for a specific event/ date that information and the rules related will be posted on the
  park website and at the event.
- Service and sales of alcohol at certain sporting and recreational events and concerts open to
  the public under the authority of the general manager of the KSU Sports and Entertainment
  Park may be permitted. Limits and guidelines apply. See <a href="http://sportspark.kennesaw.edu/park-info/policies.php">http://sportspark.kennesaw.edu/park-info/policies.php</a>.

#### 7. Definitions and Acronyms

Alcohol: Ethyl alcohol, hydrated oxide of ethyl, or spirits of wine, from whatever source or by whatever process produced.

Alcoholic beverages: Includes all alcohol, distilled spirits, beer, malt beverages, wine, or fortified wine.

Affiliated locations: Any land and/or property leased and/or utilized for KSU-sponsored activities and programs.

AOD: Acronym for alcohol and other drug and/or drugs.

ATOD: Acronym for alcohol, tobacco, and other drug and/or drugs.

Page 8 of 13

Campus constituency: The people involved in or served by Kennesaw State University, including University employees and students, and/or third parties providing products/services to the University.

Institutional funds: Includes all funds controlled, held, or administered by the University. This includes all funds to which an institution holds title, including, but not limited to, student fees, auxiliary revenues, state appropriated funds, etc.

Student Activity funds: Includes all funds collected by any campus constituency for the sole purpose of funding any student activities.

University property: All land and improvements owned, occupied, leased, or controlled by the University or the University System of Georgia. This includes, but is not limited to, buildings, offices, meeting rooms, residence halls (including private rooms), parking garages, parking lots, athletic fields, stadium seating areas, and other property or locations affiliated with KSU.

Visitors and third parties: Contractors and subcontractors, spectators and guests, visitors, or others visiting, working, or attending activities and events on University property or at affiliated locations.

#### 8. Alcohol and Other Drug (AOD) Policy

KSU expressly prohibits the use, misuse, possession, sale, or distribution of illicit drugs and alcoholic beverages on University property or at KSU-affiliated locations by any campus constituency. Alcoholic beverages may be served at off-campus activities to adults of legal drinking age for the state in which the activity is being held, providing that a responsible club or organization representative acknowledges responsibility for monitoring alcohol consumption. In addition, the University president or designee may, from time to time, permit and approve other exceptions to the KSU Alcohol and Other Drug Policy. See section 6, Exceptions or Exclusions, for more information. Student Activity funds or institutional funds may not be used for the purchase of alcoholic beverages. KSU is committed to recognizing, upholding, and enforcing the laws of the state of Georgia, which are hereby incorporated into the KSU Alcohol and Other Drug Policy. See section 11, State and Federal Regulations.

KSU is a smoke/tobacco-free campus. Smoking and all other use of tobacco and all use of ecigarettes, personal vaporizers (PV), and/or electronic nicotine delivery systems (ENDS) on property owned, leased, rented or in the possession or control of the University System of Georgia. For more information, see KSU Codes of Conduct, section 5.A.17.

#### **Procedures**

Procedures and guidelines related to the KSU Alcohol and Other Drug Policy are the shared responsibility of various KSU divisions/departments, including, but not limited to, those listed below. These divisions/departments are responsible for managing and publishing on their websites and/or communicating to campus the procedures, guidelines and/or forms related to this policy. See section 10, Procedures Associated with this Policy.

 Office of the President: The University president or designee is responsible for approving any exceptions to any campus constituency serving alcoholic beverages on University property or at affiliated locations.

Page 9 of 13

- Office of University Events and Venue Management: This office oversees requests to serve alcohol at events on University property or affiliated locations, and coordinates obtaining authorization and signature from the University president.
- iii. Human Resources: This department is responsible for managing procedures and guidelines related to this policy with respect to KSU employees, including sanctions for violations and providing information to employees regarding alcohol and other drug education and assistance programs. Discipline for faculty is governed by the policies of the Board of Regents and the KSU Faculty Handbook. See <a href="http://www.usg.edu/policymanual/section8/C245/#p8.3.9">http://www.usg.edu/policymanual/section8/C245/#p8.3.9</a> discipline and removal of faculty members and section 4.1.9 in the KSU Faculty handbook (http://handbooks.kennesaw.edu).
- iv. The Vice President for Student Affairs is responsible for managing procedures and guidelines related to this policy with respect to KSU students and student organizations, including determination of sanctions for violations, and providing information to students and student organizations regarding alcohol and other drug education and assistance programs. This includes, but is not limited to, the following departments/units within this division:
  - Office of the Dean of Students: The dean of students is responsible for oversight and distribution of policies and compliance standards related to alcohol and other drugs, including ensuring that the KSU AOD Policy is distributed annually by KSU email to each student and employee.
  - Department of Student Conduct and Academic Integrity: This department oversees conduct cases against KSU students involving allegations of academic and disciplinary misconduct, including alcohol and drug violations by students and student organizations.
- v<sub>a</sub> Department of Public Safety and University Police (DPS): DPS is responsible for responding to reports of illegal alcohol and other drug violations on University property or at affiliated locations. The DPS also communicates any report of alcohol and other drug use
  - by KSU students or student organizations, whether at an activity or on an individual basis, to the dean of students or designee, who is responsible for referring the report and alleged violation to SCAI for appropriate adjudication, according to established University non-academic disciplinary procedures.
  - by KSU employees, to Human Resources to determine and coordinate any necessary resolution for the alleged violation.

#### 9. Associated Policies/Regulations

- a. BOR Policy Manual, Section 4.6.3, Student Organization Responsibility for Drug Abuse
- b. BOR Policy Manual, Section 4.6.4, Alcohol and Drugs on Campus
- c. BOR Policy Manual, Section 6.10, Tobacco and Smoke-Free Campuses
- d. BOR Policy Manual, Section 8.2.17, Voluntary Disclosure of Drug Use
- e. BOR Policy Manual, Section 8.3.91, Grounds for Removal
- f. U.S. Department of Labor, Drug-Free Schools Act 1988
- g. KSU Division of Student Affairs Policies and Procedures
- h. KSU Drug and Alcohol Testing

Page 10 of 13

- i. KSU Employee Handbook
- j. KSU Faculty Handbook
- k. KSU Game Day: Tailgating General Rules
- I. KSU Parental Notification Policy: Drug and Alcohol Violations
- m. KSU Student Codes of Conduct, Section 5: The Codes of Conduct (the Rules), A. Student Conduct, Sections 34. Alcohol, 35. Drugs, and 36. Prescription Medication
- n. KSU Student Codes of Conduct, Section 5: The Codes of Conduct (the Rules), B. Residential Code of Conduct, Sections 1. Alcohol and 2. Drugs
- KSU Student Codes of Conduct, Section 5: The Codes of Conduct (The Rules), A. Student Code of Conduct, Section 17. Smoking and Tobacco Use
- p. KSU Student Handbook
- q. NCAA Drug Testing Program
- r. Official Code of Georgia Annotated (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 1 General Provisions, Article 2. Definitions (O.C.G.A. § 3-1-2)
- s. Official Code of Georgia Annotated (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 2
  State Administration and Enforcement, Article 2. Enforcement, Section 36 Arrest and
  prosecution of violators of title (O.C.G.A. § 3-2-36)
- t. Official Code of Georgia Annotated (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3. Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 21. Sales of alcoholic beverages near churches, school buildings, or other sites (O.C.G.A. § 3-3-21).
- u. Official Code of Georgia Annotated (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3 Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 22. Sale or furnishing of alcoholic beverages to intoxicated persons (O.C.G.A. § 3-3-22)
- Official Code of Georgia Annotated (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3
   Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 23.
   Furnishing to, purchase of, or possession by persons under 21 years of age (O.C.G.A § 3-3-23)
- w. Official Code of Georgia Annotated (O.C.G.A.) Title 3. Alcoholic Beverages, Chapter 3 Regulation of Alcoholic Beverages Generally, Article 2. Prohibited Acts, Section 23.1 Procedure and penalties upon violation of Code Section 3-3-23 (O.C.G.A § 3-3-23.1)
- x. Title IV 21<sup>St</sup> Century Schools, Part A Safe and Drug-Free Schools and Communities
- y. <u>U.S. Code of Federal Regulations</u> (CFR), Title 34, Subtitle A, Chapter 1, § 86, Drug and Alcohol Abuse Prevention
- z. U.S. Code of Federal Regulations (CFR), Title 41, Subtitle IV, Chapter 81, § 8102 Drug-free workplace requirements for Federal contractors
- aa. U.S. Department of Education, Office of Safe and Drug-Free Schools, Higher Education Center for Alcohol and Other Drug Abuse and Violence Preventions, Complying with the Drug-Free Schools and Campus Regulations [EDGAR Part 86], A Guide for College Administrators, Washington, D.C., 2006
- bb. USG Human Resources Administrative Practice Manual, Safety & Security, Drug Testing

## 10. State and Federal Regulations

State regulations incorporated in this KSU policy regarding the use, sale, or possession of intoxicating beverages are listed with citations to the full Official Code of Georgia Annotated (O.C.G.A.) in section 9, Associated Policies/Regulations. Summaries of these regulations include, but are not limited, to the following:

Page 11 of 13

- a. O.C.G.A. § 3-1-2: Defines "alcoholic beverages" to mean all alcohol, distilled spirits, beer, malt beverages, wine, or fortified wine.
- b. O.C.G.A. § 3-2-36: Provides for criminal process against any person who violates the law in counties and municipalities where the sale of alcoholic beverages is not authorized or where alcoholic beverages are being sold contrary to law.
- c. O.C.G.A. § 3-3-21: Provides that no person knowingly or intentionally may sell or offer to sell any wine or malt beverages within 100 yards of any school building, school grounds, or college campus. Provides further that distilled spirits may not be sold within 200 yards of a school building, educational building, school grounds, or college campus.
- d. O.C.G.A. § 3-3-22: States that no alcoholic beverage shall be sold, bartered, exchanged, given, provided, or furnished to any person who is in a state of noticeable intoxication.
- O.C.G.A. § 3-3-23: Prohibits the furnishing to, purchasing of, or possession of alcoholic beverages by persons under 21 years of age.
- f. O.C.G.A. § 3-3-23.1: Provides that any person furnishing or possessing alcoholic beverages in violation of the previous Code Section shall be guilty of a misdemeanor. Establishes procedures for arrest by law enforcement officers.
- g. For more details on State laws regarding illicit drugs (controlled substances), and the penalties for violating those laws, see Title 16, Chapter 13 of the O.C.G.A. and Title 20, Chapter 3, Article 2, Part 3 of the O.C.G.A. O.C.G.A. § 20-3-90 (http://www.lexisnexis.com/hottopics/gacode/default.asp).
- h. O.C.G.A § 16-13-5 allows for immunity from arrest or prosecution if medical assistance is being sought by or for a person experiencing a drug overdose. This is known as the medical amnesty law.
- i. O.C.G.A. § 20-3-90 states that any student organization found responsible for knowingly permitting the sale, distribution, serving, possession, consumption, or use of marijuana or dangerous drug at any affair, function, or activity shall have its recognition as a student organization withdrawn and shall be expelled from campus for a minimum of one year.
- For more details on federal laws and penalties regarding controlled substances, see https://www.dea.gov/druginfo/factsheets.shtml.

#### 11. Violations-University Sanctions

Faculty, staff, students, visitors, and third parties are expected to adhere to the policies of the University and observe the basic standards of good conduct; meet appropriate standards of performance; and observe all local, state and federal laws relative to unlawful use of illicit drugs and alcohol. Penalties for violations of these standards range from warnings and probation to expulsion, loss of academic credit, suspension, temporary or permanent suspension, withdrawal of organization recognition, referral to the legal system for prosecution, demotion, and termination of employment. Individuals in violation of this policy are subject to a range of sanctions, including but not limited to, disciplinary action and dismissal from the University as follows:

- Any faculty or staff member, administrator, or other employee who violates the KSU Alcohol
  and Other Drug Policy shall be subject to disciplinary action up to and including the possibility
  of dismissal and referral to the appropriate federal, state, or local authorities for prosecution.
- Any student or student organization that violates the KSU Alcohol and Other Drug Policy shall
  be subject to disciplinary action in accordance with the KSU Student Codes of Conduct up to
  and including educational sanctions, possible loss of on-campus housing, suspension and/or
  expulsion from the University, and referral to the appropriate federal, state, or local authorities

Page 12 of 13

for prosecution in the courts. Any student organization shall be subject to disciplinary action up to and including educational sanctions, suspension and/or revocation of its registration with Student Activities or Fraternity and Sorority Life, and referral to the appropriate federal, state, or local authorities for prosecution.

- Any student who is a member of a University athletic team may face additional sanctions when
  there is an alcohol or other drug (AOD) violation, in addition to any criminal prosecution or
  University Student Codes of Conduct sanction, based on rules established by the National
  Collegiate Athletic Association (NCAA), athletics department, and/or the team.
- Any visitor or third party who is visiting, working, or attending activities and events on
  University property or at affiliated locations and who violates the KSU Alcohol and Other Drug
  Policy shall be subject to disciplinary action that could include being charged with criminal
  trespass from the University and/or referral to the appropriate federal, state, or local authorities
  for prosecution. Student and employee hosts of visitors and/or third parties may also be held
  responsible for the actions of their guests while involved in University activities.

Additional information regarding sanctions and situations where amnesty may apply may be found in the KSU Student Handbook, KSU Student Code of Conduct, BOR Policy Manual, KSU Faculty Handbook, and KSU Employee Handbook (see section 9, Associated Policies/Regulations for additional information).

#### 12. Violations-External Sanctions

(Adapted with permission from the University of Michigan Alcohol and Drug Policy, <a href="http://alcohol-drug-policy.umich.edu/">http://alcohol-drug-policy.umich.edu/</a>.)

Violations of state and federal laws may result in misdemeanor or felony convictions accompanied by the imposition of legal sanctions, which include, but are not limited to, the following:

- Fines as determined under local, state, or federal laws;
- Imprisonment, including up to life imprisonment, for possession or trafficking in drugs such as heroin, cocaine, marijuana, and prescription drugs;
- Forfeiture of personal and real property;
- Denial of federal benefits such as grants, contracts and student loans;
- · Loss of driving privileges; and
- Required attendance at substance misuse education or treatment programs.

#### 13. Review Schedule

This policy is reviewed annually by the vice president for Student Affairs, the associate vice president and dean of students, the assistant vice president of Human Resources, and the director of University Events and Venue Management, and/or their designee(s).

Page 13 of 13

At Kennesaw State University, institutional policies that have undergone the established shared governance review and feedback process are presented to the President and Provost for final approval. The signatures below indicate this institutional policy has been reviewed and approved by the President and Provost.

Docustigned by:

Dr. Kathry Schreaving 26, 2024
HEASP4907F0469...

Dr. Kathy S. Schwaig President Kennesaw State University Decusigned by: February 26, 2024

Dr. Ivan Pulinkala Provost and Executive Vice President for Academic Affairs Kennesaw State University

## **Procedures for Distributing AOD Policy Annually to Students and Employees**

- I. KSU students are provided with a campus-assigned email address. When a student accesses the Owl Express KSU registration system, he/she receives the following message: "Welcome to the KSU Owl Express System! Please note that students are responsible for reviewing ALL official communication sent from KSU to their campus-assigned email address. Please check your email account often for important information from the university." Distribution to KSU students is accomplished by email to the student's campus-assigned email address once each semester. This fulfills the annual distribution requirement and notifies new students who may enroll for the first time in any semester.
- II. KSU employees (faculty and staff) are provided with a campus-assigned email address. Annual distribution to KSU employees is accomplished by email to the employee's campus-assigned email address minimally once each year, with reminder notices distributed each semester.
- III. Each KSU employee (faculty and staff) interacts with the Human Resources Department to complete required documentation upon beginning employment. At that time, each new employee receives information about KSU's AOD policy.
- IV. The KSU AOD policy is referenced, and a link is provided to the full policy in the university undergraduate and graduate catalogues, the KSU University Handbook, the Employee Handbook, and the Student Handbook.
- V. The student code of conduct, which contains significant portions of KSU's AOD policy, is also included in the online Student Handbook. The code of conduct is also published on the Student Conduct and Academic Integrity (SCAI) webpage (which is linked to the KSU webpage), and in all KSU catalogues.
- VI. To increase awareness of AOD efforts among students, KSU's AOD policy is distributed to parents of currently enrolled KSU students at least once annually through the Parent and Family Programs electronic newsletter. In addition to policy information, parents are encouraged to discuss AOD-related topics with their students.

## Description of Ongoing Education Programs and Systems to Prevent AOD Use and Misuse (Program Elements)

## I. Alcohol Availability

- A. Currently, there is a general policy of no alcohol on campus. There are limited exceptions to this policy including:
  - From time to time, alcohol may be permitted at the discretion of the president.
     Presidential permission may be obtained only through the completion of an
     appropriate form obtained from University Events
     (<a href="https://events.kennesaw.edu/">https://events.kennesaw.edu/</a>, (470)-578-6252) and a signed agreement that
     includes the following statements:
    - o I will attest that no guests under the age of 21 will be in attendance.
    - Catering is required as the event caterer and must provide food along with a licensed bartender at the host's expense.
    - A campus police officer may be required to be in attendance at the host's expense.
    - o If a campus police officer is not required, the host is responsible for ensuring all guests safety and monitoring of alcohol consumption.
    - Event host is required to comply with all of Kennesaw State University's alcohol policy requirements and the State of Georgia laws.
  - The residential communities that are not substance-free allow persons aged 21 or older to possess and use alcohol within the confines of their private residential space. Alcohol in these communities must be in individual containers; no kegs are allowed. No open containers of alcohol are allowed in these residential communities outside the confines of units specifically housing residents over the age of 21 (even within the non-substance free communities, persons over the age of 21 may not drink within the unit of residents who are all under 21). For complete rules, see KSU Students Code of Conduct, Section 5: The Codes of Conduct (the Rules), B. Residential Code of Conduct, Sections 1. Alcohol and 2. Drugs.
  - University courses that involve serving and tastings by those 21 or older of brews, beers, spirits, and wines for education purposes and that may be held in either state- or KSU Foundation-owned or leased properties and/or may be held at off-campus facilities and locations. Such courses require advance approval by the KSU president on a semester-by-semester basis for inclusion in the Banner

system course schedule builder for registration before the course begins. Additionally, the program is required to maintain documented procedures for monitoring and recording an inventory of alcohol served and consumed during the president-approved courses and for checking identification to confirm attendees are 21 or older.

- KSU tailgating areas for sports events as approved by the KSU president and the
  KSU Sports and Entertainment Park for those 21 or older. Tailgates, picnics etc.
  are permitted for pre-approved and scheduled events, but will be not be allowed
  in general. When tailgating is approved for a specific event/date that information
  and the rules related will be posted on the park website and at the event.
- Service and sales of alcohol at certain sporting and recreational events and concerts open to the public under the authority of the general manager of the KSU Sports and Entertainment Park may be permitted. Limits and guidelines apply. See <a href="http://sportspark.kennesaw.edu/park-info/policies.php">http://sportspark.kennesaw.edu/park-info/policies.php</a>.
- Each of the organizations within Fraternity and Sorority Life follow the policies and procedures of their inter/national organizations as it relates to being able to host events with alcohol. Organizations within the College Panhellenic Council and Interfraternity Council are able to host events with alcohol while the Multicultural Greek Council and the National Pan-Hellenic Council cannot host events with alcohol.
- B. State law and university policy, with a few exceptions, prohibit the sale or manufacture of alcohol on campus.
- C. Neither student activity funds, nor institutional funds may be used for the purchase of alcoholic beverages.

## II. Marketing and Promotion of Alcohol

Alcohol advertising in student media is accepted, but limited. KSU Student Media, which includes the Sentinel, KSU's student newspaper, has an acceptance policy for alcohol advertising. It states, "Alcohol Advertising of beer and wine is acceptable but must conform with Georgia law and Kennesaw State University Alcohol Policy and Guidelines. Advertising of alcohol should avoid demeaning sexual or discriminatory portrayals and not encourage high-risk consumption nor place emphasis on quantity nor frequency of use. Alcohol should not be the only or central theme of an advertisement. Use of brand names and prices are discouraged. All advertisements of alcohol must contain reference to enforcement of the Georgia state drinking age."

#### III. Alcohol-Free Options

Events and activities on campus are frequent and alcohol free.

## IV. Normative Environment

- A. More than half of all the beds currently in on-campus housing on both the Kennesaw and Marietta campuses are in substance-free communities where alcohol is prohibited, regardless of age.
- B. WELL 2000 (Foundations of Health and Wellness) is a class that undergraduate, degree-seeking students have the option to take. A portion of the course includes information on alcohol misuse and drug use issues as they relate to personal fitness and health. Professors may request presentations from Health Promotion and Wellness' Peer Health OWLs (Outreach and Wellness Leaders), who are certified peer educators, to present to the class about alcohol and other drugs, as well as student sexual health issues. Additionally, an elective course, HPE 3300 (Personal Health Behaviors) covers the issues of alcohol and drug use in more depth.
- C. KSU students pursuing science or math degrees are required to complete SCM 2000 (Culture and Success in Science and Mathematics). As part of this curriculum, peer educators (students who are trained by staff of the Center for Young Adult Addiction and Recovery) present on AOD issues. The peer educators are trained to answer commonly asked questions, as well as refer students to the CYAAR counselor if there are concerns about the student's substance-related behaviors. Professors may also request an additional presentation or request that a CYAAR staff member visit their class.
- D. Pro-wellness, anti-substance misuse messages are promoted through campus media throughout the year.
- E. The Kennesaw State University Department of Public Safety conducts AOD educational programming throughout the year. See Appendix E for programming.
- F. Resident Assistants conduct AOD educational programming within on-campus housing areas during the academic year. See Appendix F for programming.
- G. The Center for Young Adult Addiction and Recovery provides a comprehensive framework for students seeking support and education in addiction and recovery. By providing AOD and addiction prevention education, clinical counseling, assessment, referral, and peer supports, all students at KSU have access to services. The Center provides training and education in the field for undergraduate and graduate researchers, as well as internships in counseling and collegiate recovery programming. Ongoing services for alcohol and other drug education include peer

education, education programs by request, mandated education programs called Wise Choices Workshops, and Naloxone training as intervention services in the opioid epidemic. The Collegiate Recovery Program supports students in recovery as they live an abstinence-based lifestyle while attaining an education. Sober events and programming, and recovery-informed academic advising are available to students in recovery.

- H. The Center for Young Adult Addiction and Recovery (CYAAR) has developed an ambassador program that provides students with the opportunity to develop and host AOD prevention and education events. CYAAR Ambassadors are trained on the basics of motivational interviewing, positive social norming, destigmatizing language, and campus resources. After training, CYAAR Ambassadors are given the opportunity to volunteer for various campus events and are invited to plan AOD prevention and education programming during the monthly planning meeting.
- I. Health Promotion and Wellness (HPW) has been awarded 17 grants from the Governor's Office of Highway Safety (GOHS) since 2008. To date, a total of \$273,720 has been awarded. The mission of the Georgia Young Adult Program is to promote education and awareness to young adults about highway safety issues, such as but not limited to; underage drinking, impaired driving, destructive decisions, and other high-risk behaviors, to decrease crashes, injuries, and fatalities. The grant funded peer health educator training, social norming campaigns, classroom presentations, outreach programming, and a portion of the National College Health Assessment III survey. See Appendix B for programming.
- J. HPW Peer Health OWLs are trained using NASPA Certified Peer Educator curriculum as well as trained on ATOD issues.
- K. HPW social norming messages were promoted to influence student behavior on staying sober on the roads. Card inserts were printed and placed in napkin dispensers in various dining areas on campus. Stickers were designed promoting the message that 9 out of 10 KSU students choose not to drink and drive. Bus shelter and shuttle ads were placed on all 16 KSU shuttles for eight months. Social norming ads were also placed at bus shelters for six months.
- L. Language is included in the Registered Student Organization Manual regarding sponsorship by and events held at locations where alcohol is served. Included in the Fundraising Policy is a statement which says, in part: "However, RSOs are not permitted to host percentage nights or similar events if profits come from the sale of alcohol." and "Sponsorship support from tobacco companies is not permitted at KSU. Sponsorship by alcohol companies is subject to additional review and written authorization by the Vice President and Chief Business Officer."

- M. KSU's athletics programs compete in NCAA Division I in Conference USA and the ASUN conference. The Athletics Department has its own Alcohol and Drug Policy for Student-Athletes (SAs). See Appendix C. The policy includes both random and "for cause" drug testing for SAs.
- N. The Athletics Department does mandatory student athlete (SA) drug and alcohol programs funded by grants from the NCAA, CUSA, and the KSU Athletic Department.
- O. During academic years 2022-2023 and 2023-2024, new students attending KSU were to complete two free, online, and interactive educational programs designed to educate students about consent, sexual assault, dating violence, domestic violence, stalking, healthy relationships, bystander intervention, and alcohol and other drugs. These USG-funded educational programs, called *Sexual Assault Prevention* and *AlcoholEdu*, include information about how alcohol and drugs are often contributing factors in interpersonal violence and sexual misconduct. New students were asked to complete the courses prior to or during the beginning of their first semester. These programs are managed by the KSU Office of Institutional Equity and Health Promotion and Wellness.
- P. In partnership with the Medical Association of Georgia, KSU added a prescription medication drop box on the Kennesaw campus in October 2014 and the Marietta campus in May 2016, providing a safe and anonymous resource for disposal of medications 24 hours a day, 365 days a year. The drop boxes continue to be available for the campus community.
  - During the 2022-2023 academic year, approximately 10 pounds of medication were collected and safely destroyed.
  - During the 2023-2024 academic year, approximately 19 pounds of medication were safely destroyed.
- Q. Additionally, KSU participates in the national DEA Rx Take Back days twice per year. Take Back days are advertised in the greater Kennesaw area in pharmacies, assisted living facilities, and through the DEA take back finder website. Take Back days are held in April and October each year. During the 2022-2023 KSU participated and collected more than 20 pounds of medication to be destroyed. During the 2023-2024 school year take backs, 103 pounds of medication were collected and safely destroyed.

## V. Policy Enforcement

A. The Departments of Student Conduct and Academic Integrity (SCAI) and Housing and Residence Life have collaborated to produce a residential code of conduct that is consistent with and fully integrated into the overarching student code of conduct so

that AOD violations by residential and commuter students are resolved as consistently as possible in a university student conduct system that is educational in nature.

- The residential code of conduct is a subsection within the KSU student code of conduct.
- The SCAI and Housing and Residence Life Departments use the same software system to keep unified records of disciplinary incidents. This began in August 2006. A new software system was adopted in fall 2011 and historic data from the previous system was transported and integrated into the new system. This enables both departments to ensure that repeat offenders receive appropriate sanctions.
- KSU conducted a review of cases where students were found responsible for AOD violations and the sanctions imposed during academic years 2022-2023 and 2023-2024 and determined that sanctions were consistently applied. See Appendix H.
- B. The campus student conduct procedure is meant to be educational and developmental in nature for the accused student as well as protective of the overall academic functioning of the community (including the residence halls). Whenever, after a disciplinary hearing, it is determined that a student has violated the code of conduct, the university imposes a sanction. The sanction is tailored to the individual based on the idea of graduated discipline, the level of acceptance of responsibility, the likelihood that the student will violate the code again, and how others in similar circumstances have been sanctioned. The overwhelming majority of KSU students who are referred for discipline for AOD violations are on-campus residents. First time alcohol offenders generally receive educational sanctions such as referral to an educational workshop conducted by the Center for Young Adult Addiction and Recovery (Wise Choices) and a reflective essay. Second time offenders usually receive a referral to a more intensive AOD sanction: counseling for evaluation and possible referral to treatment, while third time offenders are usually removed from housing and prohibited from visiting housing property. Non-residential students receive similar sanctions, with educational sanctions for first time offense and referrals to counseling for evaluation and possible referral to treatment for additional violations. University conduct action is independent and in addition to any off-campus court action that might ensue should a student receive a citation or arrest. See Appendix H for more information.
- C. KSU has its own Public Safety Department and it enforces AOD laws. Upon request, the KSU Police will respond and issue citations or arrest AOD violators. Every known student violator of AOD laws and policies is referred to the university student disciplinary process.

- D. Resident Assistants enforce the residential code of conduct (including those sections dealing with AOD issues). RAs conduct rounds several times a night and are on-call 365 days a year.
- E. There are ten residential communities on two campuses. Each community has professional staff members, Community Coordinators and Assistant Directors, living within the community and available to assist RAs in planning AOD programming and enforcing the residential code of conduct.
- F. Approximately once each month, the SCAI Department reviews all the past month's disciplinary cases (both residential and non-residential) for the purpose of updating the KSU police on incidents that must be included in the university's Annual Security and Fire Safety Report (ASFS Report), in compliance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act (Clery Act). The ASFS Report includes AOD code of conduct violations that are considered crimes as outlined by the Clery Act. The KSU Public Safety Department produces and publishes this report, available online at <a href="mailto:police.kennesaw.edu">police.kennesaw.edu</a>. See Appendix D for latest ASFS Report.

## **Summary of AOD Education Programs Strengths and Weaknesses**

## Strengths

- A. The university remains compliant regarding the Drug-Free Schools and Communities Act and has implemented programs to prevent alcohol and other drug misuse and the illegal distribution of illicit drugs by employees and students, as evidenced by the data in this biennial review.
- B. Alcohol and Other Drug (AOD) policies are reviewed annually and are clear and easily understandable.
- C. Alcohol on university property is limited and currently there are few offenses beyond the residence halls.
- D. The CYAAR provides a full continuum of care serving students seeking support and services for alcohol and drug use, misuse, and recovery. CYAAR provides mutual aid supports, including 12-step recovery meetings, SMART Recovery, and All-Recovery meetings, along with peer recovery supports. The CYAAR has developed several AOD education workshops, which are presented in multiple cross-campus settings. The CYAAR is directly involved in the implementation of online education tools for the entire campus community and the training of peer educators who present about AOD issues in the classroom. In addition, the CYAAR has multiple research projects underway investigating collegiate recovery programs, risk perception, and expanded services for students seeking help and recovery from substance use disorders.
- E. KSU remains committed to a unified conduct process with a single database integrating all conduct and behavioral response concerns.
- F. There is recognition by the current university administration of AOD issues/concerns on the campus as evidenced by the adoption of an amnesty policy within the student code of conduct to encourage reporting of AOD concerns for the safety of students supports university recognition of AOD concerns.
- G. Health Promotion and Wellness has been awarded 17 grants from the Governor's Office of Highway Safety with the first award starting in the 2007-2008 school year. A total of \$273,720 has been awarded. The grant's purpose is to reduce the number of crashes, injuries, and fatalities in young drivers aged 21-34 years on Georgia roadways. These funds are used to educate students on alcohol as they relate to highway safety issues.
- H. KSU provides risk perception education and Naloxone training programs aimed at raising awareness around high-risk behaviors related to AOD and the reduction of addiction in the collegiate population. The CYAAR staff continues to train students

who are in recovery as AOD peer educators and CYAAR Ambassadors, utilizing one of the most effective tools in collegiate learning - peer education.

- I. Faculty and staff have the option of completing Recovery Ally Training through the Center for Young Adult Addiction and Recovery. Faculty and staff who participate in Recovery Ally Training are better equipped to support students who are presenting with substance use issues, may come to them for help, or are in recovery from substance use disorder. This training influences how faculty and staff handle substance use on campus, have conversations about substance use, as well as influence how policies and procedures affect students who are in or seeking recovery on campus. This has huge implications in substance use prevention, intervention, and harm reduction on campus.
- J. In the fall of 2018, the SCAI department planned out a three-year assessment cycle for the reflection paper, one of the most assigned sanctions. Staff from the CYAAR were invited to participate in the review since many of the reflection papers were assigned in conjunction with the Wise Choices Workshop or the substance use disorder assessment (both provided by CYAAR for specific alcohol and drug policy violations). Professional staff from Housing and Residence Life were also invited to join the review team due to the significant number of AOD code of conduct policy violations in on-campus housing properties. The assessment cycle continued through 2022.

After the first year, the reflection paper review team determined there was a need for a unique reflection paper to address student learning outcomes from interactions with CYAAR versus students who received a reflection paper sanction for other policy violations. Therefore, in the summer of 2019, when the reflection paper prompt was revised, a separate, but similar, prompt was created to specifically address students' participation with Wise Choices or substance use assessment. A checklist was created for the reflection paper review team to determine if the students were achieving the goals of the assignment.

During the 2022-2023 academic year, the reflection paper review team continued to review submitted papers utilizing the checklist. Checklist data was reviewed in July 2020 to determine if the prompts needed further adjustment and learning outcomes were created for both reflection paper sanctions. During the 2021-2022 academic year, another review of completed reflection papers took place to determine if these outcomes have been achieved and whether further edits are required. During this review, it was determined that learning objectives were being met, and a yearly review of reflection papers will continue.

K. In September 2023, during National Recovery Month, CYAAR partnered with the Georgia Council for Recovery and The Clinton Foundation to host a tour stop for the Mobilize Recovery Bus to provide the local community with information about

- recovery support services and resources and to reduce stigma surrounding substance use and other addictive disorders.
- L. In an effort to reduce prescription medication misuse, the Center for Young Adult Addiction and Recovery has launched a prescription lock box initiative that allows students to check out a lockbox that they can secure in their residence. Similarly, the CYAAR has begun distributing locking pill bottles so that students can set a unique 4-digit code to help restrict access to medications.
- M. In light of an increasing number of students enrolled in exclusively online courses, and the ever-evolving digital landscape that young adults are developing within, the Center for Young Adult Addiction and Recovery (CYAAR) has seen a need to increase opportunities for student engagement in the digital sphere. Thus, CYAAR has developed a comprehensive social media plan which mirrors its three functional areas (recovery support services, alcohol and other drug education, and recovery science research). Whereas previous social media content primarily advertised upcoming events, new content follows a recovery-informed, research-based framework aimed at normalizing the recovery identity at Kennesaw State University (KSU), providing educational content during key high-risk times throughout the year, and allowing students a more accessible environment to interact with CYAAR and connect with resources. Examples of successful social media campaigns have included "Owls After Dark", which provided alcohol education at high use times during spring break (late nights and weekends, including St. Patrick's Day), and weekly check-in content, where students can respond to prompts encouraging selfreflection and positive coping skills to prevent substance use. Since implementing its new strategic plan for social media, CYAAR has reached about 3.7 thousand people on Facebook, and 2 thousand on Instagram, primarily consisting of KSU students and community members. CYAAR intends to continue increasing its reach via social media and increasing student engagement with social media content.
- N. In September of 2022, Kennesaw State University Wellstar School of Nursing received a three year grant from Substance Abuse and Mental Health Service Administration: Provider Clinical Support System to implement a Medication for Opioid Use Disorder MOUD Training Program (KSU-MOUD) to 120 family nurse practitioners (FNP), and Master of Science in Nursing (MSN) Nurse Educator (NE), and Nursing Administration (NA) students to gain knowledge, confidence, and skills to assess, treat, and refer patients, coworkers, and employees with OUD.
- O. The overall number of AOD-related conduct cases has decreased, with the previous review period (2020 2022) including 757 incidents and the present review period

of (2022 – 2024) including 402 incidents. This is a 46.9% decrease in the number of cases.

P. KSU's student management platform, Banner, and the student conduct management platform, Advocate, have been synched so that critical demographic information is provided to help direct prevention and education efforts. This information provides insight on the prevalence and types of issues related to key areas of student engagement so that AOD programming can be crafted for specific academic and extracurricular groups. This information also allows for monitoring the consistency of sanctions across key groups, such as Athletics and Fraternity and Sorority Life.

#### II. Weaknesses

- A. With the rapid growth of the university, particularly in programs and populations that are at higher risk historically (such as fraternities and sororities, student athletes, and traditional-aged residential first-year students), it would be beneficial to evaluate whether current resources and approaches are adequate to meet the increasing demands.
- B. The KSU 1101 and WELL 1000 classes that were required courses for degree-seeking students at KSU prior to fall 2019 are no longer required. These courses were the main platform for peer educators from CYAAR and HPW. Since these classes are no longer required, the number of students receiving AOD peer education in their first year has significantly decreased, creating a gap in an evidence-based approach to AOD education.
- C. The continued introduction of privatized, off-campus student housing into the local real estate market adjacent to, but independent from the campuses continues to present challenges in enforcing campus AOD policies and strains resources. This situation raises concerns about the conduct within these communities and the safety of KSU students.
- D. In the summer of 2018, the Interfraternity Council organizations living in the University Columns decided not to renew their leases with the Department of Housing and Residence Life. This decision, made by the organizations themselves, has impacted the university's ability to track and monitor any issues or incidents related to alcohol and other drugs in residential spaces, as these students now reside off campus.

## **Recommendations for Revisions**

- I. As enrollment continues to climb, efforts should continue to encourage students to complete online AOD education before starting classes at the university.
- II. Due to the increased concerns within the Fraternity and Sorority community about pre-gaming behaviors, it may be beneficial to conduct an external audit of the entire Greek-letter community. This would help identify any existing concerns and explore proactive approaches to prevent unhealthy and unsafe behaviors.
- III. Although AOD-related cases were sanctioned relatively consistently (82.61%), there is ongoing variance in sanctioning between SCAI and Housing and Residence Life. To address this, it may be beneficial to enhance case management services focused on Housing and Residence Life cases in order to increase collaboration with SCAI, the Behavioral Response Team, and other key campus partners. Additionally, this initiative would support ongoing efforts to train hearing officers on the effective use of general conduct procedures and sanctioning rubrics to enhance consistency.
- IV. Given the on-going challenges related to KSU students who live in nearby off-campus housing, continued efforts are needed to create connections with off-campus housing vendors to support student well-being and safer AOD-related behaviors. This effort, coordinated by the Wellbeing@KSU Coalition, focuses on providing support and resources to KSU students residing within these communities via events, workshops, and/or positive social norming campaigns in partnership with these vendors.
- V. A new environmental scan is necessary to understand the current landscape of AOD policies and practices at the university and in the surrounding community. It has been several years since the last scan, and with KSU's continued growth and the move to Conference USA, it is important to re-evaluate the environment surrounding alcohol and other drugs as it pertains to the KSU community.

## Appendix A

## CYAAR & OTHER AOD Programming Initiatives, 2022 - 2024

## **SUMMER 2022**

#### Orientation

May 2022 – August 2022

Kennesaw and Marietta Campuses

Throughout New Student Orientation (NSO), first-year students have the option to learn more about recovery support and AOD education services provided by the Center for Young Adult Addiction and Recovery (CYAAR) during the campus resource fair held at each orientation. CYAAR participated in each of the 20 sessions.

## **Advancing Connections for Recovery Conference**

May 25 – 27, 2022 KSU Center

CYAAR hosted a three-day conference for clinicians, collegiate recovery professionals, and KSU and local community members. Day one of the conference included sessions about substance use disorder and co-occurring disorders as part of the Riley's Wish Lecture Series. Day two topics were focused on recovery allyship and activism. Day three of the conference focused on thriving in recovery. Continuing Education hours were available to all attendees. 73 people attended.

## **Summer Safety**

June 22, 2022 10:00am – 12:00pm Student Recreation and Activities Center Health Promotion and Wellness (HPW), CYAAR, and the KSU PD C.O.R.E. Unit hosted an event for students to participate in activities to promote summer safety and to pick up giveaways and supplies to promote hydration, sexual health, and AOD risk reduction. 18 students participated.

#### Stonewall Riots Celebration: Pride Carnival

June 25, 2022 1:00pm – 4:00pm Kennesaw Campus Green To celebrate the anniversary of the Stonewall Riots, the LGBTQ Resource Center, UNITY Center, Housing and Residence Life, and the Presidential Commission on LGBTQ Initiatives hosted a carnival on the Campus Green. CYAAR participated by providing LGBTQ-focused AOD education and activities at the carnival. 95 students participated.

## **FSL Leadership Team Retreat**

July 25, 2022 12:00pm – 4:00pm Carmichael Student Center University Rooms Fraternity and Sorority Life required all executive members of the campus fraternities and sororities to participate in a leadership retreat. Topics covered included bystander intervention, risk management, and leadership skill building. CYAAR staff facilitated all sessions focused on AOD safety and education.

## **Agnes Scott College Resident Assistants Training**

August 12, 2022

9:00am – 10:30am

Agnes Scott College

CYAAR staff and student assistants trained all Student Affairs professionals and resident assistants of Agnes Scott College in the use of naloxone, Georgia medical amnesty laws, and AOD-related topics, including bystander intervention and implementing recovery support services on campus.

## **AUGUST 2022 (SCHOOL OPENING)**

## Weeks of Welcome (WoW): Anime Trivia

August 16, 2022

6:00pm – 8:00pm

Joe Mack Wilson Student Center

The Unity Center hosted an event to highlight Division of Student Affairs resources at the Marietta campus. Departments hosted games and activities in their offices in the Joe Mack Wilson Student Center and students moved from space to space to learn about resources. CYAAR educated about AOD education resources and recovery support services. 70 students participated in CYAAR activities.

## **WoW: Extreme Involvement Fairs**

August 17, 2022

11:00am - 2:00pm

Marietta K Fields

August 18, 2022

11:00am – 2:00pm

Kennesaw Campus Green

Students had the opportunity to interact with campus organizations and departments to learn about engagement opportunities and resources during involvement fairs. CYAAR hosted tables at both fairs to educate students about AOD topics and recovery support resources. 181 students had direct interaction with CYAAR during both involvement fairs.

#### WoW: Wow-A-Palooza

August 17, 2022 6:00pm – 10:00pm Kennesaw Campus Convocation Center & Campus Green Fraternity and Sorority Life hosted a WoW event in which students could showcase their organizations. CYAAR was invited to participate to educate about safer alcohol practices. CYAAR had standard drink size pour demonstrations that students could participate in and handed out BAC cards and standard drink size magnets. Students also learned about the Georgia 911 Medical Amnesty Law and the USG medical amnesty policy. 38 students participated in CYAAR activities.

#### WoW: "Glow" Student Center Takeover

August 19, 2022

3:00pm - 7:00pm

Carmicheal Student Center

Student Activities organized a student center takeover in which students could participate in different activities hosted by campus departments. DSA Wellbeing departments hosted in the Well-nest with activities focused on student wellness. CYAAR had pour demonstrations available, as well as handed out BAC cards, standard drink size magnets, and locking pill bottles for safe medication storage. 224 students interacted with CYAAR during the event.

## **College Panhellenic Council New Member Symposium**

August 20, 2022

10:00am – 4:00pm

Kennesaw Campus University Rooms

The College Panhellenic Council (CPC) requires all new members of CPC chapters to participate in a symposium to learn about sorority life at KSU. New members attend presentations, participate in team building activities, and learn about CPC. CYAAR was invited to present on AOD safety and interact with CYAAR staff at a resource table. 81 students interacted with CYAAR.

## **WoW: Make It or Take It DIY Stress Activities**

August 23, 2022

10:00am – 1:00pm

Carmichael Student Center Terrace

August 25, 2022

10:00am – 1:00pm

Marietta Campus Globe Area

DSA Wellbeing departments hosted tables together during WoW for students to learn about substance-free stress-relief and campus resources. Students were able to create DIY aromatherapy bracelets, stress balls, journals, and other stress-relief tools. 271 students participated.

#### **Run for Recovery**

August 27, 2022

7:00am - 11:00am

The Perch

The Run for Recovery is an annual 5K coordinated by Health Promotion and Wellness for the local community that benefits recovery support at Kennesaw State University. Proceeds from the run support recovery support services, and recovery support is promoted to the local community during the event.

## **Beta Theta Pi AOD Education**

August 28, 2022

3:00pm - 4:00pm

**Burruss Building 136** 

Members of Beta Theta Pi fraternity were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the CYAAR Alcohol and Other Drug Prevention and Education Coordinator. 16 students attended.

#### Gamma Phi Beta AOD Education

August 28, 2022

3:00pm - 4:00pm

**Burruss Building 151** 

Members of Gamma Phi Beta sorority were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the CYAAR Alcohol and Other Drug Prevention and Education Coordinator. 50 students attended.

## Debunking "It's just a little pot" and Other Cannabis Myths

August 30, 2022

11:00am - 1:00pm

Kennesaw Campus Green

August 31, 2022

11:00am – 1:00pm

Marietta Campus Globe Area

Students were able to pick up a small, potted succulent and had the opportunity to decorate the pot while learning about cannabis myths and facts. Each student also received cannabis education and CYAAR literature. 351 students attended.

## **SEPTEMBER 2022 (NATIONAL RECOVERY MONTH)**

## **Recovery ROKS Recovery Month Awareness**

September 6 – September 26, 2022 12:00pm – 2:00pm Various locations across both campuses CYAAR hosted 9 rock painting events and a Recovery ROKS Rock Garden Reveal during national recovery month to raise awareness about recovery at Kennesaw State University. The purpose of the events was to educate students about recovery support services, recovery science research opportunities, and volunteer opportunities offered through CYAAR while they painted rocks to contribute to the CYAAR Recovery ROKS (Recovering Owls Kennesaw State) Rock Garden installment at CYAAR locations on both campuses. 330 students participated.

## **American Medical Student Association (AMSA) Naloxone Training**

September 21, 2022 6:30pm – 7:30pm Clendennin Building 1009 CYAAR staff partnered with AMSA, a registered student organization, to host a naloxone training specifically designed for future healthcare workers. AMSA members learned how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. All attendees that participated received a naloxone kit after training. 32

students attended.

#### **Campus Connections**

September 21, 2022 2:00pm – 3:00pm

Carmichael Student Center 253

The LGBTQ Resource Center invites representatives from campus departments to participate in Campus Connections, a monthly session hosted at the LGBTQ Resource Center, to educate students that utilize services at the LGBTQ Resource Center about campus resources. CYAAR was invited to educate students about AOD-related topics and recovery support resources. 12 students attended.

## **Nursing Student Naloxone Training**

September 26, 2022 12:00pm — 1:00pm Prillaman Health Science Building 1000 CYAAR, in collaboration with the Student Nursing Association (SNA), hosted Naloxone training specifically designed for future healthcare workers. SNA members learn how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. Each nursing student received a naloxone kit provided by CYAAR after each training session. 25 nursing students were in attendance.

#### **WELL 2000 AOD Education**

 September 29, 2022
 2:00pm – 3:15pm
 Convocation Center 1056

 September 29, 2022
 3:30pm – 4:45pm
 Convocation Center 1056

The CYAAR Alcohol and Other Drug Prevention and Education Coordinator was invited to be a guest lecturer in WELL 2000, a class that is required for all Health Science majors, during the Alcohol and Other Drug unit in the class. 27 students were in attendance between both classes.

## **Collegiate Recovery Scholarship Breakfast**

September 30, 2022

7:30am – 9:15am

**Convocation Center** 

CYAAR hosts an annual scholarship breakfast to highlight and support the successes of students in recovery from addiction. This annual event is a fundraiser and an opportunity to educate the faculty, staff, and various stakeholders about addiction and recovery. 151 attended.

## **OCTOBER 2022**

## **College Panhellenic Council Naloxone Training**

October 4, 2022

6:00pm - 7:00pm

University Village 6137

October 5, 2022

6:00pm - 7:00pm

University Village 6137

CYAAR, in collaboration with CPC, hosted Naloxone training specifically for students in KSU sororities with attention to specific risk factors. Each student received a naloxone kit provided by CYAAR after each training session. 36 total students were in attendance.

## **Health and Wellbeing Fair**

October 4, 2022

10:00am – 4:00pm

Marietta Campus Ballrooms

Health and wellbeing departments across campus, including CYAAR, and community partners all participated in a health and wellbeing fair in which students could participate in screenings, health tests, and receive information and giveaways to promote a healthy campus. 151 students attended.

#### **Be True: Marietta Student Center Takeover**

October 5, 2022

4:00pm - 7:00pm

Joe Mack Wilson Student Center

The Unity Center hosted an event to highlight Division of Student Affairs resources at the Marietta campus in celebration of National Pride Month. Departments hosted games and activities in their offices in the Joe Mack Wilson Student Center and students moved from space to space to learn about resources. CYAAR educated about AOD education resources and recovery support services. 182 students participated.

#### Paws & Relax

October 12, 2022

11:00am – 1:00pm

Kennesaw Campus Pilcher Quad

HPW hosted an event in which students could learn different stress reduction techniques during midterms from multiple departments. CYAAR provided supplies and information about aromatherapy for stress relief and study skills through making aromatherapy lava bead bracelets. Students were able to make essential oil bracelets, get stress relief giveaways from other departments, and play with therapy dogs. 105 students participated in CYAAR activities.

## Sigma Alpha Epsilon AOD Education

October 16, 2022

5:00pm - 6:00pm

Burruss Building 466

Members of Sigma Alpha Epsilon fraternity were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the CYAAR Alcohol and Other Drug Prevention and Education Coordinator. 44 students attended.

#### **PSYC 4430 AOD Education**

October 18, 2022 2:00pm – 3:15pm

Convocation Center 1056

The CYAAR Alcohol and Other Drug Prevention and Education Coordinator was invited to be a guest lecturer in Abnormal Psychology, a class that is required for all Psychology majors, during the substance use disorder unit in the class. 26 students were in attendance.

## **Mental Health Fair**

October 20, 2022 10:00am – 4:00pm Kennesaw Campus University Rooms Health and wellbeing departments across campus, including CYAAR, and community partners all participated in a mental health fair in which students could participate in mental health screenings, coping skills activities, and receive information and giveaways to promote a healthy campus. 107 students attended.

## **Fall Festival**

October 20, 2022 2:00pm – 5:00pm Kennesaw Campus Green
Health Promotion and Wellness hosts an annual Fall Festival alcohol education event on the
Campus Green to teach students about safer drinking and the effects of alcohol. This event is
part of the National Collegiate Alcohol Awareness Week. Various tables from different
departments are present to teach about safer drinking or about campus resources that relate to
safer drinking practices. CYAAR hosts a table each year with AOD trivia, games, giveaways, and
information about CYAAR resources. 82 students attended.

## **Pharm to Table**

October 24, 2022 12:00pm — 2:00pm Marietta Campus Stingers Walkway
October 27, 2022 12:00pm — 2:00pm Kennesaw Campus Green

Students had the opportunity to stop by CYAAR engagement tables to pick up aromatic windowsill plants for stress relief and learn about prescription medication safety. In addition to aromatic plants, students also received DisposeRx, a product used to safely dispose of unused medication at home, locking pill bottles for safe medication storage, and literature on medication safety. Students also learned about on-campus Rx drop boxes and medication lockbox rental from CYAAR. 35 students attended.

# Student National Medical Association-Minority Association of Pre-Health Students Naloxone Training

October 27, 2022 7:00pm – 8:00pm Clendennin Building 1009

CYAAR, in collaboration with the Student National Medical Association-Minority Association of Pre-Health Students (SNMA-MAPS), hosted Naloxone training specifically designed for future healthcare workers. SNMA-MAPS members learn how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. Each student received a naloxone kit provided by CYAAR after each training session. 11 students were in attendance.

#### **PSYC 2103 AOD Education**

October 27, 2022

*12:30pm – 1:45pm* 

Convocation Center 1056

The CYAAR Clinical Addiction and Recovery Specialist was invited to be a guest lecturer in Introduction to Human Development, a class that is required for all Psychology majors, during the alcohol and other drug unit in the class. 28 students were in attendance.

#### **Halloween Student Center Takeover**

October 28, 2022

3:00pm - 6:00pm

Carmicheal Student Center

Student Activities organized a student center takeover in which students could participate in different activities hosted by campus departments. DSA Wellbeing departments hosted in the Well-nest with activities focused on student wellness. CYAAR had pour demonstrations available, as well as handed out BAC cards, standard drink size magnets, and locking pill bottles for safe medication storage. 463 students attended.

#### **DEA National Prescription Take Back Day**

October 29, 2022

10:00am – 2:00pm

Kennesaw Campus Visitor's Parking Lot

Twice a year, CYAAR partners with the KSU Police Department to host a DEA Rx Take Back location for the Kennesaw community. Anyone in the area that has unused medications can drop them off for safe disposal. 10 lbs of unused medication were collected.

## **Hooty-Boo! Halloween Karaoke**

October 31, 2022

6:30pm - 9:00pm

Kennesaw ARC Amphitheater

CYAAR hosted an alternative programming event on Halloween to provide a safe, substance-free, fun event for students to participate in. Halloween has historically been a high-risk time for substance use. CYAAR provided information about safer drinking practices along with candy and treats in goodie bags at the karaoke and costume contest. 95 students attended.

# **NOVEMBER 2022**

#### **Pop Off! Drag and Talent Show**

*November 3, 2022* 

5:00pm - 7:00pm

Marietta Campus Ballrooms

The Unity Center hosted a drag and talent show and invited the Center for Young Adult Addiction and Recovery to provide alcohol safety education and mocktails for the event. CYAAR provided mocktails, mocktail recipe booklets, and educated students about alcohol alternatives. 140 students attended.

#### **Teatime & Terrariums**

November 15, 2022 November 16, 2022 1:00pm - 3:00pm 1:00pm - 3:00pm Joe Mack Wilson Student Center Kennesaw Campus Well-nest

Health Promotion and Wellness and CYAAR partnered to host a de-stress event in which students could make their own air plant terrariums and enjoy a selection of hot tea and cookies while learning about medication safety and picking up medication safety supplies. 191 students attended.

#### **DECEMBER 2022**

# **IHS 3240 Naloxone and Recovery Ally Training**

November 1, 2022 12:30pm –

12:30pm – 1:45pm Social Science Building 2021

The CYAAR AOD Prevention and Education Coordinator was invited to be a guest lecturer in Fundamentals of Behavioral Healthcare. Students learned about opioid education, administration of naloxone, and basics of recovery allyship. 24 students were in attendance.

#### **Collegiate Recovery Program Graduation Celebration**

December 12, 2022

6:00pm - 7:30pm

University Village 6137

Each fall and spring, CYAAR celebrates graduates that were part of the Collegiate Recovery Program with a graduation celebration. Students, graduates' families, university leadership, and other community partners are invited to come celebrate graduates and learn about CYAAR and the resources provided. 35 people attended in fall 2022.

#### **CYAAR Peer Educator and Ambassador Luncheon**

December 13, 2022

1:30pm - 3:00pm

University Village 6137

Each year in December, peer educators and CYAAR Ambassadors debrief with CYAAR staff about AOD education efforts, events, and programming. SWOT analyses are completed on programming, ideas for new AOD education efforts are planned, and students receive a summary of AOD education data that was collected during the previous year. 10 students and 3 CYAAR staff participated.

#### **JANUARY 2023**

# Welcome Back Week: Chill Student Involvement Fair

January 12, 2023 11:00am – 2:00pm

Marietta Campus Ballrooms

January 13, 2023

11:00am – 2:00pm

Kennesaw Campus University Rooms

Students had the opportunity to interact with campus organizations and departments to learn about engagement opportunities and resources during involvement fairs. CYAAR hosted tables at both fairs to educate students about AOD topics and recovery support resources. 86 students had direct interaction with CYAAR during both involvement fairs.

#### **Gamma Phi Beta AOD Education**

January 22, 2023

4:15pm – 5:00pm

**Burruss Building 151** 

Members of Gamma Phi Beta sorority were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the CYAAR Alcohol and Other Drug Prevention and Education Coordinator. 51 students attended.

## **Collegiate Recovery Program Naloxone Training**

January 30, 2023

6:00pm - 7:00pm

University Village 6137

CYAAR hosted Naloxone training specifically designed for students in recovery participating in the collegiate recovery program (CRP). Students in recovery are uniquely situated to assist in the event of an opioid overdose. CRP members learned how to identify an opioid overdose,

how to reverse an overdose using naloxone, proper aftercare, and the specifics of Georgia's 911 Medical Amnesty law. 6 students attended.

## American Medical Student Association (AMSA) Naloxone Training

CYAAR staff partnered with AMSA, a registered student organization, to host a naloxone training specifically designed for future healthcare workers. AMSA members learned how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. All attendees that participated received a naloxone kit after training. 15 students attended.

#### FEBRUARY 2023

## **Advocacy Resource Fair**

February 6, 2023 11:00am – 2:00pm Kennesaw Campus University Rooms The Student Advocacy Resource Fair is a signature event in which various KSU departments and student organizations attend to showcase their advocacy support services. CYAAR participated, highlighting on-campus recovery support services, volunteer opportunities, and educating students on stigma-reduction and recovery allyship. Over 100 students attended.

#### Sex in the Dark

February 13, 2023 6:30pm – 8:30pm Kennesaw Campus University Rooms Health Promotion and Wellness hosted Sex in the Dark, an event in which students stay anonymous in a lights-off Q&A event, while a pair of national experts answer their deepest, darkest questions. CYAAR was invited to participate and educate students in AOD-related sexual health questions. 208 students attended.

## Love Your Body Week | Eating Disorders Awareness Week

February 20 – February 24, 2023 Various Programs Across Both Campuses Love Your Body Week (LYBW) is a collaborative effort between multiple on-campus Wellbeing departments. During LYBW, students have the opportunity to participate in a variety of programming focused on eating disorder awareness and recovery, as well as body positivity, and healthy physical habits. CYAAR hosted in-person engagement tables, an open mic night, Yoga for Recovery, and a Smash the Scale event with 289 total attendees.

## **Nursing Student Naloxone Training**

CYAAR, in collaboration with the Student Nursing Association (SNA), hosted Naloxone training specifically designed for future healthcare workers. SNA members learn how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. Each nursing student received a naloxone kit provided by CYAAR after each training session. 25 nursing students were in attendance.

#### **MARCH 2023**

## Paws & Relax

March 1, 2023

11:00am – 1:00pm

Joe Mack Wilson Student Center
HPW hosted an event in which students could learn different stress reduction techniques
during midterms from multiple departments. CYAAR provided supplies and information about
aromatherapy for stress relief and study skills through making aromatherapy lava bead
bracelets. Students were able to make essential oil bracelets, get stress relief giveaways from

other departments, and play with therapy dogs. 77 students participated in CYAAR activities.

#### **Queer Health**

March 1, 2023 2:00pm – 3:00pm Carmichael Student Center 253 The LGBTQ Resource Center in partnership with Wellbeing@KSU departments, host sessions at the LGBTQ Resource Center to educate students that utilize services at the LGBTQ Resource Center about campus health resources. CYAAR was invited to educate students about AOD-related topics and recovery support resources. 13 students attended.

## **Safe Spring Break**

March 2, 2023 2:00pm – 5:00pm Kennesaw Campus Green Health Promotion and Wellness annually hosts safety education ahead of spring break in collaboration with CYAAR, Counseling and Psychological Services, and Public Safety. Students learned about alcohol safety, health practices, and other safety tips through interactive games and giveaways. 86 students attended.

#### **SW 7940 Naloxone Training**

March 20, 2023 3:30pm – 4:30pm Academic Learning Center 2101
The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Clinical
Practice with Individuals and Families with Addictions, a class in the Master of Social Work
Program. Students learned about opioid education, administration of naloxone, and basics of recovery allyship. 13 students were in attendance.

#### **Teatime & Terrariums**

March 22, 2023 1:00pm – 3:00pm Joe Mack Wilson Student Center March 23, 2023 1:00pm – 3:00pm Kennesaw Campus Well-nest Health Promotion and Wellness and CYAAR partnered to host a de-stress event in which students could make their own air plant terrariums and enjoy a selection of hot tea and cookies while learning about medication safety and picking up medication safety supplies. 191 students attended.

#### **PSYC 2103 AOD Education**

March 28, 2023 3:30pm – 4:15pm Social Science Building 2036
The CYAAR Clinical Addiction and Recovery Specialist was invited to be a guest lecturer in
Introduction to Human Development, a class that is required for all Psychology majors, during the alcohol and other drug unit in the class. 28 students were in attendance.

#### **Health Fair**

March 29, 2023 10:00am – 4:00pm SRAC MAC Gym

On-campus departments and off-campus community health partners came together to bring health screenings and resources to students during the Health Fair. CYAAR hosted a table that provided students with AOD education information and recovery support resources. 244 students attended.

## **Transgender Day of Visibility Resource Fair**

March 31, 2023 11:00am – 2:00pm Kennesaw Campus University Rooms On National Trans Day of Visibility, the LGBTQ Resource Center hosted an event to bring awareness to gender-affirming and supportive resources for students on and off campus and to celebrate National Trans Day of Visibility. CYAAR provided a painting station for the event that included information about substance use disorder and eating disorder recovery support as well as supplying medication safety supplies. 42 students attended.

# **APRIL 2023**

## **Delta Chi Naloxone Training and AOD Education**

April 2, 2023 6:00pm – 7:00pm Social Science Building 2038 Members of Delta Chi fraternity were in attendance during their regularly scheduled chapter

meeting for AOD education, as well as training in the use of naloxone. Each member of the executive team for the chapter was given naloxone kits to keep in the residences. 26 students attended.

## **NURS 3314 AOD Education**

April 11, 2023 10:00am – 10:30am Prillaman Health Science Building 1105
The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Mental
Health Nursing, a class that is required for all nursing majors, during the addiction and

substance use disorder unit in the class. 145 students were in attendance.

#### **High Tea for Two**

April 12, 2023 2:00pm – 4:00pm Joe Mack Wilson Student Center April 13, 2023 2:00pm – 4:00pm Carmichael Student Center Rotunda

CYAAR Ambassadors hosted tables in high traffic areas ahead of April 20, a historically high-risk time for cannabis use, to educate students about cannabis laws and policies, and health effects of cannabis use. Students were able to receive packets with hot tea and honey sticks for two as well as conversation starter cards and literature about cannabis use after participating in cannabis trivia. 54 students attended.

#### **Nursing Faculty Naloxone Training**

April 20, 2023 10:30am – 11:30am Prillaman Health Science Building 2010 CYAAR hosted Naloxone training specifically designed for faculty teaching in the Wellstar School of Nursing. Faculty members learned how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law,

recovery resources, and stigma reduction surrounding opioid use. Each faculty member received a naloxone kit provided by CYAAR. 18 faculty members were in attendance.

## **IHS 3240 Naloxone Training**

April 20, 2023

12:30pm - 1:45pm

Convocation Center 1055

The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Fundamentals of Behavioral Healthcare. Students learned about opioid education, administration of naloxone, and basics of recovery allyship. 24 students were in attendance.

## 4/20 Open Mic Night

April 20, 2023

6:30pm - 9:00pm

Kennesaw Campus Legacy Gazebo

CYAAR provided alternative programming on campus for students on April 20, a day that is nationally known for high consumption of cannabis. CYAAR hosted an open mic night for students to perform, giving them a safe, substance-free event on a recognized high-risk day. 54 students attended.

## **DEA National Prescription Take Back Day**

April 22, 2023

10:00am - 2:00pm

Kennesaw Campus Visitor's Parking Lot

Twice a year, CYAAR partners with the KSU Police Department to host a DEA Rx Take Back location for the Kennesaw community. Anyone in the area that has unused medications can drop them off for safe disposal. 97 lbs. of unused medications were collected.

## Paws & Relax

April 27, 2023

11:00am - 1:00pm

Kennesaw Campus Green

HPW hosted an event in which students could learn different stress reduction techniques during midterms from multiple departments. CYAAR provided supplies and information about aromatherapy for stress relief and study skills through making aromatherapy lava bead bracelets. Students were able to make essential oil bracelets, get stress relief giveaways from other departments, and play with therapy dogs. 318 students participated.

#### **MAY 2023**

# **Collegiate Recovery Program Graduation Celebration**

May 8, 2023

6:00pm - 7:30pm

University Village 6137

Each fall and spring, CYAAR celebrates graduates that were part of the Collegiate Recovery Program with a graduation celebration. Students, graduates' families, university leadership, and other community partners are invited to come celebrate graduates and learn about CYAAR and the resources provided. 63 people attended in spring 2023.

#### **NURS 4422 Naloxone Training and AOD Special Topics Lecture**

May 16, 2023

9:00am - 10:45am

Prillaman Health Sciences Building 2202

The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Women & Health, a special topics course for nursing students. Students learned about opioid education,

administration of naloxone, and special considerations for women and substance use disorder. 18 students were in attendance.

#### YEAR-ROUND

**Peer Educators:** The Center for Young Adult Addiction and Recovery trains Peer Educators to go to classrooms and lead discussions with and/or present to their peers on alcohol, drugs, and other student health issues. All Peer Educators receive training and can be requested by an instructor. CYAAR Peer Educators presented in **21 classrooms** to a total of **397 students** during the 2022 – 2023 academic year.

**Naloxone Training:** Faculty, staff, and students from KSU can receive free training about the effects of opioids, how to recognize an opioid overdose, and to administer the opioid overdose reversal drug naloxone. At the end of training, participants receive a free naloxone kit. Open Naloxone training sessions are held once a month, and campus organizations or departments can request naloxone trainings. **349 people** were trained and equipped with naloxone in the 2022 – 2023 academic year.

**Recovery Meetings:** CYAAR hosts multiple weekly or bi-weekly recovery meetings year-round that are open to those in or seeking recovery. These meetings include community meetings, 12-step meetings, all-recovery meetings, recovery literature studies, self-injury support meetings, and yoga and mutual aid meetings.

**Recovery Ally Training:** CYAAR has developed Recovery Ally Training for those interested in learning about how to support people in recovery, or those they are concerned about. Recovery Ally Training for Faculty and Staff is a 3-hour training facilitated by CYAAR staff that is held five times per year. A student version of the training is also available and is a 75-minute training held twice each semester. Campus organizations and departments can also request specific trainings. **10 people** were trained as recovery allies in the 2022 – 2023 academic year.

**CYAAR Ambassador Program:** The Center for Young Adult Addiction and Recovery (CYAAR) has developed an ambassador program that provides students with the opportunity to develop and host AOD prevention and education events. CYAAR Ambassadors are trained on the basics of motivational interviewing, positive social norming, destigmatizing language, and campus resources. After training, CYAAR Ambassadors are given the opportunity to volunteer for various campus events and are invited to plan AOD prevention and education programming during the monthly planning meeting. **12 CYAAR Ambassadors** participated in **49 events** during the 2022 – 2023 academic year.

CYAAR staff members conduct clinical assessments, counseling services, and Wise Choices workshops during the academic year to provide education and intervention for code of conduct violations.

Data on addiction and support services for 2022-2023 include:

**200** students completed sanctioned CYAAR interventions (counseling, assessment, or Wise Choices), **1,193** Substance Use or related counseling appointments, **1** emergency AOD-related counseling sessions, and **0** referrals to treatment. In addition, CYAAR supported **62** students as part of the Collegiate Recovery Program cohort in 2022 - 2023.

#### **SUMMER 2023**

#### Orientation

May 2023 – August 2023

Kennesaw and Marietta Campuses

Throughout first year orientation, the Center for Young Adult Addiction and Recovery (CYAAR) hosted resource tables during the resource fair for students and family to learn more about recovery support and AOD education services provided by the Center for Young Adult Addiction and Recovery. CYAAR participated in 25 sessions.

#### **Juneteenth Celebration**

June 14, 2023

1:00pm - 3:00pm

Marietta Ballrooms

The Unity Center and the Department of Housing and Residence Life hosted an event to celebrate and reflect on the meaning behind Juneteenth. CYAAR was invited to participate with crafting and reflective activities to educate students on recovery supports and AOD issues. 61 students were in attendance.

#### **Drag Brunch**

June 23, 2023

11:00am – 1:00pm

Marietta Ballrooms

The Unity Center, Department of Housing and Residence Life, and CYAAR collaborated to host a drag brunch in honor of the anniversary of the Stonewall Riots. CYAAR provided mocktails, mocktail recipe booklets, and alcohol safety education. 67 students were in attendance.

## **Advancing Connections for Recovery Conference**

July 18 – 20, 2023

Marietta Ballrooms

CYAAR hosted a three-day conference for clinicians, collegiate recovery professionals, and KSU and local community members. Day one of the conference included sessions about substance use disorder and co-occurring disorders as part of the Riley's Wish Lecture Series. Day two topics were focused on peer and community support. Day three of the conference focused on cultures of recovery. Continuing Education hours were available to all attendees. 88 people attended.

## **Resident Assistant Naloxone Training**

August 3, 2023

11:30am – 12:30pm

Marietta Technology Center 202

August 3, 2023

2:30pm - 3:30pm

**Burruss Building 151** 

CYAAR provided training to all Kennesaw campus and Marietta campus Resident Assistants on the use of naloxone and bystander intervention. 155 RAs were trained.

# I Belong in Bagwell: Welcome Back Event

August 10, 2023

11:00am – 3:30pm

Bagwell Building Lobby

The Bagwell College of Education hosted an all-day event to welcome students back to campus, in particular students interested in or majoring in education. There were opportunities to meet peers and faculty. Dr. Terrell Strayhorn, Expert on Student Success, was the Keynote Speaker. CYAAR participated with tabling for students to learn about trainings offered through CYAAR in naloxone, recovery allyship, as well as recovery support services. 85 students attended.

# **AUGUST 2023 (SCHOOL OPENING)**

# Weeks of Welcome (WoW): Extreme Game Night

August 15, 2023

6:00pm - 8:00pm

Joe Mack Wilson Student Center

The Unity Center hosted an event to highlight Division of Student Affairs resources at the Marietta campus. Departments hosted games and activities in their offices in the Joe Mack Wilson Student Center and students moved from space to space to learn about resources. CYAAR educated about AOD education resources and recovery support services. 77 students participated in CYAAR activities.

#### **WoW: Extreme Student Involvement Fairs**

August 16, 2023 11:00am – 2:00pm Marietta Campus K-Fields

August 17, 2023

11:00am - 2:00pm

Kennesaw Campus Green

The Department of Student Activities coordinated involvement fairs across both campuses during Weeks of Welcome to inform students about ways to get engaged across campus. CYAAR participated by educating students about AOD resources, Wellbeing@KSU initiatives, and involvement opportunities with CYAAR's peer education and CYAAR Ambassador programs. There were 844 attendees at Marietta and 3,651 attendees at Kennesaw.

# WoW: WoW-a-Palooza

August 16, 2023

6:00pm - 9:00pm

Convocation Center and Campus Green

The Department of Fraternity and Sorority Life coordinated a welcome back event for students to learn about involvement in FSL as well as campus resources. CYAAR participated with pour demonstrations, BAC cards, and mocktail recipe booklets. There were 1,485 attendees.

#### SW 7806 AOD Education

August 21, 2023

12:30pm - 1:30pm

Prillaman Health Sciences 2010

Students in the Addiction Theory and Policy class, an optional class for students in the Master of Social Work program, received AOD education during their scheduled class time in conjunction with substance use curriculum from the CYAAR Assistant Director. 36 students attended.

#### **MENT 4485 AOD Prevention Education**

August 22, 2023

12:45pm – 1:45pm

Social Science Building 2032

The CYAAR AOD Education Program Manager and the CYAAR Director were invited to speak to students in the Media and Entertainment Capstone class about creating alcohol and other drug prevention PSAs to submit to the DEA Red Ribbon Week PSA contest. Students were educated

in prevention methodologies, non-stigmatizing language, and recovery support. 16 students attended.

## **SAFE Center SANE Training**

August 24, 2023 9:00am – 9:45am Prillaman Hall 3104

CYAAR staff were invited to address the first cohort of nurses to participate in SANE (Sexual Assault Nurse Examiner) training in the newly developed SAFE Center at Kennesaw State University. Participants learned about substance use disorder in trauma victims and survivors of sexual assault. 7 nurses participated.

## **Phi Mu Alcohol Education**

August 27, 2023 7:00pm – 7:45pm Social Science Building 2036 Members of Gamma Phi Beta were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the AOD Education Program Manager. 52 students attended.

# **SEPTEMBER 2023 (NATIONAL RECOVERY MONTH)**

# **Visions of Recovery**

September 5 – 29, 2023

Zuckerman Museum Fine Arts Gallery

CYAAR partnered with the Zuckerman Museum to showcase a month-long exhibit during National Recovery Month that showcased local artists in and supporting recovery. A reception was held at the CYAAR offices for the opening of the gallery on September 6, 2023. 63 people attended the reception, and the gallery received visitors all throughout the month of September.

## **National Recovery Month Awareness Tabling**

September 6, 2023 12:00pm - 2:00pm Kennesaw Commons Patio September 7, 2023 12:00pm - 2:00pm Marietta Campus Stingers Walkway CYAAR hosted tables to celebrate National Recovery Month. Students learned about Recovery Allyship, recovery resources on campus, and participated in a stigma-reduction social media campaign while picking up giveaways and literature. 54 students attended.

## **Health & Wellbeing Fair**

September 12, 2023 11:00am – 3:00pm Kennesaw Campus University Rooms
Departments from across campus collaborated to host a health fair to promote physical and
mental health resources and activities. CYAAR tabled with aromatherapy supplies and
information about recovery support services and AOD education. 143 students attended.

#### **CYAAR Open House**

September 14, 2023 10:00am – 6:00pm Kennesaw Campus CYAAR – UV 6000 The Center for Young Adult Addiction and Recovery opened its doors to students, faculty, and staff to learn about CYAAR services, participate in de-stress and coping activities, learn about

engagement opportunities with AOD education and research, and participate in naloxone trainings. There were 83 attendees.

## **Mobilize Recovery Bus Tour**

September 16, 2023 10:00am – 2:00pm Kennesaw Campus Practice Field In partnership with the Georgia Council for Recovery and The Clinton Foundation, CYAAR organized a stop on the Mobilize Recovery Across Georgia bus tour during National Recovery Month. Community partners were able to learn about community support for substance use disorder and recovery services while tailgating for a KSU football home game.

# **FSL New Member Symposium**

September 17, 2023

11:00am - 3:00pm

Prillaman Hall

The office of Fraternity and Sorority Life (FSL) requires all new members of CPC and IFC chapters to participate in a symposium to learn about fraternity and sorority life at KSU. New members attend presentations, participate in team building activities, and learn about campus resources. CYAAR was invited to present on AOD safety.

# **Housing Paint and Sip Party**

September 18, 2023

7:00pm - 9:00pm

University Village Center

In collaboration with CYAAR, resident assistants in University Village hosted an event in which residential students could learn about safer drinking practices while participating in painting activities and enjoying mocktails. 49 students attended.

# Debunking "It's just a little pot..." and Other Cannabis Myths

September 19, 2023

12:00pm – 2:00pm

Marietta Stingers Walkway

September 21, 2023

*12:00pm – 2:00pm* 

Kennesaw Pilcher Quad

Students were able to pick up a small, potted succulent and had the opportunity to decorate the pot while learning about cannabis myths and facts. Each student also received cannabis education and CYAAR literature. 159 students attended at Marietta and 146 students attended at Kennesaw.

## **American Medical Student Association Naloxone Training**

September 19, 2023

5:30pm - 6:30pm

Clendenin Building 1009

CYAAR staff facilitated Naloxone training and handed out naloxone kits for the American Medical Student Association (AMSA) chapter at Kennesaw State. 21 students attended.

#### **Nurse Practitioner Student Naloxone Training**

*September 23, 2023* 

*10:00am – 11:00am* 

Prillaman Hall 1105

CYAAR staff facilitated Naloxone training and handed out naloxone kits for nurses training to become nurse practitioners at Kennesaw State. 21 students attended.

## **Nursing Student Naloxone Training**

September 25, 2023

12:00pm - 1:00pm

Prillaman Hall 1002

Members of the Student Nursing Association (SNA) at KSU have the opportunity 3 times per year to register for Naloxone training aimed specifically at future healthcare workers. SNA members learn how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. 23 students attended.

# **North Housing Block Party**

September 26, 2023

6:00pm – 8:00pm

Kennesaw North Housing Courtyards

Communities in North residences (University Village and KSU Place) came together to provide a fun, substance-free carnival-style event. CYAAR participated by setting up a station outside of the Kennesaw CYAAR offices with AOD education activities and recovery support resource information. 50 students attended.

# **Collegiate Recovery Scholarship Breakfast**

September 29, 2023

7:30am - 9:15pm

Kennesaw University Rooms

CYAAR hosts an annual scholarship breakfast to highlight and support the successes of students in recovery from addiction. This annual event is a fundraiser and an opportunity to educate the faculty, staff, and various stakeholders about addiction and recovery.

#### **OCTOBER 2023**

## SW 7806 AOD Education

October 2, 2023

12:30pm - 1:30pm

Prillaman Health Sciences 2010

Students in the Addiction Theory and Policy class, an optional class for students in the Master of Social Work program, received AOD education during their regularly scheduled class time in conjunction with hearing the lived experience of students in recovery. 36 students attended.

## **MENT 4485 AOD Prevention Education**

October 2, 2023

12:30pm – 1:30pm

Social Science Building 2032

Students in the Media & Entertainment Capstone class received AOD education during their regularly scheduled class time in conjunction with learning about effective prevention and intervention strategies from the AOD Education Program Manager and CYAAR Director. 23 students attended.

#### **Be True**

October 3, 2023

5:00pm – 8:00pm

Joe Mack Wilson Student Center

The Unity Center hosted an event to highlight Division of Student Affairs resources at the Marietta campus in celebration of National Pride Month. Departments hosted games and activities in their offices in the Joe Mack Wilson Student Center and students moved from space to space to learn about resources. CYAAR educated about AOD education resources and recovery support services. 75 students participated.

## **Academy of Inclusive Learning Naloxone Training**

October 4, 2023

8:30am - 9:30am

Prillaman Hall 4002

Faculty and staff of the Academy of Inclusive Learning were invited to participate in Naloxone training provided by CYAAR. Participants received naloxone at the end of training. 10 faculty and staff participated.

# **Peer Counselor Recovery Ally Training and Naloxone Training**

October 9, 2023

3:00pm - 5:00pm

Well-Nest

Peer Counselors, students trained and supervised by Counseling and Psychological Services, participated in recovery allyship as well as opioid education provided by Center for Young Adult Addiction and Recovery staff. 7 peer counselors participated.

## **Sip Smart Alcohol Education**

October 10, 2023

6:00pm - 8:00pm

Summit Lobby

Housing and Residence life requested CYAAR support for an alcohol education event in which residents of the Summit on the Kennesaw campus had the opportunity to learn about safer drinking practices, alternatives to drinking, and dangers of driving impaired. 110 students participated.

# **Sip it Safe Alcohol Education**

October 11, 2023

5:00pm - 6:30pm

Howell Hall Lobby

Housing and Residence life requested CYAAR support for an alcohol education event in which residents of Howell Hall on the Marietta campus had the opportunity to learn about safer drinking practices and alternatives to drinking. 27 students participated.

#### **Think Safe Alcohol Education**

October 12, 2023

6:00pm - 7:30pm

Summit Lobby

Housing and Residence life requested CYAAR support for an alcohol education event in which residents of University Village and KSU Place on the Kennesaw campus had the opportunity to learn about safer drinking practices, alternatives to drinking, and dangers of driving impaired. 53 students participated.

#### **DIY Tie-Dye**

October 16, 2023 October 17, 2023 12:00pm – 2:00pm 12:00pm – 2:00pm Marietta Stingers Walkway Kennesaw Student Center Terrace

Students had the opportunity to pick up kits to tie-dye socks or scrunchies at home. The kits contained all the supplies to tie-dye as well as information about safe medication storage and disposal and packets of DisposeRx for safe, at-home drug disposal. Students also had the opportunity to receive free locking pill bottles to safely store medication to prevent diversion or theft. 170 students received medication education and supplies.

## American Medical Women's Association (AMWA) Naloxone Training

October 17, 2023

5:30pm – 6:30pm

Clendennin Building 1009

CYAAR staff partnered with AMWA, a registered student organization, to host a Naloxone training specifically designed for future healthcare workers. AMWA members learned how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. All participants received a naloxone kit. 17 students attended.

#### **Fall Festival**

October 18, 2023

5:00pm - 7:00pm

Marietta Ballrooms

Health Promotion and Wellness hosts an annual Fall Festival alcohol education event to teach students about safer drinking and the effects of alcohol. This event is part of the National Collegiate Alcohol Awareness Week. Various tables from different departments are present to teach about safer drinking or about campus resources that relate to safer drinking practices. CYAAR hosts a table each year with AOD trivia, games, giveaways, and information about CYAAR resources. 30 students attended.

#### **Health Fair**

October 19, 2023

10:00am - 4:00pm

Marietta Ballrooms

On-campus departments and off-campus community health partners came together to bring health screenings and resources to students during the Health Fair. CYAAR hosted a table that provided students with AOD education information and recovery support resources. 94 students attended.

## Student Disability Services (SDS) Staff Naloxone Training

October 24, 2023

9:00am - 10:00am

Virtual

Staff of Student Disability Services had the opportunity to participate in a virtual Naloxone training. SDS staff learned how to identify opioid overdose, how to reverse the overdose using naloxone, aftercare of the victim, and the details of the Georgia 911 Medical Amnesty Law. 5 staff members participated and were equipped with naloxone after the training.

# **NURS 4422 Naloxone Training and AOD Special Topics Lecture**

October 24, 2023

5:30pm – 7:00pm

Academic Learning Center 2104

The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Women & Health, a special topics course for nursing students. Students learned about opioid education, administration of naloxone, and special considerations for women and substance use disorder. 22 students were in attendance.

#### **PSYCH 2103 Substance Use Disorder Education**

October 26, 2023

9:30am – 10:30am

Social Science Building 2032

The Clinical Addiction and Recovery Specialist at CYAAR was invited to guest lecture in PSYC 2103, Human Development, about substance use disorder and treatment. 16 students were in attendance.

#### **Pumpkin Launch**

October 26, 2023 2pm – 5pm Marietta Neusoft Soccer Fields

The annual Pumpkin Launch is a tradition at the Kennesaw State University Marietta campus. CYAAR was invited to host a table at the pumpkin launch to highlight various services and supports available through CYAAR. Activities at CYAAR's table included pour painting and pour demonstrations to promote conversations about standard drink size and safer drinking practices.

## **DEA National Prescription Take Back Day**

October 28, 2023 10:00am – 2:00pm Kennesaw Campus Visitor's Parking Lot Twice a year, CYAAR partners with the KSU Police Department to host a DEA Rx Take Back location for the Kennesaw community. Anyone in the area that has unused medications can drop them off for safe disposal. 4 pounds of medication were collected.

## **Hooty-Boo! Halloween Karaoke**

October 31, 2023 6:30pm – 9:00pm Kennesaw Legacy Gazebo
CYAAR hosted an alternative programming event on Halloween to provide a safe, substance-

free, fun event for students to participate in. Halloween has historically been a high-risk time for substance use. CYAAR provided information about safer drinking practices along with candy and treats in goodie bags at the karaoke and costume contest. 89 students attended.

#### **NOVEMBER 2023**

# Office of Institutional Equity (OIE) Staff Naloxone Training

November 3, 2023 10:00am – 11:00am English Building 210

Staff of the Office of Institutional Equity had the opportunity to participate in a virtual Naloxone training. OIE staff learned how to identify opioid overdose, how to reverse the overdose using naloxone, aftercare of the victim, and the details of the Georgia 911 Medical Amnesty Law. 7 staff members participated and were equipped with naloxone after the training.

#### **NURS 3314 AOD Special Topics Lecture**

November 14, 2023 10:00am – 11:00am Prillaman Hall 1000

The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Mental Health Nursing, a special topics course for nursing students. Students learned about opioid education, non-stigmatizing language, CYAAR services, and special considerations for substance use disorder in mental health treatment settings. 132 students were in attendance.

# **Teatime & Terrariums**

November 14, 2022 2:00pm – 4:00pm Joe Mack Wilson Student Center

November 15, 2022 2:00pm – 4:00pm Kennesaw Campus Well-nest

Health Promotion and Wellness and CYAAR partnered to host a de-stress event in which students could make their own air plant terrariums and enjoy a selection of hot tea and cookies while learning about medication safety and picking up medication safety supplies. 232 students attended between the two campuses.

#### **Queer Health**

November 15, 2023 12:00pm – 1:00pm Carmichael Student Center 253

The LGBTQ Resource Center in partnership with Wellbeing@KSU departments, host sessions at the LGBTQ Resource Center to educate students that utilize services at the LGBTQ Resource Center about campus health resources. CYAAR was invited to educate students about AOD-related topics and recovery support resources. 10 students attended.

## **Shot of Reality Alcohol Education**

November 14, 2023 6:30pm — 8:00pm Marietta Dogwood Room

November 16, 2023 6:00pm – 7:30pm Austin Residence Complex Town Hall

CYAAR and the KSU PD were invited to educate students living in Austin Residence Complex (ARC) and several Marietta campus residence halls about safer drinking practices and the dangers of impaired driving through games and activities. Giveaways focused on safer drinking were also provided. These residence halls primarily house upperclassmen, and many of them are of legal age to drink in the residence hall. Campus policies were also discussed. 55 students were in attendance.

#### **Smash Your Insecurities**

November 29, 2023 2:00pm – 4:00pm Kennesaw Campus Green

CYAAR hosted an event in which students could write negative thoughts and feelings on carnival plates and smash them. This activity focuses on countering insecurities and negative coping skills (including AOD use) and instead focusing on positive coping skills and health. Dieticians from HPW were also present to discuss nutrition support and coping skills ahead of finals. 77 students participated.

## Naloxone Training for Fundamentals of Behavioral Healthcare

November 30, 2023 12:30pm – 1:45pm Convocation Center 1056

CYAAR staff trained students in IHS 3240 (Fundamentals of Behavioral Healthcare) on how to identify opioid overdose, how to use naloxone, and discussed stigma reduction around opioid use. All participants who wanted to be equipped with naloxone were given kits. 34 students attended.

#### **DECEMBER 2023**

#### **CYAAR Peer Educator and Ambassador Luncheon**

December 8, 2023 12:30pm – 2:00pm University Village 6137

Each year in December, peer educators and CYAAR Ambassadors debrief with CYAAR staff about AOD education efforts, events, and programming. SWOT analyses are completed on programming, ideas for new AOD education efforts are planned, and students receive a summary of AOD education data that was collected during the previous year. 11 students and 3 CYAAR staff participated.

# **Collegiate Recovery Program Graduation Celebration**

December 11, 2023

6:00pm - 7:30pm

Prillaman Hall Indoor Plaza

Each fall and spring, CYAAR celebrates graduates that were part of the Collegiate Recovery Program with a graduation celebration. Students, graduates' families, university leadership, and other community partners are invited to come celebrate graduates and learn about CYAAR and the resources provided. 41 people attended in fall 2023.

#### **Coles College Naloxone Training**

December 14, 2023

10:30am - 11:30am

**Burruss Building 269** 

Faculty and staff of the Coles College of Business were invited to participate in Naloxone training facilitated by CYAAR. Participants learned how to identify opioid overdose, how to use naloxone to reverse the effects of opioid overdose, and laws and policies about the use of naloxone. 12 faculty and staff participated.

#### Division of Diverse and Inclusive Excellence (DDIE) Naloxone Training

December 18, 2023

9:00am - 10:00am

Willingham Hall 217

Staff of DDIE were invited to participate in Naloxone training facilitated by CYAAR. Participants learned how to identify opioid overdose, how to use naloxone to reverse the effects of opioid overdose, and laws and policies about the use of naloxone. 10 faculty and staff participated.

## **JANUARY 2024**

# **Delta Tau Delta Alcohol and Other Drug Safety**

January 21, 2024

7:00pm - 8:30pm

Math Building (D) 104

Members of Delta Tau Delta were in attendance for an alcohol and other drug safety awareness seminar that was held to meet compliance for DTD resuming chapter activities at Kennesaw State University after a 2-year suspension, led by the AOD Education Program Manager. 18 students attended.

## **Scouts of America AOD Presentation**

January 23, 2024

7:00pm – 8:30pm

Embry Hills United Methodist Church

The AOD Education Program Manager and Collegiate Recovery Program Manager were invited to address middle and high school aged members of Scouts of America in Atlanta about AOD concerns. Topics included alcohol, cannabis, and nicotine products. 54 scouts were in attendance.

## **Pre-Pharmacy Club Naloxone Training**

January 24, 2024

4:00pm – 5:00pm

Academic Learning Center 2105

CYAAR staff partnered with the Pre-Pharmacy Club, a registered student organization, to host a Naloxone training specifically designed for future healthcare workers. Members learned how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. All participants received a naloxone kit after training. 6 students attended.

#### **Teatime & Terrariums**

January 30, 20242:00pm – 4:00pmJoe Mack Wilson Student CenterJanuary 31, 20242:00pm – 4:00pmCarmichael Student Center Atrium

HPW and CYAAR partnered to host a de-stress event in which students could make their own air plant terrariums and enjoy a selection of hot tea and cookies while learning cannabis education and about cannabis cessation resources at KSU. 232 students attended.

#### **FEBRUARY 2024**

## I Got 99 Problems, but Addiction Ain't One Alcohol Education

February 6, 2024 7:30pm – 9:00pm University Village Suites Common Area CYAAR was invited to educate students living in University Village Suites at the Kennesaw campus about safer drinking practices through games and activities. Mocktails and giveaways focused on safer drinking were also provided. 61 students were in attendance.

#### **Beta Theta Pi AOD Education**

February 11, 2024 3:00pm-4:00pm Academic Learning Center 3120 Members of Beta Theta Pi fraternity as well as chapter advisors invited CYAAR staff to discuss AOD education during the regularly scheduled chapter meeting. This education session was held to establish AOD standards and policies with new members to the organization. 11 students attended.

# **Gamma Phi Beta Alcohol Education**

February 11, 2024 5:00pm – 6:00pm Burruss Building 151 Members of Gamma Phi Beta were in attendance for an alcohol and other drug safety awareness seminar that was held during the regularly scheduled chapter meeting, led by the AOD Education Program Manager. 46 students attended.

## **Dean of Students Office Naloxone Training**

February 15, 2024 2:00pm - 3:00pm Academic Learning Center 3103 Faculty and staff of the Dean of Students Office were invited to participate in Naloxone training facilitated by CYAAR. Participants learned how to identify opioid overdose, how to use naloxone to reverse the effects of opioid overdose, and laws and policies about the use of naloxone. 5 faculty and staff participated.

## **Cupid's Disco**

February 15, 2024 7:00pm – 9:00pm Marietta Ballrooms
The Marietta Activities Council (MAC) partnered with CYAAR to host a Valentine's Day dance
featuring mocktails made by CYAAR. Alcohol safety education was featured and students had
the opportunity to pick up mocktail recipe booklets. 150 students attended.

# Phi Mu and Sigma Alpha Epsilon AOD Education

February 18, 2024

6:00pm - 7:00pm

Academic Learning Center 2106

Members of Phi Mu sorority and Sigma Alpha Epsilon fraternity invited CYAAR staff to present on alcohol and other drug safety at a collaborative event to highlight health and safety resources at KSU. 50 students attended.

#### Paws & Relax

February 20, 2024

11:00am - 1:00pm

Marietta Globe Area

HPW hosted an event in which students could learn different stress reduction techniques from multiple departments. CYAAR provided supplies and information about aromatherapy for stress relief and study skills through making aromatherapy lava bead bracelets. Students were able to make essential oil bracelets, get stress relief giveaways from other departments, and play with therapy dogs. 21 students attended.

#### **Club Sports AOD Education**

February 21, 2024

6:00pm - 7:00pm

Owls Nest

CYAAR staff presented on AOD education and Kennesaw State University AOD policies at the leadership meeting for Club Sports. 15 students were in attendance.

## Love Your Body Week | Eating Disorders Awareness Week

February 26 – March 1, 2024

Various programs across both campuses

Love Your Body Week (LYBW) is a collaborative effort between multiple on-campus well-being departments. During LYBW, students have the opportunity to participate in a variety of programming focused on eating disorder awareness and recovery, as well as body positivity, and healthy physical habits, including AOD issues. CYAAR hosted in-person engagement tables, Yoga for Feeding the Soul Meetings, a Smash the Scale event, an Open Mic Night, and a Pop-Up Plant Shop. 467 students attended.

#### **MARCH 2024**

#### Safe Spring Break

March 7, 2024

2:00pm - 5:00pm

Kennesaw Campus Green

Health Promotion and Wellness hosted an event on the Campus Green featuring safety education ahead of spring break in collaboration with CYAAR. Students learned about alcohol safety, health practices, and other safety tips through interactive games and giveaways. 135 students attended.

## Sexual Assault Nurse Examiner (SANE) Naloxone Training

March 9, 2024

11:00am - 12:00pm

House 48 Campus Loop Road

Nurses being trained at the new SAFE Center at Kennesaw State University for forensic examination received training in naloxone, the opioid overdose reversal medication from CYAAR staff. Training included identification of opioid overdose, reversal using naloxone, trauma-informed aftercare, reduction of stigma, and the Georgia 911 Medical Amnesty Law. 11 SANE Nurses were trained.

#### **Taco Talks with Mocktails**

March 19, 2024

7:30pm – 9:30pm

Carmichael Loft Lounge

The Kennesaw Activities Board (KAB) partnered with CYAAR to host a Taco Tuesday event featuring a mocktail bar, tacos, games, activities, and conversation prompts highlighting alcohol safety and sexual health education. 121 students attended.

# National Drug and Alcohol Facts Week (NDAAFW) Engagement Tables

March 20, 2024

2:00pm - 4:00pm

Joe Mack Wilson Student Center

March 21, 2024

2:00pm - 4:00pm

Carmicheal Student Center Terrace

CYAAR hosted engagement tables on both campuses during NDAAFW featuring AOD trivia and giveaways. CYAAR Ambassadors educated students about topics such as alcohol safety, fentanyl awareness, cannabis facts, and prescription medication safety. 94 students participated.

## **Nursing Student Naloxone Training**

March 25, 2024

12:00pm - 1:00pm

Prillaman Hall 2206

Members of the Student Nursing Association (SNA) at KSU have the opportunity 3 times per year to register for Naloxone training aimed specifically at future healthcare workers. SNA members learn how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. 27 students attended.

## **NURS 4422 Naloxone Training and AOD Special Topics Lecture**

March 26, 2024

5:00pm – 6:30pm

Academic Learning Center 2104

The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Women & Health, a special topics course for nursing students. Students learned about opioid education, administration of naloxone, and special considerations for women and substance use disorder. 27 students were in attendance.

#### **Queer Health**

March 26, 2024

12:00pm – 1:30pm

Carmichael Student Center 253

The LGBTQ Resource Center in partnership with Wellbeing@KSU departments, host sessions at the LGBTQ Resource Center to educate students that utilize services at the LGBTQ Resource Center about campus health resources. CYAAR was invited to educate students about AOD-related topics and recovery support resources. 14 students attended.

## **Send Silence Packing**

March 27, 2024

11:00am - 4:00pm

Kennesaw Campus Green

The Division of Student Affairs, Counseling and Psychological Services, and the Wellbeing@KSU collaborative was honored to bring the Active Minds Send Silence Packing® exhibit to KSU. For more than a decade, Active Minds' acclaimed Send Silence Packing® exhibit has traveled the country to end the silence that surrounds mental health and suicide and connected visitors with resources for support and action.

The all-day exhibit included personal stories from individuals who have lost a loved one to suicide and is designed to raise awareness about the impact of suicide, connect individuals to mental health resources, and inspire action for suicide prevention. Passersby are invited to walk among the Send Silence Packing backpacks to see the photographs and read the stories attached to them. Many of the backpacks were donated by families who lost a loved one to suicide. CYAAR hosted a table at the event to bring awareness to recovery support services at KSU as well as provide alcohol and other drug education to attendees. 150 students attended.

#### **Health Fair**

March 28, 2024

10:00am - 4:00pm

SRAC MAC Gym

On-campus departments and off-campus community health partners came together to bring health screenings and resources to students during the Health Fair. CYAAR hosted a table that provided students with AOD education information and recovery support resources. 204 students attended.

#### **PSYC 2103 AOD Education**

March 28, 2024

11:00am – 12:15pm

Social Science Building 3023

March 28, 2024

2:00pm – 3:15pm

Social Science Building 3023

The CYAAR Clinical Addiction and Recovery Specialist was invited to be a guest lecturer in Introduction to Human Development, a class that is required for all Psychology majors, during the alcohol and other drug unit in the class. 40 students were in attendance between two classes.

# **Spring Into Wellness**

March 28, 2024

5:00pm - 7:30pm

The Summit

The Summit residence hall at the Kennesaw campus hosted an event and Wellbeing@KSU departments were invited to highlight wellness practices for residents. A variety of mental and physical health topics were covered through activities, games, crafts, and giveaways. CYAAR provided alcohol education and crafts to teach coping skills such as box breathing. 135 students attended.

## **APRIL 2024**

#### **Adulting for Beginners**

April 3, 2024

5:00pm - 7:00pm

University Village Center

Resident Assistants of University Village hosted an event in which residents of University Village could move through different stations in UV Center and participate in skills development activities, including a station facilitated by CYAAR focused on AOD topics. 37 students participated.

## **Coles College Information Systems Hackathon**

April 4, 2024

3:00pm - 4:00pm

KSU Center 400

The Coles College Information Systems Department requested partnership with CYAAR to speak to Hackathon participants about well-being resources at KSU to inform the content of the

programs being developed at the event. CYAAR staff presented to participants about alcohol and other drug education as well as Wellbeing@KSU resources.

## **Delta Tau Delta Alcohol and Other Drug Safety**

April 7, 2024 7:00pm – 8:00pm Virtual

Members of Delta Tau Delta and administrative office staff for Delta Tau Delta nationals were in attendance for an alcohol and other drug safety awareness seminar that was held during their regularly scheduled chapter meeting, led by the Alcohol and Other Drug Education Program Manager. This was a follow-up session to the education the chapter received in January 2024 in an effort to keep checking in with AOD safety as new members join. 21 students attended.

## American Medical Student Association (AMSA) Naloxone Training

April 8, 2024 6:00pm – 7:00pm Clendennin Building 1009

CYAAR staff partnered with AMSA, a registered student organization, to host a Naloxone training specifically designed for future healthcare workers. AMSA members learned how to identify an opioid overdose, how to reverse an overdose using naloxone, proper aftercare, the specifics of Georgia's 911 Medical Amnesty law, recovery resources, and stigma reduction surrounding opioid use. All attendees that participated received a naloxone kit after training. 10 students attended.

#### **IHS 3240 Naloxone Training**

April 9, 2024 2:00pm – 3:00pm Convocation Center 2005

The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Fundamentals of Behavioral Healthcare. Students learned about opioid education, administration of naloxone, and basics of recovery allyship. 13 students were in attendance.

# **Pharm to Table**

April 15, 2024 2:00pm – 4:00pm Kennesaw Campus Green
April 17, 2024 2:00pm – 4:00pm Marietta Stingers Walkway

Students had the opportunity to stop by CYAAR engagement tables to pick up aromatic windowsill plants for stress relief and learn about prescription medication safety. In addition to aromatic plants, students received DisposeRx (a product used to safely dispose of unused medication at home), literature on safe medication storage, and had the opportunity to pick up free locking pill bottles. Students also learned about on-campus Rx drop boxes and medication lockbox rental from CYAAR. 165 students attended.

# Interfraternity Council (IFC) Naloxone Training

April 17, 2024 5:00pm – 6:30pm Academic Learning Center 2101 April 23, 2024 5:00pm – 6:30pm Academic Learning Center 2101

In an effort to promote safety in the off-campus residences of IFC chapters, two executive team members of each IFC chapter were required to attend naloxone training facilitated by CYAAR, with the exception of chapters that had already received naloxone training in the 2023-2034 academic year. Executive team members learned how to identify and respond to opioid

overdose, were equipped with naloxone to be kept in the off-campus residences, and were trained in laws and policies about overdose and medical attention. 24 students attended.

## All Too Well-Being Bash

April 19, 2024 4:30pm – 7:00pm University Village CYAAR Suite Capitalizing on the popularity of Taylor Swift, CYAAR hosted a well-being event in the CYAAR space on the Kennesaw campus in celebration of the release of Taylor Swift's Tortured Poet's

space on the Kennesaw campus in celebration of the release of Taylor Swift's *Tortured Poet's Department* album. Students were able to participate in a variety of well-being focused games and activities facilitated by CYAAR, Sports & Rec, Counseling and Psychological Services Peer Counselors, and Health Promotion and Wellness. 23 students attended.

#### **Earth Week Fair**

 April 22, 2024
 11:00am – 2:00pm
 Kennesaw Campus Green

 April 25, 2024
 11:00am – 2:00pm
 Marietta K Fields

The Kennesaw State Office of Sustainability partnered with Global Education and the Year of Senegal initiative to bring goats to campus and share sustainability practices during Earth Day week. Campus partners were invited to host stations dedicated to sustainability. CYAAR educated about safe prescription medication storage and disposal, as well as handed out windowsill plants and safe medication storage and disposal products. 792 students attended the two fairs.

## **Alpha Phi Alpha Alcohol Education**

April 22, 2024 7:00pm – 9:00pm

Social Science Building 2034

Alpha Phi Alpha fraternity requested that the AOD Education Program Manager from CYAAR come present at an annual event hosted by Alpha Phi Alpha, open to other members of NPHC and MGC organizations, called the Canon Dozier Alcohol Awareness event. Participants were able to learn about safe drinking practices through the presentation, as well as use BAC goggles to emphasize the dangers of drunk driving. All participants received BAC cards, information about CYAAR, and standard drink size magnets. 32 students attended.

#### Paws & Relax

April 24, 2024 11:00am – 1:00pm

Kennesaw Campus Green

HPW hosted an event in which students could learn different stress reduction techniques from multiple departments. CYAAR provided supplies and information about aromatherapy for stress relief and study skills through making aromatherapy lava bead bracelets. Students were able to make essential oil bracelets, get stress relief giveaways from other departments, and play with therapy dogs. 80 students attended.

#### **IHS 3240 Naloxone Training**

*April 25, 2024* 12:30pm – 1:45pm

Academic Learning Center 3201

The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Fundamentals of Behavioral Healthcare. Students learned about opioid education, administration of naloxone, and basics of recovery allyship. 23 students were in attendance.

## **DEA National Prescription Take Back Day**

April 27, 2024

10:00am – 2:00pm

Marietta Campus Visitor's Parking Lot

Twice a year, CYAAR partners with the KSU Police Department to host a DEA Rx Take Back location for the local community. Anyone in the area that has unused medications can drop them off for safe disposal. <1 pound of medication was collected.

#### Sexual Assault Nurse Examiner (SANE) Naloxone Training

April 27, 2024

3:00pm - 4:00pm

Prillaman Hall 2201

Nurses being trained at the new SAFE Center at Kennesaw State University for forensic examination received training in naloxone, the opioid overdose reversal medication from CYAAR staff. Training included identification of opioid overdose, reversal using naloxone, trauma-informed aftercare, reduction of stigma, and the Georgia 911 Medical Amnesty Law. 6 SANE Nurses were trained.

#### **MAY 2024**

# **Collegiate Recovery Program Graduation Celebration**

May 6, 2024

6:00pm - 7:30pm

Carmichael Loft Lounge

Each fall and spring, CYAAR celebrates graduates that are part of the Collegiate Recovery Program with a graduation celebration. Students, graduates, families, university leadership, and other community partners are invited to come celebrate the graduates and learn about CYAAR and the resources provided. 38 people attended in spring 2024.

## **NURS 4422 Naloxone Training and AOD Special Topics Lecture**

May 14, 2024

9:00am – 10:45am

Prillaman Health Sciences Building 1002

The CYAAR AOD Education Program Manager was invited to be a guest lecturer in Women & Health, a special topics course for nursing students. Students learned about opioid education, administration of naloxone, and special considerations for women and substance use disorder. 26 students were in attendance.

#### Southeast CRC Summit

May 28 – 30, 2024

Marietta Campus

CYAAR hosted the 10<sup>th</sup> annual Southeast CRC Summit, a three-day event in which collegiate recovery programs across the Southeastern states come together to share best practices and provide an opportunity for students to meet other students in recovery from other schools. 11 colleges and universities were in attendance. Attendees stayed on campus in Marietta campus housing, and the summit featured student-track sessions and staff-track sessions that were held in the Joe Mack Wilson Student Center.

#### **JUNE 2024**

#### **Stonewall Riots Celebration Drag Brunch**

June 6, 2024

11:00am – 1:00pm

Marietta Ballrooms

UNITY Center, Housing and Residence Life, and CYAAR hosted an event to celebrate the anniversary of the Stonewall Riots. The Drag Brunch included LGBTQ history and trivia, a drag

performance, a karaoke competition, and education about alcohol safety. CYAAR provided mocktails and education about alcohol safety. 53 students attended.

# **Graduate College Faculty Naloxone Training**

June 11, 2024

10:00am - 11:00am

Town Point Suite 1700

Faculty and staff of the KSU Graduate College were invited to participate in Naloxone training facilitated by CYAAR. Participants learned how to identify opioid overdose, how to use naloxone to reverse the effects of opioid overdose, and laws and policies about the use of naloxone. 17 faculty and staff participated.

# **Graduate Student Naloxone Training**

June 12, 2024

4:00pm - 5:00pm

Academic Learning Center 3550

Students in the KSU Graduate College were invited to participate in Naloxone training facilitated by CYAAR. Participants learned how to identify opioid overdose, how to use naloxone to reverse the effects of opioid overdose, and laws and policies about the use of naloxone. 13 students participated.

# **Summer Safety**

June 24, 2024

1:00pm - 3:00pm

Kennesaw Campus Green

HPW hosted a summer safety event in partnership with CYAAR, Public Safety, and Wellbeing@KSU to educate students on summer safety tips such as hydration, sun safety, and substance use. 45 students attended.

#### YEAR-ROUND

**Peer Educators:** The Center for Young Adult Addiction and Recovery trains Peer Educators to go to classrooms and lead discussions with and/or present to their peers on alcohol, drugs, and other student health issues. All Peer Educators receive training and can be requested by an instructor. CYAAR Peer Educators presented in **15 classrooms** to a total of **280 students** during the 2023 – 2024 academic year.

**Naloxone Training:** Faculty, staff, and students from KSU can receive free training about the effects of opioids, how to recognize an opioid overdose, and to administer the opioid overdose reversal drug, naloxone. At the end of training, participants receive a free naloxone kit. Open Naloxone training sessions are held once a month, and campus organizations or departments can request naloxone trainings. **707 people** were trained and equipped with naloxone in the 2023 – 2024 academic year.

**Recovery Meetings:** CYAAR hosts multiple weekly or bi-weekly recovery meetings year-round that are open to those in or seeking recovery. These meetings include community meetings, 12-step meetings, all-recovery meetings, recovery literature studies, self-injury support meetings, and yoga and mutual aid meetings.

**Recovery Ally Training:** CYAAR has developed Recovery Ally Training for those interested in learning about how to support people in recovery, or those they are concerned about. Recovery Ally Training for Faculty and Staff is a 3-hour training facilitated by CYAAR staff that is held five times per year. A student version of the training is also available and is a 75-minute training held twice each semester. Campus organizations and departments can also request specific trainings. **42 people** were trained as recovery allies in the 2023 – 2024 academic year.

**CYAAR Ambassador Program:** The Center for Young Adult Addiction and Recovery (CYAAR) has developed an ambassador program that provides students with the opportunity to develop and host AOD prevention and education events. CYAAR Ambassadors are trained on the basics of motivational interviewing, positive social norming, destigmatizing language, and campus resources. After training, CYAAR Ambassadors are given the opportunity to volunteer for various campus events and are invited to plan AOD prevention and education programming during the monthly planning meeting. **14 CYAAR Ambassadors** participated in **56 events** during the 2023 – 2024 academic year.

CYAAR staff members conduct clinical assessments, counseling services, and Wise Choices workshops during the academic year to provide education and intervention for code of conduct violations.

Data on addiction and support services for 2023-2024 include: **93** students completed sanctioned CYAAR interventions (counseling, assessment, or Wise Choices), **1,239** Substance Use or related counseling appointments, **0** emergency AOD-related counseling sessions, and **3** referrals to treatment. In addition, CYAAR supported **63** students as part of the Collegiate Recovery Program cohort in 2023 - 2024.

# **Appendix B**

# **Health Promotion and Wellness Review of AOD Programs 2022 – 2024**

## July 2022

A listserv was created of students turning 21 where an electronic version of the 21<sup>st</sup> Birthday card was emailed. Students can opt in to have a hard copy either mailed or picked up at the office (550 cards were emailed; 18 cards were physically mailed to students).

07/14/22: Substance Safety event was hosted by the Wellness Peer Mentors. A pouring activity was provided to demonstrate standard drink sizes (12 students attended).

Social Media posts were created and posted to various platforms. (Total Reach 882)

7/1/22 – Be safe this holiday weekend and designate a driver or use a rideshare app to get home safely. (173)

7/4/22 – Have a happy and safe 4th of July Owls! If you feel different, you drive different. (204)

7/15/22 – Remember to drink responsibly Owls. (221)

7/29/22 – Make sure you check your speed. #ArriveAlive Owls! #KSUWellness (284)

#### August 2022

A listserv was created of students turning 21 where an electronic version of the 21<sup>st</sup> Birthday card was emailed. Students can opt in to have a hard copy either mailed or picked up at the office (497 cards were emailed; 10 cards were physically mailed to students).

8/8/22 & 8/9/22 Certified Peer Educator Training was offered (6 students passed the certification exam).

Social Media posts were created and posted to various platforms. (Total Reach 1,657)

8/12/22 - Safe Driving, Saves Lives. Please remember to adhere to the speed limit! (304)

8/19/22 – Watch for Pedestrians-Eyes on the Road (460)

8/26/22 – One text can wait. Don't text and drive! (893)

## September 2022

A listserv was created of students turning 21 where an electronic version of the 21<sup>st</sup> Birthday card was emailed. Students can opt in to have a hard copy either mailed or picked up at the office (584 cards were emailed; 46 cards were physically mailed to students).

September-Biennial Review Process of AOD Policy is underway and will be complete by December.

September-NCHA Survey was launched 9.5.22 and closed 9.30.22. (2,362 students completed the survey).

Social Media posts were created and posted to various platforms. (Total Reach 1,992)

9/2/22 – Be safe this weekend, Owls! Buckle Up. (254)

9/9/22 – If you feel different, you drive different. Be safe and don't drive after using cannabis. #KSUWellness (339)

9/19/22 – Buckle up every time. Seat belts save lives. (210)

9/26/22 – Slow down, and pay attention to the road. Sometimes other students don't use the crosswalks or aren't looking at the road signs when they walk out. (781)

9/30/22 – Did you know that KSU Students consume two or fewer drinks while out with friends? (408)

## October 2022

10/4/22: Health and Wellbeing Fair was hosted on the Marietta Campus. The Peer Health Educators and Wellness Peer Mentors hosted a table that promoted harm reduction strategies when using alcohol. (163 students attended).

10/6/22–10/9/22: Program Manager and two peer health educators attended the NASPA Peer Educator Conference.

10/20/22: Fall Festival was hosted and students were able to drive remote control cars while wearing fatal vision goggles, learn about standard drink sizes through pour demos, play cornhole, and were given popcorn and mocktails. Campus partners included University Police Department, Center for Young Adult Addiction and Recovery, Student Conduct and Academic Integrity, and the Wellness Peer Mentors. (243 students participated).

10/28/22: NCHA results were received from September survey period (2,362 students completed the survey).

Social Media posts were created and posted to various platforms. (Total Reach 1,067)

10/13/22 – Fall Festival promotion (503)

10/19/22 – Fall Festival promotion (356)

10/25/22 – Limit distractions by playing a pre-made playlist for your trip (208)\

## November 2022

Social Media posts were created and posted to various platforms. (Total Reach 1,513)

11/3/22 – We want all Owls to arrive alive! Slow down on the roads to adhere to speed limit signs. (374)

11/11/22 – Whether you're driving downtown or to your hometown, make sure you buckle up and get to your Thanksgiving destination safely. #BuckleUp. Every Trip. Every Time. (239)

11/18/22 –The recipe for a #HappyThanksgiving: 1. Get in your car and buckle up. 2. Arrive and have fun with your friends and family. 3. Get back in your car and buckle up for the drive home. #BuckleUp. Every Trip. Every Time. (229)

11/23/22 – Don't drive sauced — leave that to the cranberries. If you've been drinking, call a sober friend, ride share, or taxi to get you home safely. #BuzzedDriving is drunk driving. (671)

## December 2022

12/13/22 and 12/14/22: Certified Peer Educator training was held (6 students attended and all passed).

12/20/22 GOHS grant award press release was issued to local media.

Social Media posts were created and posted to various platforms. (Total Reach 1,588)

12/2/22 – Remember to buckle your seatbelt. Every trip. Every time. (70)

12/9/22 – Stay off Santa's naughty list: If you're impaired, don't get behind the wheel. Call a sober friend, ride share, or taxi to get you home safely. If you feel different, you drive different.. Every Trip. Every Time. (554)

12/16/22 – Today is National Ugly Sweater Day, and this is your friendly reminder to not let those tacky sweaters or your phones distract you this holiday season. It can wait! (457)

12/23/22 – Make a plan before you go out. Designate a sober driver, or schedule your ride share pick-up. Be safe this holiday, Owls. (194)

12/31/22 — You did it Owls! #HootyHoo you made it through 2022. Now it's time to jump with glee for 2023! #NewYearsEve #NewYears2023 (313)

## January 2023

1/19/23 and 1/25/23: Conducted seatbelt survey (surveyed 400 cars; 95% compliance)

1/12/23 and 1/13/23: CHILL Student Involvement Fairs. PHE Recruitment...QR code for application on tables.

Other PHE recruitment for January: poster outside HPW office, social media posts, and Student Inform email.

Social Media posts were created and posted to various platforms. (Total Reach 847)

1/13/23 – Now that school is back in session, please remember to use crosswalks and put your phone away so you can be alert at dangerous intersections. (652) 1/20/23 – According to a recent seat belt survey, 92% of KSU students wore a seat belt while driving (195)

## Feb 2023

PHE recruitment (Through Student Inform and QR code leading to application in Puck outside main door).

Hired two new peer health educators.

Social Media posts were created and posted to various platforms. (Total Reach 1,659)

2/3/23 – Start making your Super Bowl plans early. Designate a sober driver or use rideshare apps to and from wherever you want to watch the big game (397) 2/9/23 – See someone about to get behind the wheel after drinking? Intercept those keys! Fans Don't Let Fans Drive Drunk. #SuperBowlLVII (232)

2/19/23 – Be safe this weekend and designate a driver or use a rideshare app to get home safely (530)

2/23/23 – Mark your calendars! Next week is Safe Spring Break! Stop by and chat with the Peer Health OWLs and other campus partners for fun and games and information on how to stay safe this Spring Break. Thursday, March 2, from 2-5 pm on the Campus Green (500)

# **March 2023**

3/2/23: Safe Spring Break was a collaborative event hosted the week prior to spring break. University Police Department hosted an activity with Fatal Vision Goggles and an obstacle course mat. Center for Young Adult Addiction and Recovery hosted a pour demo to educate students about standard drink sizes. Wellness Coaches provided an interactive activity using spin the wheel. The Peer Health Educators (PHEs) hosted Trivia Pong and frozen mocktails were served to participants. (86 students attended).

3/29/23: A Health Fair was hosted on the Kennesaw campus. Highway safety information was shared at the peer health educator and wellness coaches tables. (426 students attended).

PHE recruitment was conducted at the Health Fair.

A new PHE was hired.

Social Media posts were created and posted to various platforms. (Total Reach 1,442)

3/2/23 — RAIN UPDATE! Safe Spring Break is now in the Student Recreation and Activities Center, Room 1220. (306)

3/3/23 – Have a safe spring break Owls. Hopefully, you can soak up some sun and avoid this rain. (511)

3/10/23 We hope you Owls had a wonderful break and got to enjoy the nice weather. As you head back to campus after #SpringBreak, don't forget to #BuckleUp. #ClickItOrTicket (301) 3/17/23 — Be sure to designate a sober driver for the upcoming celebrations. 

#stpatricksday #kennesawstate #kennesawstateuniversity #stpattysday (324)

# **April 2023**

Seatbelt Survey was conducted at four campus locations. (surveyed 400 cars; 94% compliance)
Social Media posts were created and posted to various platforms. (Total Reach 419)

4/17/23 – Do not allow distractions while driving. U Drive. U Text. U Pay.(223) 4/20/23 – Avoid drug impaired driving at all costs. Stay safe Owls. (196)

# May 2023

5.10.23 and 5.11.23: CPE training was held (6 students attended and passed the CPE exam).

## June 2023

6/28/23: The Summer Safety event was hosted on the Kennesaw campus and featured four different tables all consisting of different ways to educate students on how to be safe if/when they consume alcohol. Mocktails, interactive educational games, and brochures were available. (35 attended).

Social norms messages are in the editing phases. (stickers, bus shelter ads, bus ads, and social media).

#### **July 2023**

Social norms messages for shuttles and shelters are approved. Scheduled to post in August and September.

Social norms messages are in the editing and approval phases. (stickers and social media paid ads).

#### August 2023

Social norms messages are posted in all shuttles and designated shelters.

Paid social media ads were posted.

Social norm stickers have been approved and sent to the printer for production.

PHE recruitment was conducted at two student involvement fairs held during the Week of Welcome.

The AOD policy was reviewed in March 2023. The review process has changed at KSU since the AOD Committee has been absorbed by another committee.

## September 2023

Social norms messages were posted in all shuttles and designated premium shelters. For the months of August and September, 57,579 riders/students saw ads at the bus shelters and 191,536 riders/students saw the ads inside the shuttles.

Paid social media ads were posted.

Social norm stickers were received from the printer and will be distributed to students at highway safety/alcohol education events.

#### October 2023

10/18/23: Fall Festival Participants were able to learn about responsible alcohol consumption in a casino themed game night. Stations included roulette, jeopardy, pin the wing on the owl, and BINGO. Students earned tickets at each station and were able to enter the raffle for prizes. University Police, Center for Young Adult Addiction and Recovery, and Student Conduct and Academic Integrity departments each hosted a table and provided alcohol education. (30 Attended).

10/19/23: Health Resource Fair was hosted on the Marietta Campus. The Peer Health Educators hosted a table that promoted harm reduction strategies when consuming alcohol. (94 students attended).

Recruit PHEs at department sponsored events.

Social Media posts were created and posted to various platforms. (Total Reach 600)

10/3/23 – Remember to share the road. (106)

10/6/23 – Remember to pay attention to school buses (274)

10/25/23 – Be sure to stop before train crossings! #staysafe (220)

# November 2023

Press release was written and approved by GOHS and KSU's Strategic Communication. Scheduled to be released 12/1/23.

11/13/23, 11/15/23, and 11/17/23: Conducted seatbelt survey (surveyed 400 cars; 93.25% compliance)

PHE recruitment held at the Teatime and Terrariums event.

#### Social Media:

- 11.8.23: Avoid Multitasking while driving (96)
- 11.10.23: Drive sober. Remember is you feel different, you drive different. (167)
- 11.14.23: Always use the crosswalks (128)
- 11.17.23: Buckle Up. 9 out of 10 KSU students buckle up. (202)
- 11.20.23: Always remember to share the road with motorcyclists. (135)
- 11.27.23: Slow down! Normal speed meets every need. (291)

# December 2023

12/1/23: Press release of grant award was submitted to local media by KSU's Strategic Communication.

12/12/23 and 12/13/23: Certified Peer Educator training was held (2 students attended and all passed).

IRB application was approved for implementing NCHA survey. Marketing materials were developed to help promote visibility of survey when it launches in February (student inform email, social media, digital television, website, flyer, and napkin dispenser inserts).

## January 2024

Marketing materials were scheduled to help promote visibility of NCHA survey when it launches in February (student inform email, social media, digital television, website, flyer, and napkin dispenser inserts).

PHE recruitment was held at programs hosted on 1.25.24, 1.30.24, and 1.31.24.

Social Media: (#879)

- 1.10.24 Buckle Up, Be Safe (27)
- 1.18.24 Defrost Your Car for Visibility (251)
- 1.24.24 GA is a handsfree state (183)
- 1.29.24 Stay alert at train crossing and be safe (289)
- 1.31.24 Slow down in school zones (129)

#### February 2024

Spring-ACHA-NCHA survey launched February 5 and closed on February 23. A total of 1,103 students completed the survey.

PHE recruitment was held at programs hosted on 2.12.24, 2.14.24 and 2.15.24 and social media on 2.10.24, 2.13.24, and 2.27.24.

Social Media: (#2,262)

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2.10.24 – Ask the PHEs (499)
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2.12.24 - Crosswalks (158)

2.13.24 – PHE Promo (442)

2.14.24 – Avoid Distracted Driving (176)

2.19.24 – Distraction free driving (218)

2.22.24 – Share the road with motorcyclists (155)

2.27.24 – Speeding puts lives at risk (132)

2.27.24 – Typical life of a PHE (288)

2.29.24 – Buckle up every time (194)

#### March 2024

3.7.24: Safe Spring Break: Students could stop by and chat with the Peer Health OWLs and other campus partners for fun and games and information on how to stay safe this Spring Break. (135 Attended).

3.28.24: Health Fair was hosted on the Kennesaw Campus. Peer Health Educators hosted a table and conducted an activity using Fatal Vision Goggles. (205 attended).

Spring-ACHA-NCHA survey results were received from the American College Health Association.

PHE recruitment was held at programs hosted on 3.7.24 and 3.28.24.

Social Media: (#1,383)

3.4.24 – Safe Spring Break (321)

3.12.24 – Stay alert at train crossings (263)

3.18.24 – Health Fair promotion (379)

3.25.24 – Cellphone distractions (165)

3.26.24 – Drive sober or get pulled over (128)

3.27.24 – Always use the crosswalks (127)

#### **April 2024**

4/18/24 and 4/22/24: Conducted seatbelt survey (surveyed 400 cars; 93% compliance)

PHE recruitment was held at programs hosted on 3.7.24 and 3.28.24.

Social Media: (#1,823)

4.2.24 - PHE Recruitment (503)

4.11.24 – Avoid distracted driving (208)

4.11.24 – Stopping for school buses (150)

4.17.24 – Share the road with motorcyclists (133)

4.22.24 – Seatbelt-Click it or ticket (163)

4.26.24 – Know your limits-dangerous duo (479)

4.30.24 – PHE Recruitment (187)

#### May 2024

PHE recruitment was held at five new student orientations.

Social Media: (#1,247)

5.5.24 – Happy Cinco de Mayo Owls! Always remember to practice good safety habits in relation to alcohol. (180)

5.8.24 – Buckle up and stay safe! Your seatbelt is your best accessory on the road. (153)

5.10.24 – Look left, look right, stay in sight! Always prioritize pedestrian safety. (186)

5.15.24 – Share the road, save a life! Let's all be mindful of motorcycles and give them the space and respect they deserve on the road (221)

5.29.24 - Stop. Trains Can't. (181)

5.31.24 – Clear mind, safe drive! Keep everyone safe on the road by avoiding drug impaired driving. (326)

#### June 2024

New PHEs completed the Certified Peer Educator training (2 attended; 2 passed)

6/24/24: Summer Safety: A fun and informative program was held aimed at promoting alcohol safety among college students. At Summer Safety, students had the opportunity to participate in a pour demonstration and were served mocktails (45 attended).

PHE recruitment was held at nine new student orientations.

Social Media: (#2,940)

6.3.24 – In honor of world bicycle day, be sure to implement good safety habits. Always wear your helmet. (180)

6.7.24 – In honor of national donut day, DONUT forget to put on your seatbelt. (302)

6.10.24 – Here are some tips to avoid distracted driving. #SafeDriveSaveLife. (218)

- 6.12.24 Speeding catches up with you. Be sure to always follow the speed limit. #safetyfirst #SafeDriving (210)
- 6.17.24 Quick reminder to ensure safety for all. (214)
- 6.21.24 Remember to drive sober or get pulled over. (150)
- 6.24.24 Summer Safety Event Promotion. (478)
- 6.26.24 Always give motorcycles at least a car length of space when following them. (104)
- 6.28.24 Enforce good safety habits by using the crosswalks at all times when available. (1,084)

#### **Appendix C**

# Kennesaw State University Athletics Department Drug and Alcohol Programming 2022-2024

#### **Spring 2024**

#### **Drug Prevention Education**

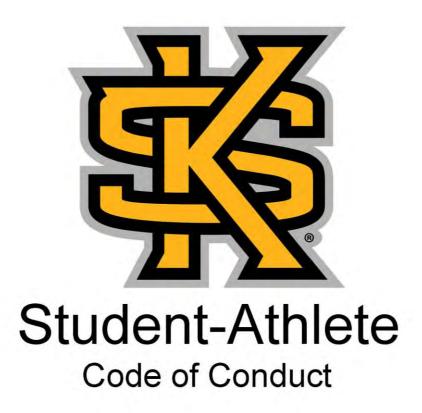
February 13, 2024 11a-12:30p, and 3p-4:30p

In person

Dr. Marcus Amos, a certified alcohol and drug abuse counselor and player development specialist, came to KSU to speak to our student athletes about Opioid and Prescription Drug Use. His presentation discussed the prevalence of prescription and other drug use among young athletes, as well as focused on mental health and prevention tools. Athletes can be especially vulnerable to opioid addiction — Prescription drugs used to combat injuries become gateways to other, more dangerous medications.

Prillaman 1105, and Convocation center 2007

12 student athletes participated.



## STANDARDS & POLICIES FOR STUDENT-ATHLETES

#### Introduction

The Kennesaw State University Student-Athlete Handbook will provide valuable and meaningful information to all student-athletes as we enter the new academic and athletic year. Please utilize this resource, in conjunction with the KSU Student Handbook, to familiarize yourself with the rules and resources available to you.

On behalf of the KSU administration, KSU Athletics, student services and supporters, all student-athletes are wished a highly successful academic and athletic year.

#### **KSU Student Publications**

- Each student-athlete is expected to be familiar with and have a working knowledge of the KSU Student Handbook, the KSU Student-Athlete Handbook and relevant sections of the KSU Undergraduate Catalog (http://catalog.kennesaw.edu/index.php)
- These publications contain invaluable information regarding various facets and functions of KSU.
   Consulting these books and corresponding web sites will answer many important questions about a student-athlete's rights and responsibilities, as well as other topics.

#### Statements of Responsibility

- As a student-athlete at Kennesaw State University, you are responsible for knowing, understanding and adhering to the information in this Student-Athlete Handbook.
- You are also responsible for other information provided by your coach and other KSU Athletics personnel.
- As a KSU student-athlete, you are a representative of this University and the Department of Athletics
  and are expected to adhere to the policies of both entities. Every student-athlete is responsible for
  abiding by the KSU Student Code of Conduct.
  https://scai.kennesaw.edu/KSU Codes of Conduct 2019-2020.pdf

#### The NGAA, ASUN Conference and Big South Conference

- ALL intercollegiate teams at KSU are governed by the rules and regulations of the National Collegiate Athletic Association (NCAA) as well as the ASUN Conference or Big South Conference.
- The Assistant Athletics Director for Compliance is the interpreter of NCAA rules and regulations and any need for information and/or interpretation should be directed to the Compliance Office.

#### NCAA Core Values

The National Collegiate Athletic Association – through its member institutions, conferences and national office staff – shares a belief in and commitment to:

- the collegiate model of Athletics in which students participate as an avocation, balancing their academic, social and Athletics experiences
- · the highest levels of integrity and sportsmanship
- · the pursuit of excellence in both academics and Athletics
- the supporting role that intercollegiate Athletics plays in the higher education mission and in enhancing the sense of community and strengthening the identity of member institutions
- an inclusive culture that fosters equitable participation for student-athletes and career opportunities for coaches and administrators from diverse backgrounds
- respect for institutional autonomy and philosophical differences
- Presidential leadership of intercollegiate Athletics at the campus, conference and national levels.

KSU Athletics upholds the core values of the NCAA. As such, student-athletes are expected to reflect the high standards of honesty and integrity and follow the policies in this handbook. Student-athletes are held to these expectations.

#### STUDENT-ATHLETE CODE OF CONDUCT

#### **Code of Conduct Overview**

Participation in intercollegiate athletics at Kennesaw State University is a privilege extended to a few. While participating in intercollegiate athletics you are an ambassador for the university, the expectation is for your conduct on and off campus to be exemplary. Athletes must be aware that your standard of behavior will be judged at a higher level than that of the regular student. The Student-Athlete Code of Conduct sets expectations for how student-athletes are to represent the University and further outlines consequences for failure to adhere to these expectations.

This policy applies to all the following:

- "student-athletes," including student-athletes participating in pre-season practice or competition;
- misrepresentations made by, or on behalf of, a student-athlete during the student-athlete's recruitment, whenever that recruitment takes place, to a coach or other university officer about the student-athlete's involvement in a violation of a criminal law;
- participation in the Athletics program at Kennesaw State University. The university may prohibit a studentathlete who violates this policy from participation in athletics practice and competition, utilizing athletically related services (e.g., use of the weight room, academic support or training room), or receiving any athletically related financial aid and athletic awards at the university;
- a student-athlete who is a member of a Kennesaw State University sports team, including student-athletes
  participating in preseason practice or competition, for conduct that is a major or secondary offense under this
  framework, if such conduct occurs after the student-athlete
  - signs a National Letter of Intent and/or financial aid agreement to attend Kennesaw State University, or
  - initially enrolls at Kennesaw State University, whichever date is first;

- . is the subject of a criminal proceeding if the proceeding occurs after the student-athlete
  - signs a National Letter of Intent and/or financial aid agreement to attend Kennesaw State University, or

has enrolled at Kennesaw State University, whichever occurs first.

#### **Disciplinary Policy**

Student-athletes are expected to follow the coaches' policies regarding training, practice, discipline and all team matters, as well as the policies and procedures of KSU and the Department of Athletics. The Director of Athletics and Department of Athletics are responsible for the enforcement of NCAA regulations, ASUN or Big South Conference regulations, Department of Athletics policies, and team rules. Student-athletes who violate any of these policies may be subject to disciplinary action.

Student-athletes must acknowledge receipt of and agree to comply with the Code of Conduct in order to participate in athletics. KSUAA reserves the right to make changes to the Code. By signing the consent form, the student-athlete also acknowledges that it is the right of each sport team to develop and administer team-specific policies that may prohibit additional behavior and provide for more severe sanctions than this Code.

All Kennesaw State University students must adhere to the KSU Student Code of Conduct:

https://scai.kennesaw.edu/KSU Codes of Conduct 2019-2020.pdf

Student-athletes residing on-campus or visiting on-campus housing must adhere to policies listed in the Resident Handbook:

https://ksuhousing.kennesaw.edu/resources/documents.php

All student-athletes are subject to the normal KSU student conduct process and may be presented with additional sanctions by the Department of Athletics as necessary. The SCAI Misconduct Procedures are set forth in further detail on the following webpage: <a href="https://scai.kennesaw.edu/procedures/scai-misconduct.php">https://scai.kennesaw.edu/procedures/scai-misconduct.php</a> Each team may be presented with a team handbook with team specific expectations and/or rules at the discretion of the head coach.

#### Reporting of Misconduct

Student-athletes have the responsibility to report any detainment by a law-enforcement agency; criminal charges filed by any agency; and KSU Student Code of Conduct violations to their coach immediately (within 24-hours of the incident or notification of a violation). The Coach upon receiving a report of misconduct, is required to inform their immediate supervisor (Program Administrator and/or Athletics Director) immediately or within 12 hours after learning of an infraction.

#### Student-athletes are subject to the following sanctions:

Student-athlete will face immediate suspension from all athletically related activity following an arrest or charge related to a local, state or federal crime. Following the immediate suspension, the violation will then be reviewed further by the Director of Athletics or his/her designee, the Faculty Athletics Representative (FAR), Program Administrator and Head Coach to determine if any further sanctions are warranted or precedented.

- Student-athlete that is convicted, pleads guilty or submits admission of responsibility for a felony (a crime punishable by
  imprisonment for more than one year) will face immediate and permanent suspension from the associated team, including
  team activities and amenities, and lose all athletically related financial aid.
- Hazing of any kind will not be tolerated. Hazing is defined as any intentional, negligent, or reckless action, activity, or
  situation, whether on or off campus, which, as a condition or precondition of gaining acceptance, membership, office, or
  other status in a student group, (a) endangers or is likely to endanger the physical health of a student or (b) coerces a
  student, through the use of social or physical pressure, to consume any food, liquid, alcohol, drug, or other substance
  which subjects the student to a likely risk of vomiting, intoxication, or unconsciousness, or (c) causes an individual pain,
  embarrassment, ridicule, or harassment, regardless of a student's willingness to participate in that action or activity. Hazing

is prohibited by state and federal law and KSU's Hazing Policy. All reports or findings of hazing activities will be reported to the Department of Student Conduct and Academic Integrity for adjudication and could also result in criminal charges. Following the completion of the cases findings, sanctions will be delivered and could include suspension from practice, multiple games/events, required counseling, loss or reduction of athletically related financial aid and/or dismissal from the team. Student-athletes are specifically included in Georgia's Anti-Hazing law, and information about the resolution of conduct hearings and criminal convictions regarding hazing incidents will be published online at: <a href="https://scai.kennesaw.edu/compliance.php">https://scai.kennesaw.edu/compliance.php</a> The violation will then be reviewed further by the Director of Athletics or his/her designee, the FAR, Program Administrator and Head Coach to determine if any further sanctions are warranted or precedented.

Student-athlete that is arrested, charged or submits an admission of responsibility for a **misdemeanor** (a crime punishable by imprisonment of less than one year) may face suspension from athletically related activities, including practice and/or competition.

- Student-athlete that is convicted, pleads guilty or submits admission of responsibility for a misdemeanor, in addition to the
  suspension from athletically related activities, may serve a minimum of 10% suspension from the next immediate
  competitive season. Additional sanctions extended beyond the 10% competitive suspension may include suspension from
  practice, multiple games/events, required counseling, loss or reduction of athletically related financial aid, loss of team
  amenities, and/or dismissal from the team. The violation will then be reviewed further by the Director of Athletics or his/her
  designee, FAR, Program Administrator and Head Coach to determine if any further sanctions are warranted or
  precedented.
- Student-athlete with an initial positive drug/alcohol test or finding under the Drug/Alcohol, Testing and Treatment
  program will be notified of the requirement to complete counseling session(s) with the Center for Young Adult Addiction
  and Recovery. The violation will then be reviewed further by the Director of Athletics or his/her designee, the FAR, Program
  Administrator and Head Coach to determine if any further sanctions are warranted or precedented. Student-athlete failure
  to follow recommendations made under the Drug/Alcohol, Testing and Treatment program will face suspension from all
  activities, including practice and/or competition and could result in loss of athletically related financial aid, loss of team
  amenities, and/or dismissal from the team.
- Student-athletes with a second positive drug/alcohol test or finding under the Drug/Alcohol, Testing and Treatment program, in addition to sanctions prescribed with the first positive finding, will immediately be suspended for 20% of the next and immediate competitive season, to be applied across dual seasons if necessary. Student-athlete failure to follow recommendations made under the Drug/Alcohol, Testing and Treatment program will face suspension from all activities, including practice and/or competition and could result in loss of athletically related financial aid. The violation will then be reviewed further by the Director of Athletics or his/her designee, Program Administrator and Head Coach to determine if any further sanctions are warranted or precedented. Student-athlete failure to follow recommendations made under the Drug/Alcohol, Testing and Treatment program will face suspension from all activities, including practice and/or competition and could result in loss of athletically related financial aid, loss of team amenities, and/or dismissal from the team.
- Student-athlete with a third positive drug/alcohol test or finding under the Drug/Alcohol, Testing and Treatment program
  will face immediate and permanent suspension from the associated team, including team activities, team amenities, and
  lose all athletically related financial aid.

Failure to Report for a Drug Test

- Any SA who does not report for drug-testing at the designated time on the scheduled date, will be reported to the KSU Athletics DAC.
- The SA will be charged with a positive drug test and will be subject to the appropriate disciplinary actions.
   Contract
- The SA will sign a Disciplinary Action Contract.
- . This contract will outline disciplinary actions and procedures the SA must follow as part of the Alcohol and Drug Program.
- Failure to comply with the contract can result in suspension or termination from the team.
   Faisification of Test Results
- Any attempt to falsify test results by providing false information, altering a urine sample, manipulating test results, or any other conscientious effort to circumvent the drug-testing process will result in an automatic dismissal from participation in Kennesaw State University's athletic program.

Repeat violations or compounding violations of the Student-Athlete Code of Conduct may result in immediate and permanent suspension from the associated team and loss of athletically related financial aid.

In addition to the prescribed sanctions in this policy, the Director of Athletics, his/her designee, the FAR, Program Administrator and/or Head Coach may have discretion to add additional sanctions. All additional sanctions added by the FAR, Program Administrator, and/or Head Coach must be approved by the Director of Athletics or his/her designee. All sanctions will be documented and agreed upon by using a Disciplinary Action Contract between the student-athlete, Director of Athletics, his/her designee, the program administrator, and head coach. Additionally, all corrective sanctions will be shared and reviewed with the Faculty Athletics Representative to ensure transparency and consistency within the prescribed policy.

These specific examples may not encompass all infractions that could be reviewed under the purview of the KSUAA Disciplinary Policy.

#### SA Code of Conduct Violation and Sanction Appeals Process

SA must submit appeal in writing within five (5) business days of misconduct/sanction notification.

#### Conduct Appeals Review

- Review will consist of the Director of Athletics or his/her designee, the Program Administrator (PA) and the Faculty Athletics Representative (FAR).
- Athletic appeals review members can elect to hold a call or in person meeting with the SA if necessary.
- Appeal review and decision must be provided to the SA within five (5) business days of the appeal receipt.
- SA will be notified of the appeal decision in writing.
- After athletic appeal decision is shared, should SA seek additional relief from the prescribed misconduct sanctions, they can appeal to the Provost's Athletics Oversight Committee (PAOC).

The PAOC appeals committee review consists of a three-person review comprised of faculty and/or staff. Decision from PAOC will be final.

#### DRUG AND ALCOHOL PROGRAM

#### **ELIGIBILITY FOR TESTING**

- All active SAs who are listed on the NCAA Squad Lists (not including SAs who have exhausted eligibility), as well as the Spirit Squad members will be eligible for random drug testing and will participate in the drug and alcohol education program.
- All SAs who are listed on the NCAA Squad Lists (including those with exhausted eligibility) are eligible for "cause" testing.

#### PROGRAM DESCRIPTION

The KSU Drug and Alcohol Program is administered under the direction of the KSU Athletics Drug and Alcohol Committee (DAC). This committee consists of the Director of Athletics (AD), the Assistant AD for Compliance, the Senior Woman Administrator (SWA), the Director of Sports Medicine and the Team Physician (or their designees).

The Drug and Alcohol Program consists of eight components, drug/alcohol education, reportable offenses, random/probable cause notification, testing, disciplinary actions, Safe Harbor, appeal process, and drug counseling and rehabilitation. The program complies with and augments NCAA and KSU Alcohol and Drug Programs and Policies.

#### A. Drug/Alcohol Education

- KSU Athletics will sponsor a drug/alcohol education program that is coordinated by the Sports Medicine and SA Welfare staffs.
- The objective of the program is to deter illegal drug/dietary supplement use and alcohol
  abuse by educating SAs about the physical, social, psychological, financial and legal
  problems associated with alcohol abuse and drug use
- The education program consists of lectures, audio-visual presentations, computer programs and printed materials.
- All KSU Athletics coaches and SAs will receive educational information throughout the academic year. Special mandatory meetings may be held at the discretion of the KSU Athletics DAC and/or the Head Coach.

#### B. Reportable Offenses

- Any SA involved in an alcohol or drug-related incident including, but not limited to DUI, fighting, domestic violence, trafficking in controlled substances, possession of drug paraphernalia (including hookahs), etc., will be subject to immediate evaluation for possible alcohol or drug abuse.
- The incident will be investigated by KSU Athletics personnel in conjunction with KSU officials:
- The SA will be required to undergo evaluation, counseling and drug testing as determined by the KSU Athletics DAC.
- Conclusions of the investigation and subsequent testing may result in probation, suspension and/or termination from the team and can be considered a violation of the Alcohol and Drug Policy, as determined by the Director of Athletics.
- Violations of the KSU Residential and/or Student Code of Conduct policies will be sent to the Director of Athletics. The Director of Athletics will determine if these infractions also constitute violations of this drug and alcohol policy subject to evaluation, counseling, testing and disciplinary action

#### C. Notification

#### Random Selection

- Each SA will be subject to random testing on multiple occasions throughout the academic year
- The drug-testing schedule will be determined by the Sports Medicine Staff, with the approval of the Director of Athletics.
- The selection of individuals will be made through a computer-generated blind drawing by the contracted testing company.
- The selection pool may include but is not limited to all SAs across all teams or on a team-byteam basis
- Testing can occur in the pre-season and post-season, as well as during the regular academic year/season.
- The Sports Medicine Staff will notify the head coaches regarding the selection of his/her SAs.
- Each selected SA will receive verbal notification from the Head Coach (or designee) that

- he/she must report to the athletic training room to sign a written notification.
- The written notification states that he/she has been selected for testing, the date on which testing will occur and the time and location of testing.
- The selected SAs will be required to sign a statement prepared by the office of the
  Director of Athletics acknowledging that they understand they have been selected for
  testing and are aware of the date, time and place of testing.

#### Reasonable Suspicion

- SAs will be drug-tested and/or evaluated if there is reasonable suspicion to suspect alcohol, drug use or abuse.
- The coaching staff, administrators, academic advisors, athletic trainers or strength coaches
  may receive a report of substance abuse or observe certain signs, symptoms or changes in
  behavior that may cause him/her to suspect substance abuse. These staff members have a
  duty to report any suspicions to a member of the KSU Athletics DAC.
- A signed report will be forwarded to all members of the committee. This report includes specific information regarding typical behaviors.
- The KSU Athletics DAC will decide if probable cause exists for testing.
- The Director of Athletics (or designee) will meet with the SA and provide written notification regarding the decision to require drug/alcohol testing based on probable cause
- As outlined in the Disciplinary Action section, any SA who has a positive drug/alcohol test is subject to a re-entry test and follow-up testing for the remainder of their time as a KSU SA.
- The re-entry and follow-up testing are considered probable cause testing and the SA will
  receive the same written notification.

#### D. Testing

 Urinalysis will be the method of choice for drug and/or alcohol testing. Other methods of drug and/or alcohol testing may be utilized.

#### E. Consent Forms

Each SA must sign an NCAA Drug Testing Consent Form, provided by the compliance
office, and a KSU Athletics alcohol-drug testing authorization form, provided by the Sports
Medicine office, each year. These forms will be kept on file in the respective offices. A SA
who does not sign the authorization forms will not be permitted to participate in practice or
competition.

#### F. Banned Substances

- The KSU Athletics drug testing will include but is not limited to the substances listed on the NCAA Banned Drug Classes List.
- KSU Athletics may test for cut-off levels lower than that of the NCAA drug testing program.
- Note: A student-athlete will be in violation of this policy if he/she tests positive for a
  prescription drug that has not been prescribed to him/her. Prescription medications must be
  disclosed prior to testing. Physician documentation will be required.

#### G. Collection Methodology

- KSU Athletics has contracted with a drug testing company and certified commercial laboratories to perform the collection and testing of KSU SAs.
- The testing companies' protocols will be followed for collection.
- Direct observation of the SA during collection is required per NCAA testing protocol.

- The SA must provide an acceptable (unadulterated) sample for testing or face disciplinary action.
- Members of the KSU Sports Medicine staff have been trained as sports drug-testing collectors and may perform the collection services.
- The collectors will follow the testing company's procedures, guidelines and chain of custody requirements for the urine sample.

#### H. Positive Results

- All drug-testing results are delivered to the Director of Athletics, SWA, the Director of Sports Medicine and the Drug Testing Coordinator.
- . The SWA reports the results to the KSU Athletics DAC.
- The committee will determine if a positive test constitutes a violation of this drug and alcohol
  policy
- The KSU Director of Athletics (or designee) will meet with the SA to review the positive test and consequences.
- The SA will then be referred to the SWA (or designee) who will review the established
  policy and procedures, including the appeal process, appropriate disciplinary actions and
  explain the program of evaluation, counseling and future testing.
- The respective Head Coach will then be notified and will meet with the SA to inform him/her
  of any disciplinary action over and above the KSU Athletics' required sanctions,
- A contract which states the specific disciplinary actions, including action by the Head Coach, will be signed by the SA, Head Coach and SWA.

#### I. Confidentiality

- Only the Drug Testing Coordinator has the drug-testing rosters, which matches SA names with numbered results.
- Only the KSU Athletics DAC, Head Coach and Substance Abuse Counselor are informed of the identity of the SA with a positive test.

- Other Individuals (Assistant Coaches, Strength Staff, Athletic Trainers, Academic Staff, Medical Staff, etc.) will be informed only on a need-to-know basis
- As part of the treatment program, the SA may be required to participate in group counseling sessions which may affect confidentiality.

#### J. NCAA Year-Round Drug Testing

- . The KSU Athletics will participate in the NCAA Year-Round Drug Testing Program.
- A copy of the NCAA Year-Round Testing Program is on file in the Athletic Training Roomand Compliance office.
- A positive NCAA test will count as a positive KSU test and will be sanctioned accordingly

#### K. NCAA Championship Drug Testing

- In the event that a team/individual qualifies for an NCAA Championship event (Regional or National), they are subject to NCAA Championship Drug Testing.
- A positive NCAA test will count as a positive KSU test and will be sanctioned accordingly.

#### L. Disciplinary Actions

· All alcohol and drug offenses are cumulative throughout the SA's eligibility

#### NCAA Year-Round and Championship Testing Program

- A positive drug test in the NCAA Drug Testing Program will result insanctions determined by the NCAA.
- . KSU has no input in the NCAA's decision-making or control over the sanctions.
- A positive test result in the NCAA program may be considered a positive test result in the KSU program, per the KSU Athletics DAC.
- KSU Athletics disciplinary actions will be in addition to the NCAA's sanctions.

#### KSU Athletics Alcohol and Drug Disciplinary Policy

- The team physician may suspend the SA from all athletic participation if medically indicated following a positive drug test result
- Any student-athlete with a positive drug test or a confirmation of substance use will be required to meet with a substance abuse counselor.
- Any student-athlete with a positive drug test may be
  - Subject to follow-up drug-testing for the remainder of eligibility at KSU.
  - Negative re-entry drug-test prior to reinstatement for games/contests.
  - Following the first positive drug test, the SA may be screened again.
    - Since certain drugs can remain in the human body for extended periods of time, the SA will be tested until he/she receives a negative test result.
    - However, each test must show evidence of no increased drug use or it can be considered as another offense.
- Once a negative test is obtained, any subsequent positive test will be treated as an additional offense
- · Parent/Guardian may be notified by the Director of Athletics

# Mcan

#### 2024-25 NCAA Banned Substances

NCAA legislation requires that schools provide drug education to all student athletes. The athletics director or athletics director's designee shall disseminate the list of banned-drug classes to all student-athletes and educate them about products that might contain banned drugs. All student-athletes are to be notified the list may change during the academic year and that updates may be found on the NCAA website (ncaa.org). They should also be informed of the appropriate athletics department procedures for disseminating updates to the list. It is the student-athlete's responsibility to check with the appropriate or designated athletics staff before using any substance.

#### The NGAA bans the following drug classes:

- 1. Stimulants.
- 2. Anabolic agents.
- 3. Beta blockers (banned for rifle only).
- 4. Diuretics and masking agents.
- 5. Narcotics.
- 6. Peptide hormones, growth factors, related substances and mimetics.
- 7. Hormone and metabolic modulators.
- 8. Beta-2 agonists.

Note: This is not a complete or exhaustive list. Any substance chemically/pharmacologically related to these classes also is banned. The school and the student-athlete shall be held accountable for all drugs within the banned-drug class regardless of whether they have been specifically identified. Examples of substances under each class can be found at <a href="mailto:ncaa.org/drugtesting">ncaa.org/drugtesting</a>. There is no complete list of banned substances.

#### Substances and Methods Subject to Restrictions:

- 1. Blood and gene doping.
- 2. Local anesthetics (permitted under some conditions).
- 3. Manipulation of urine samples.
- 4. Tampering of urine samples.
- 5. Beta-2 agonists (permitted only by inhalation with prescription).

#### NCAA Nutritional/Dietary Supplements:

Before consuming any nutritional/dietary supplement product, first review the product and its label with your athletics department staff.

- 1. There are no NCAA-approved nutritional or dietary supplements.
- Nutritional/dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test.
- 3. Student-athletes have tested positive and lost their eligibility using nutritional/dietary supplements.
- 4. Many nutritional/dietary supplements are contaminated with banned drugs not listed on the label.
- 5. While third- party tested and low-level risk products may be options, complete elimination of risk is impossible.
- 6. All nutritional/dietaty supplements are taken at the student-athlete's own risk.

Athletics department staff should provide guidance to student-athletes about supplement use, including a directive to have any product checked by qualified staff members before consuming. The NCAA subscribes only to Drug Free Sport AXIS™ (AXIS) for authoritative review of label ingredients in medications and nutritional/dietary supplements. Contact AXIS at 816-474-7321 or axis.drugfreesport.com (access code ncaa1, ncaa2 or ncaa3).

# THERE IS NO COMPLETE LIST OF BANNED SUBSTANCES. DO NOT RELY ON THIS LIST TO RULE OUT ANY LABEL INGREDIENT.

Many nutritional/dietary supplements are contaminated with banned substances not listed on the label.  $\bar{u}$  is the student-athletes responsibility to check with the appropriate or designated athletics staff before using any substance.

Drug Classes	Some Examples	of Substances in Each Class	
Stimulants	Amphetamine (Adderall) Caffeine (Guarana) Cocaine Dimethylbutylamine (DMBA; AMP) Dimethylhexylamine (DMHA; Octodrine) Ephedrine Heptaminol Hordenine Lisdexamfetamine (Vyvanse)	Methamphetamine Methylhexanamine (DMAA; Forthane) Methylphenidate (Ritalin) Mephedrone (bath salts) Modafinil Octopamine Phenethylamine (PEA) and its derivatives Phentermine Synephrine (bitter orange)	
Anabolic Agents	Exceptions: Phenylephrine and Pseudoephedrine Androstenedione Boldenone Clenbuterol Clostebol DHCMT (Oral Turinabol) DHEA Drostanolone Epitrenbolone Etiocholanolone	Methandienone Methasterone Nandrolone (19-nortestosterone) Oxandrolone SARMS [Ligandrol (LGD-4033); Ostarine; RAD140; 23] Stanozolol Stenbolone Testosterone Trenbolone	
Beta Blockers (banned for rifle only)	Arenolol Metoprolol Nadolol	Pindolol Propranolol Timolol	
Diuretics and Masking Agents	Bumetanide Canrenone (Spironolactone) Chlorothiazide Furosemide	Hydrochlorothiazide Probenecid Trianterene Trichlormethiazide	
Exceptions: Finasteride is not banned.  Narcotics  Buprenorphine Dextromoramide Diamorphine (heroin) Fentanyl and its derivatives Hydrocodone Hydromorphone Hydromorphone Meperidine Meperidine  Exceptions: Finasteride is not banned.  Methadone Morphine Morphine Nicomorphine Oxymorphone Oxymorphone Pentazocine Meperidine Tramadol		Morphine Nicomorphine Oxycodone Oxymorphone	
Peptide hormones, growth factors, related Growth hormone (hGH) Erythropoietin IGF-1 (colostru		Erythropoietin (EPO) IGF-1 (colostrum; deer antler velvet) Ibutamoren (MK-677)	
Hormone and Metabolic Modulators	Anti-Estrogen (Fulvestrant) Aromatase Inhibitors [Anastrozole (Arimidex); ATD (androstatrienedione); Formestane; Letrozole] PPAR-d [GW1516 (Cardarine); GW0742] SERMS [Clomiphene (Clomid); Raloxifene (Evista); Tamoxifen (Nolvadex)]		
Beta-2 Agonists	Albuterol Formoterol Higenamine	Salbutamol Salmeterol Vilanterol	

Any substance that is chemically/pharmacologically related to one of the above drug classes, even if it is not listed as an example, is also banned.

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting AXIS at 816-474-7321 or <a href="mailto:axis.drugfreesport.com">axis.drugfreesport.com</a> (access code ncaa1, ncaa2 or ncaa3).

## **Appendix D**

### **Clery Totals for AOD Incidents**

#### **Extracted from KSU Annual Security and Fire Safety Report (ASFR)**

Full Report Available Online: <a href="https://online.fliphtml5.com/axsv/slbm/#p=77">https://online.fliphtml5.com/axsv/slbm/#p=77</a>

#### **KENNESAW CAMPUS**

#### **NUMBER OF ARRESTS FOR SELECTED OFFENSES**

(THESE NUMBERS INCLUDE BOTH CITATION ARRESTS AND PHYSICAL ARRESTS)

Offense Type	Year	On Campus	On Campus Student Housing	Non-Campus Building and Property	Public Property	Total
Liquor Law	2021	7	2	0	3	10
Violations	2022	10	2	0	3	13
	2023	0	0	0	2	2
Drug	2021	31	5	0	8	39
Violations	2022	33	4	0	12	45
	2023	10	3	0	4	14

#### NUMBER OF JUDICIAL REFERRALS FOR SELECTED OFFENSES

(THESE NUMBERS ARE PROVIDED BY THE DEPARTMENT OF STUDENT CONDUCT AND ACADEMIC INTERGITY)

Offense Type	Year	On Campus	On Campus Student Housing	Non-Campus Building and Property	Public Property	Total
Liquor Law	2021	141	139	0	0	141
Violations	2022	85	85	0	4	89
	2023	88	82	0	0	88
Drug	2021	154	65	0	0	155
Violations	2022	111	36	0	8	119
	2023	132	67	0	1	133

### **MARIETTA CAMPUS**

#### NUMBER OF ARRESTS FOR SELECTED OFFENSES

(THESE NUMBERS INCLUDE BOTH CITATION ARRESTS AND PHYSICAL ARRESTS)

Offense Type	Year	On Campus	On Campus Student Housing	Non- Campus Building and Property	Public Property	Total
Liquor Law	2021	3	0	0	0	3
Violations	2022	1	0	0	0	1
	2023	0	0	0	0	0
Drug	2021	0	0	0	3	3
Violations	2022	3	0	0	5	8
	2023	1	0	0	0	1

#### NUMBER OF JUDICIAL REFERRALS FOR SELECTED OFFENSES

(THESE NUMBERS ARE PROVIDED BY THE DEPARTMENT OF STUDENT CONDUCT AND ACADEMIC INTERGITY)

Offense Type	Year	On Campus	On Campus Student Housing	Non-Campus Building and Property	Public Property	Total
Liquor Law	2021	37	37	0	0	37
Violations	2022	9	9	0	0	9
	2023	9	9	0	0	9
Drug	2021	25	20	0	0	25
Violations	2022	16	12	0	1	17
	2023	14	12	0	0	14

#### Appendix E

# Department of Public Safety Drug and Alcohol Awareness Programming 2022 – 2024



# **Kennesaw State University Department of Public Safety**

Drug and Alcohol Awareness Programing
By KSU POLICE

The Kennesaw State University Department of Public Safety has taken on the initiative to become a teaching police department. We have set out to educate our community about the services that our department provides to the KSU Community. We are currently facilitating trainings and presentations on many subjects such as sexual assault victim services, drug and alcohol awareness, community policing, emergency management, and active shooter response.

The KSU DPS SAFE Center, formerly the Office of Victim Services, is led by Executive Director Tanya Smith who has spearheaded the initiative to train all our campus police officers on how to use the lifesaving drug known as Naloxone. Every sworn Kennesaw State University police officer is trained and equipped with Naloxone in the event a suspect overdose occurs on campus or in the surrounding community. As part of the new officer onboarding process, the officer is required to attend a training segment that teaches the officer to identify potential signs of an overdose, identify how Naloxone works, proper administration of Naloxone, and continuous assessment of the person until advance medical service personnel arrive on the scene. Officers are required to notify their supervisor and submit a Naloxone reporting form that captures details of the overdose event and outcome to the department's Naloxone program coordinator. The officer is issued a replacement Naloxone kit immediately. Executive Director Tanya Smith has been commissioned to facilitate this same training for other universities and agencies in Georgia.

The KSU DPS Community Outreach, Recruitment, and Engagement Unit (C.O.R.E.), consisting of Sergeant Michael J. Guerrero provides training and instructional presentations to many departments and student organizations of the KSU Community, upon request, as well as community programming.

The Kennesaw State University Department of Public Safety is dedicated to providing a safe and secure community conducive to the free exchange of ideas within an academic setting. To accomplish this mission, we strive to focus on collaborative partnerships and the provision of professional services in the areas of crime prevention, law enforcement, security, and emergency preparedness.

### List of Drug and Alcohol Programming hosted by KSU DPS

#### July 2022:

Various Parent Family Orientations: Information table with pamphlets on the dangers of driving while impaired.

Class Presentation: Safety tips to include discussing the dangers of underage consumption and driving while impaired.

#### **August 2022:**

National Night Out Cobb County: Information table to include pamphlets on the dangers of driving while impaired.

#### October 2022:

Fall Festival (Campus Green): Information table with pamphlets on the dangers of driving while impaired.

Class Presentation: Safety tips to include discussing the dangers of underage consumption and driving while impaired.

National Prescription Take Back: An opportunity for the community to turn in unused medication for safe disposal.

#### November 2022:

Class Presentation: Safety tips to include discussing the dangers of underage consumption and driving while impaired.

#### December 2022:

New Student Orientations: Information table to include pamphlets on the dangers of driving while impaired.

#### March 2023:

Safe Spring Break: golf cart simulator with students driving wearing impairment goggles.

Class Presentation: Safety tip to include discussing the dangers of underage consumption and driving while impaired.

#### **April 2023:**

National Prescription Take Back: An opportunity for the community to turn in unused medication for safe disposal.

New Student Orientation: Information table to include pamphlets on the dangers of driving while impaired.

#### May 2023:

New Student Orientation: Information table to include pamphlets on the dangers of driving while impaired.

#### June 2023:

New Student Orientation: Information table to include pamphlets on the dangers of driving while impaired.

#### July 2023:

New Student Orientation: Information table to include pamphlets on the dangers of driving while impaired.

#### **August 2023:**

National Night Out (Kennesaw): Information table to include pamphlets on the dangers of driving while impaired.

KSU Crime Preparedness Symposium: Crime prevention presentation to include safety tips on drinking responsibly when going out with friends.

#### September 2023:

Campus Safety Day on both campuses: Information table to include pamphlets on the dangers of driving while impaired.

Adulting 101 at the Summit: Information table to include pamphlets on the dangers of driving while impaired.

#### October 2023:

Class Presentation: Safety tip to include discussing the dangers of underage consumption and driving while impaired.

Fall Festival: Information table to include pamphlets on the dangers of driving while impaired.

National Prescription Take Back: An opportunity for the community to turn in unused medication for safe disposal.

#### January 2024:

Adulting 102, the sequel (the summit): Information table to include pamphlets on the dangers of driving while impaired.

#### April 2024:

National Prescription Take Back: An opportunity for the community to turn in unused medication for safe disposal.

#### May 2024:

New Student Orientation: Information table to include pamphlets on the dangers of driving while impaired.

#### June 2024:

New Student Orientation: Information table to include pamphlets on the dangers of driving while impaired.

#### **Readily Available Training for Officers:**

#### The University System of Georgia's Board of Regents

Alcohol and Drug Addiction Awareness 1 hour

#### **Georgia Peace Officer Standards and Training**

Fentanyl Informational Briefing
Peace Officer's Guide to Low THC Oil Registry

#### **Drug Awareness**

Naloxone Opiate Overdose Response 1hr Training for KSU Employees: Sworn Police

#### Appendix F

# Housing and Residence Life AOD Programming 2022 - 2024

<u>Date</u> <u>Program Title</u> <u>Campus</u>

9/18/2023 Paint & Sip Party

Kennesaw Campus

In collaboration with CYAAR, resident assistants in University Village hosted an event in which residential students could learn about safer drinking practices while participating in painting activities and enjoying mocktails. 49 students attended.

10/10/2023 Sip Smart

Kennesaw Campus

In collaboration with the CYAAR, the Summit team created an alcohol awareness event to inform students about the damaging effects of long-term and short-term alcohol use as well as sharing of useful resources. The purpose of this event is to highlight an issue students face and bring resources to them in efforts to educate and bring awareness through their RAs, campus resources, and professional staff members. 110 students attended.

10/11/2023 Sip it Safe

Marietta Campus

In collaboration with the CYAAR, the Howell Hall team created an alcohol awareness event to inform students about safer drinking as well as sharing of useful resources. The purpose of this event is to highlight an issue students face and bring resources to them in efforts to educate and bring awareness through their RAs, campus resources, and professional staff members. 27 students attended.

10/12/2023 Think Safe

Kennesaw Campus

In collaboration with CYAAR, RAs in University Village and KSU place hosted an event in which students had the opportunity to learn about safer drinking while participating in educational activities such as BAC goggle courses and interactive games focused on alcohol education. 53 students attended.

10/23/2023 Mocktail Hour

Kennesaw Campus

In collaboration with CYAAR, RAs in University Village Suites hosted an event in which students could get food and mocktails while learning about alcohol safety and campus resources.23 students attended.

11/14/2023 11/16/2023 Shot of Reality
Shot of Reality

Marietta Campus Kennesaw Campus

This program will consist of 3 major parts: A mocktail station, information tables regarding safer drinking from CYAAR and KSU PD, and a BAC goggles obstacle course. At the mocktail station, we will have 3 mocktail options and the person at that table will show the residents how to make the drinks. The obstacle course will include 2 winding paths made of tape. At random

points in the path, there will be cones that they need to step over as well as an object they will need to bend down and pick up At the end, they will need to throw that object into a bucket. Two people will be able to race on the course. The purpose of this event is to engage with upper-class students and provide them the opportunity to learn about safer drinking habits. 30 students attended at Marietta and 25 students attended at Kennesaw.

#### 2/6/2024 99 Problems, but Alcohol's Not One

In collaboration with CYAAR, RAs in University Village Suites hosted an alcohol safety event with interactive activities for alcohol education and mocktails. 61 students attended.

#### 3/6/2024 Pre-Spring Break Party Kennesaw Campus

This event will consist of providing resident items provided by housing for the upcoming spring break. We will provide towels, hand towels, sunscreen, and food. This event will serve as a way for residents to get in the spring break mood and reinforce spring break safety habits. 59 students attended.

#### 3/28/2024 Spring Into Wellness Kennesaw Campus

Staff of The Summit residential community hosted an event in partnership with multiple Wellbeing departments to provide students with resource education, de-stress activities, and general health information, including AOD safety. 135 students attended.

#### **LEARNING OUTCOMES**

#### **Self-Discovery:**

- Identify personal values and explore personal identity.
- Develop personal/academic/professional goals.
- Demonstrate knowledge of self in community interactions.
- Utilize resources to aid in personal growth and development.

#### Life Skills:

- Identify skills and resources for problem solving/conflict resolution.
- Develop ability to recognize needs related to personal wellbeing.
- Demonstrate knowledge of resources and skills related to independent living.
- Utilize KSU and community resources to create solutions for difficult situations.

#### **Community Awareness:**

- Identify one's own impact on the campus and local community.
- Develop ability to identify challenges faced by those from different backgrounds.
- Demonstrate awareness of social issues in community and ability to advocate for others.
- Build positive relationships with peers within residential community.

### **Appendix G**

# Student Conduct and Academic Integrity Summary of AOD Cases 2022 – 2024

Between July 4, 2022 and June 1, 2024 SCAI recorded 402 incidents regarding 367 students who were charged with a substance-related violation. Demographic information can be found in the table below. Most students in violation were between 18 and 20 years of age (89.8%). There were an average of 2.33 charges per incident, and an average of 2.61 sanctions per incident.

	<b>KSU FALL 2023 POPULATION (N = 45,152)</b>	TOTAL SCAI POPULATION (N = 402)
FEMALE	50.59% (22,841)	43% (173)
MALE	49.41% (22,311)	57% (229)
FRESHMAN	24.73% (11,165)	69.7% (280)
SOPHOMORE	21.24% (9,589)	20.1% (81)
JUNIOR	18.8% (8,489)	4.5% (18)
SENIOR	22.74% (10,268)	5.2% (21)
GRADUATE	10.1% (4,561)	0.5% (2)

Analysis by academic class found that there was no significant variance in the number of charges per incident across academic classes, however the number of sanctions per incident were significantly higher for Juniors when compared to Sophomores and Freshmen. Analysis by gender showed that there was no significant difference in the number of charges nor sanctions per incident between male and female students.

31.4% of all incidents involved alcohol as the only substance and 51.4% involved other drugs, with 17.2% of incidents including both. The most common charge was "The possession, manufacture, sale, or distribution of illegal drugs on campus", with 30.85% of cases receiving that as at least one of the charges. 22.89% were charged with "All other drug violations" and 17.16% were charged with "Failure to remove oneself from a situation where an alcohol violation is occurring." The top three sanctions were CYAAR Reflection Paper (59.95%), Wise Choices (58.71%), and disciplinary probation (39.3%).

Analysis indicated students with charges involving both alcohol and other drugs had significantly more charges per incident and comparably more sanctions per incident. Students with charges involving drugs other than alcohol received significantly fewer charges per incident but significantly more sanctions per incident when compared to those with charges only involving alcohol.

The table below illustrates the number of cases in each semester of the biennial review period, as well as the average number of charges and sanctions per incident. There was a 33.19% decrease in the number of cases from AY23 to AY24.

SEMESTER	# OF CASES	AVG. # OF CHARGES	AVG. # OF SANCTIONS
FALL 2022	137	1.99	2.73
SPRING 2023	98	2.26	2.72
FALL 2023	86	2.81	2.47
SPRING 2024	71	2.48	2.35

Of the 367 students who received alcohol and other drug related charges over the biennial review period, 30 were charged with a second offense and 5 were charged with a third offense, a recidivism rate of 8.17%, with male students more likely to re-offend (70%).

In a consistency review, 82.61% of cases were given comparable sanctions when compared to other cases involving the same set of violations. In particular, there was significant variance between cases sanctioned by Student Conduct and Academic Integrity (SCAI) and those sanctioned by Housing and Residence Life (HRL), with SCAI incidents averaging 1.97 charges per incident and HRL averaging 2.65 charges per incident. However, SCAI averaged 2.94 sanctions per incident whereas HRL averaged 2.35 sanctions per incident. This suggests that there is considerable inconsistency in sanctioning practices between SCAI and HRL.

# Appendix H Wellstar School of Nursing 2022 – 2024

# 2022-2024 WSON new SUD programs on prevention, assessment, treatment and referral

- 1) In September of 2023, Wellstar School of Nursing (WSON) invited Center for Young Adult Addiction Recovery to present to faculty on Ally training. Forty faculty attended this three hour training learning how to support students who may be struggling with substances or in recovery.
- 2) In November of 2023, Dr. Lisa Marie Reyes Walsh with the Georgia Board of Nursing presented to the WSON faculty on the peer support program for nurses in Georgia.
- 3) WSON undergraduate nursing students complete a healthcare ethics course during their second semester of nursing school. In Fall of 2023, new content was added to the Ethics course to help students understand ethical dilemmas related to substance use disorders. In addition the curriculum focused on increasing understanding the healthcare needs of individuals with substance use disorders and decreasing stigma. This content consisted of a guest speaker, a mom who had lost her daughter to a drug overdose, a case study on a teen in the hospital with a substance use disorder, and a reflective assignment.
- 4) In 2023, all graduate nursing students received Naloxone training from CYAAR. This will allow these nurse practitioner students to be prepared to respond to overdoses on campus as well as in clinical practice.
- 5) In Fall of 2022, WSON introduced new SUD curriculum into all four semesters of the graduate nursing program. This curriculum integrated content on prescribing medication for opioid use disorders (MOUD) into the graduate nursing curriculum. In addition, this curriculum will provide students the knowledge, confidence, and skills to assess, treat, and refer patients, coworkers, and employees with OUDs. Graduate students complete a four hour clinical rotation at a substance use treatment facility to prepare them for clinical practice as a nurse practitioner.

#### Kennesaw State University Wellstar College of Health & Human Services Wellstar School of Nursing

### Substance Misuse and Substance Use Disorders in Nursing Students Policy/Procedures

The Kennesaw State University Wellstar College of Health & Human Services Wellstar School of Nursing requires a drug screen and background check after admission and periodically throughout the program to comply with clinical facility requirements. In addition, the WSON or agencies may require random drug screens, on the spot drug screens if there is a suspicion of drug use, or routine drug screens if follow up is needed. Students enrolled in our programs must comply with agency requests in order to attend clinical and remain in the nursing program.

#### **Policy Statement**

The faculty of the Wellstar School of Nursing (WSON) believes they have an ethical and professional responsibility to provide a safe and effective educational environment to students and to patients who receive nursing care from students. Students are expected to participate in WSON and SNA sponsored learning activities and functions free of chemical impairment. The WSON faculty is committed to assisting students with recovery from substance use disorder. In developing the policy and procedures for intervening with a student who displays symptoms of substance use disorder, the faculty has adopted the following basic assumptions of the American Association of Colleges of Nursing Policy and Guidelines for Prevention and Management of Substance Abuse in the Nursing Education Community (1998):

Substance abuse compromises both the education process and patient safety and must be addressed by schools of nursing. Academic units in nursing have a commitment to and a unique role in the identification of abuse, intervention, referral for treatment, and monitoring of recovering individuals; addicted individuals need to recognize the consequences of their substance abuse. Addiction is a treatable illness, and rehabilitative and therapeutic approaches are effective in facilitating recovery; individuals with addictive illnesses should receive an opportunity for treatment in lieu of, or before disciplinary action (p.2).

\*For this document, the terms substance abuse and addiction have been updated to the currently accepted terms substance misuse and Substance Use Disorder.

#### **Definitions**

- The WSON faculty define the impaired student as a person who, while in the academic or clinical setting, is under the influence of, or has misused, either separately or in combination, mind-altering substances including alcohol, over-the-counter medications, prescribed medications, illegal drugs, inhalants or synthetic designer drugs.
- A student known to be impaired from substance misuse places a legal and ethical burden on WSON faculty and administration. Legal ramifications of an impaired nursing student are injury to patients and potential malpractice, implicating the student, faculty, clinical agency, and educational institution.

WSON faculty has a responsibility to intervene when patient safety and clinical
performance are compromised by a student who is misusing substances. When substance
misuse is suspected, the WSON Substance Misuse and Substance Use Disorders in Nursing
Students Policy/Procedures will be implemented.

#### **Prevention and Education**

Education is a crucial component in the prevention of substance use disorder and substance misuse. WSON students, faculty, and staff are provided information about substance misuse, along with the consequences of impairment due to substance use disorder. During the WSON orientation process, WSON Substance Misuse and Substance Use Disorders in Nursing Students Policy/Procedures is disseminated, reviewed, and signed, along with information on services and programming offered by Kennesaw State University (KSU), including the Center for Young Adult Addiction and Recovery and Kennesaw State University Student Health Services.

#### **Procedure for Drug Testing**

All WSON students are required to complete a drug test prior to starting classes to comply with clinical agency credentialing. Students are also subject to random drug testing during the program and are required to comply with a drug test if suspicion of impairment exists. Drug testing is conducted by the WSON identified laboratory. Cost associated with testing is the responsibility of the student. Students grant access to drug testing results to the WSON and the clinical agencies requiring the testing. The Associate Director of the Undergraduate or Graduate Program of concern will review any positive drug screening results. The WSON ensures confidentially of results by making the information available only to the student and appropriate WSON Administrators, Staff, and Faculty. If a student has a positive drug test, they will be required to withdraw from clinical courses immediately (see appendix J) and the intervention phases of this policy will be implemented.

# <u>Procedures for Faculty Intervention with a Student suspected of Substance Misuse or Substance Use Disorder</u>

The WSON Faculty follows the University's policy prohibiting the illegal possession, use, or distribution of drugs and/or alcohol by students on University property or as part of any University affiliated academic activity, including off-campus learning activities, such as clinical. Violators will be prosecuted in accordance with applicable laws and ordinances and will be subject to disciplinary action by the University in conformance with University policy (See KSU Student Handbook regarding Student Code of Conduct—Use and Possession of Drugs, Including Alcohol).

- Indicators suggesting impairment of a student's ability to meet standards of performance, competency, and safety are observed and documented by faculty.
- Identification should be based on patterns of observable objective and quantifiable behaviors or indicators (See Appendix E, i.e., Slurred or rapid speech, odor of alcohol, unsteady/staggering gait, mood swings, forgetfulness, sleeping). If suspected, the student must submit to immediate drug testing. Refusal of a student to submit to testing may

- result in disciplinary action, including dismissal from the nursing program in accordance with the WSON policy.
- Faculty who suspect student impairment are to notify the WSON Associate Director of Graduate or Undergraduate Programs of their concern.
- 4. If the student demonstrates impaired behaviors that compromise patient safety and/or academic performance, remove the student to a private area. With a neutral party present, discuss observed behaviors with the student and allow the student to provide a verbal explanation.

If faculty observe symptoms or other indicators of impairment in a student, the student is informed of the faculty's responsibility to dismiss a student from the immediate area who is physically or mentally unable to meet the standards of performance, competency, and safety. The student is to be relieved of further clinical/laboratory/classroom responsibilities for the day. Inform the student that a violation of the KSU WSON Substance Use Disorders in Nursing Students Policy/Procedures is suspected. With the assistance of faculty or staff, the student will arrange safe transportation home or to the nearest approved drug testing facility for immediate testing. Faculty will document how the student left. The student will have eight hours to complete the drug test. Failure to do so can result in immediate dismissal from the nursing program.

#### Intervention

#### Phase I

- Faculty completes a reporting form of the alleged impaired student nurse with observed behaviors indicative of Substance Misuse or Substance Use Disorder (see Appendix F).
- Faculty informs student of observations indicative of chemical impairment. Student must submit to drug testing within eight hours of the reported behaviors. The test is conducted by a WSON approved laboratory using established methods and procedures.
- The student is to be relieved of further clinical/laboratory/classroom responsibilities until a comprehensive professional evaluation can be completed.
- The student and WSON Director are provided with a copy of this reporting form. The student is informed that a copy of this report will be placed into the student's file.
- WSON Director informs all other appropriate faculty members involved with the student during the semester on a "need to know" basis.
- WSON Director reviews the procedural requirements of the KSU WSON Substance Use
   Disorders in Nursing Students Policy/Procedures. Refusal of a student to submit to
   immediate testing or to any other requirement of this Substance Use Disorders in Nursing
   Students Policy/Procedures may result in disciplinary action, including dismissal from
   the nursing program in accordance with the WSON policy.

#### Phase II

Within five working days of the filing of a report of alleged Substance Misuse or Substance Use Disorder, a conference is scheduled with the student, involved faculty member, committee member of Undergraduate Advisory Committee on Student Behavior, and WSON Director. In addition, a Counselor from The Center for Young Adult Addiction and Recovery at KSU will

act as a neutral party, but not enforce nursing policies. The WSON Director will take the lead in conducting the conference.

- · Purposes of conference are to:
  - convey concern for the student as caregiver as well as concern for the patients.
  - explain how the behavior interferes with the student's performance in the course.
  - explain academic consequences resulting from the student's chemical impairment identification.
  - secure student agreement to a comprehensive evaluation for the purpose of professional assessment of substance use disorder status and the determination of a treatment plan.
- A written contract for the impaired nursing student (see Appendix G) is reviewed and the
  student is requested to agree to the terms set forth. WSON Director asks the student to
  sign the contract and the Agreement for Monitoring the student with Substance Misuse or
  Substance Use Disorder (see Appendix H) confirming that the student understands the
  terms of the contract and academic consequences. If the student refuses to sign the
  contract, the student may be administratively dismissed from the nursing program in
  accordance with the WSON policy. (See Policy on Unsafe Practice in KSU WSON
  Student Handbook).
- WSON Director provides student with a list of state licensed agencies that provide
  evaluation services along with services provided on campus by the Center for Young
  Adult Addiction and Recovery. (See Appendix B). WSON Director also reviews with
  student that he/she is responsible for the cost of the evaluation and any prescribed
  treatment.

#### Other issues to consider when obtaining treatment:

- Realize the potential of suicidal risk upon intervention/confrontation of an issue of concern, and the time lapse to have an evaluation.
- There are options on campus at KSU for the student to obtain evaluation, counseling and treatment services: The Center for Young Adult Addiction and Recovery, the KSU Health Clinic and Counseling and Psychological Services.
- · Have student check insurance plan to see what providers are in network.
- Utilize county mental health facilities if the student does not want to use free services available on campus and insurance or finances are an issue.
- Many treatment centers will do a free initial triage to evaluate for any risk of self-harm, and will provide resources for students.

#### Evaluation

Upon completion of a comprehensive professional evaluation of substance use disorder status, one of four courses of action may be taken by the WSON with the student:

• Non-validation of the Violation of the KSU WSON Substance Use Disorders in Nursing Students Policy/Procedures (i.e., the comprehensive evaluation does not support/substantiate the alleged report of student behaviors indicative of substance misuse or Substance Use Disorder). In the event of a non-validation of violation, all documentation is removed from the student's file. Upon receipt of a negative drug test and written recommendations from the evaluator that there is no evidence of substance misuse,

- the student may return to all courses in progress with no academic penalty related to chemical impairment.
- Validation of the Violation Without Implementation of the KSU WSON Substance Use Disorders in Nursing Students Policy/Procedures (i.e., the comprehensive evaluation supports/substantiates the alleged report of student behaviors indicative of substance misuse or Substance Use Disorder and the student refuses to follow the policy regarding treatment and monitoring). If the student refuses to sign the contracts for monitoring and return to the nursing program (See Appendices F & G), then the student may be administratively dismissed from the nursing program by the WSON Director. WSON Director will point out that it is in the student's interest to accept the outlined treatment and monitoring for substance use disorder.
- Validation of the Violation With Implementation of the KSU WSON Substance Use Disorders in Nursing Students Policy/Procedures (i.e., the comprehensive evaluation supports/substantiates the alleged report of student behaviors indicative of chemical impairment, and the student agrees to follow the policy regarding treatment and monitoring). Student signs the contracts for monitoring, returns to the nursing program (See Appendices H & I), and is allowed to continue in the nursing program if the student is in compliance with his/her substance use disorder treatment program and remains free of substance misuse behaviors and substances for the duration of their participation in the nursing program.
- Mixed or Inconclusive Results of the Substance Misuse Evaluation. The student is given the option to seek another mental health assessment. The monitoring and treatment agreement will then depend on the outcome of the second evaluation. If the student requires professional treatment, the student will sign a written plan of action for correcting the behavior, with a realistic time frame for meeting the recommendations of the action plan. The student is allowed to continue in the nursing program if the student remains in compliance with the negotiated action plan.

#### Academic Outcome

The academic consequences required with the implementation of the KSU WSON Substance Use Disorders in Nursing Students Policy/Procedures is contingent upon the completion of the substance evaluation or follow up mental health assessment, and agreement of the treatment/action plan if indicated. A semester grade of "W" (Withdrawal), "T" (Incomplete), or "F" (Failure) is assigned to courses dependent upon factors related to grade determination as outlined in the KSU Undergraduate and Graduate catalogs. If no treatment for substance use disorder or mental illness is required, the student may return to all courses in progress upon receipt of the written recommendation from the professional evaluator. If appropriate the identified student nurse may seek a medical withdrawal while seeking treatment and care for a Substance Use Disorder.

#### Other

All students must be aware that the state examining board has the right to refuse to
grant a registered nurse license to any individual regardless of educational credentials
under circumstances of (1) falsification of application for licensure; and/or (2)
conviction of a felony or crime of moral turpitude; other moral and legal violations
specified in the Georgia law.

#### Re-entry to WSON

- Upon successful completion of a treatment program as outlined according to the
  written plan by the evaluator or mental health counselor, the student can apply for reentry to the nursing program for the semester the student desires to return or if there
  is an opening on a space available basis.
- The student will be expected to provide written documentation to the Director of WSON regarding the course of specialized treatment and the treatment or mental health counselor's written assessment of the student's ability to perform the academic/clinical requirements of the nursing program following treatment. The counselor's assessment should include any restrictions on the student's activities (i.e., limiting access to narcotics, schedule for counseling and mutual aid group meetings).
- Participation in support programs for recovery from chemical dependence is a lifelong process. The cornerstone to this process is ongoing participation in mutual aid and other support program meetings. Students will be encouraged to attend such meetings and be given necessary time to do so when possible.

#### Noncompliance/Relapse

If for any reason, the student does not comply with the policies, procedures, or protocols, related to substance use or misuse the student may be administratively dismissed from the nursing program.

If additional or continuing chemical impairment occurs after the implementation of these procedures, the WSON faculty will recommend that the student be administratively dismissed from the nursing program by the WSON Director. The student has the right to grieve and appeal the procedure according to the University guidelines.

#### Appendices

Appendix A:	Substance Use Disorder Policy Quick Reference Sheet for Faculty
Appendix B:	List of Treatment Centers Providing Substance Use Disorder Evaluation Service in Metropolitan Atlanta
Appendix C:	List of Drugs Included in Drug Screening Test
	Consent for Drug Testing Upon Admission to WSON
Appendix E:	Symptoms and Other Indicators of Substance Misuse or Dependence
Appendix F:	Reporting Form for Alleged Impaired Student
Appendix G:	Contract for the Impaired Nursing Student
Appendix H:	Agreement for Monitoring the Impaired Student
Appendix I:	Contract for Return to Nursing Program
	Impaired Student Withdrawal Letter
	Impaired Student Nurse Letter for Returning to the Nursing Program
Appendix I:	Impaired Student Dismissal Letter

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Policy developed by Advisory Committee to Faculty on Clinical Issues. Members included Janice Flynn; Christina Horne; Troy Spicer; Cecilia Tiller; Jamie Lee

Policy approved and accepted by the School of Nursing Faculty on May 5, 2003

Policy revised 5/27/09 by Advisory Committee to Faculty on Clinical Issues with the assistance of Dr. Flora Devine, Legal Counsel for KSU. Members included Barbara Blake, Jamie Lee, and Astrid Wilson

Policy revised 7/21/09 by Advisory Committee to Faculty on Clinical Issues with the assistance of Anne Nichols, Director of KSU Health Center, and Teresa Johnston, Director of KSU Collegiate Recovery Center. Members included Barbara Blake, Jamie Lee and Astrid Wilson.

Policy revised 02/27/2019 by ad hoc committee to review and revise Chemically Impaired Student Nurse Policy (Cheryl Yarde, Leslie Holmes, Alex Giles, and Nancy Ballard) with the assistance of Lindsey Montgomery AOD Prevention Coordinator and Teresa Johnston, Executive Director of KSU Center for Young Adult Addiction and Recovery.

Reviewed 7/13, 7/14, 7/15, 7/16, 7/19

### Appendix A:

### Kennesaw State University Wellstar School of Nursing

### Substance Use Disorder Policy Quick Reference Sheet for Faculty

- For guidance in crisis situations or for information in obtaining services contact the GA Mental Health Crisis Line 1-800-715-4225
- If the incident occurs on campus and immediate assistance is needed, call the KSU Behavioral Response Crisis Team at 770-423-6600, or the KSU Police at 770-423-6666 or 911.

Faculty members are responsible for reading the entire Substance Use Disorder Policy, located in the Faculty Handbook, but this quick list details the immediate actions required by the Faculty member who observes the behaviors:

- Faculty observes student behaviors that may be indicative of Substance Misuse or dependence (see Appendix E)
- 2. Faculty completes Appendix F, reporting form and documents observed behaviors
  - A. Faculty informs student of need for immediate drug testing at an approved facility (any Advantage Testing facility) and that they have 8 hrs. maximum to complete the drug testing or will face disciplinary action that may include dismissal from the program
  - B. Faculty informs student that they cannot return to class/clinical/lab until a comprehensive evaluation is completed (they will be given further information regarding this at a conference to be held within 5 business days)
  - C. Assist student in arranging transportation to the testing center and/or home (do not let them drive impaired, but student is responsible for calling a family member and paying for it, if a taxi, etc. is called); include a note on Appendix F stating how student left the scene
  - D. Notify the Course Coordinator and the Associate Director of the Program of the above

\*\*\*\* Convey concern for the student's welfare and be sure to watch for <u>suicidal ideation</u> (see crisis numbers above); remind student there are resources on campus that can help them throughout this process (e.g. the Center for Young Adult Addiction and Recovery, the KSU Student Health Clinic and the KSU Counseling and Psychological Services)

- 3. A conference with faculty, student, Associate Director of program and a member of the Advisory Committee to Faculty on Clinical Performance will be scheduled within 5 business days. During the conference:
  - A. Express concern for the student, describe how behaviors affect clinical/lab/classroom performance
  - B. Student must agree to have a comprehensive evaluation for substance-use disorder or will be dismissed from the program
  - C. Student must sign Appendix G and H

D. Student given Appendix B which includes facilities that can complete the evaluation, including several sites on campus (Center for Young Adult Addiction and Recovery, KSU Student Health Clinic, or Counseling and Psychological Services)

### 4. Possible outcomes:

- A. Non-validation of a violation information removed from student's file and student can return to clinical/lab/class; however, a clinical contract may still be necessary if the observed behaviors interfered with clinical performance
- B. Validation of a Violation, but student refuses to comply with recommendations student will be dismissed from program
- C. Validation of a Violation and student agrees to comply with all recommendations student signs contracts (Appendices H & I) and can return to class/clinical/lab as long as they remain in compliance and substance free.
- D. Mixed/Inconclusive results Student needs second comprehensive evaluation and can return to program as long as they remain compliant with recommendations

If you have questions about the Substance Use Disorder Policy or any of the above information, please contact the Associate Director of the program or any member of the Advisory to Faculty on Clinical Performance Committee.

### Appendix B

### Kennesaw State University Wellstar School of Nursing

### List of Treatment Centers Providing Chemical Abuse Evaluation Services in Metropolitan Atlanta

 There are many options and small residential facilities, as well as out-of-area treatment, some with a sliding scale. Most local treatment facilities can provide resources to patients that may fit their financial needs, geographies and insurance situation.

### **Evaluation and Treatment Centers:**

- · KSU Center for Young Adult Addiction and Recovery
- · Counseling and Psychological Services at KSU
- KSU Health Clinic
- · Talbott Recovery Campus Impaired Professionals Program & Aftercare, Atlanta
- Ridgeview Institute, Smyrna Impaired Professional's Program and Aftercare Program
- Metro Atlanta Recovery Residence (M.A.R.R.), Atlanta Impaired Professional's Program and Aftercare Program
- · Blue Ridge Mountain Recovery, Gall Ground, Addiction Treatment
- · Peachford Hospital, Dunwoody General Treatment
- · Anchor Hospital, Jonesboro General Treatment
- · Summit Ridge Hospital, Lawrenceville General Treatment
- · Winnwood Hospital, Rome General Treatment
- · Laurelwood Hospital, Gainesville General Treatment
- · Rivermend, Marietta Ga Outpatient Intensive Programs
- Wellstar Cobb Inpatient Behavioral Health

### Low-Cost Outpatient Treatment:

- St. Judes Recovery, Atlanta
- · Georgia Recovery Center, Marietta
- County Facilities (Fulton Co. Community Services Board, Cobb/Douglas Community Services Board, etc.)

Cobb County Health Department 24 hour mental health assessments

### Low-Cost Counseling Resources:

- The Link
- The Verdery Center & Clinic
- Phoenix Program

### Residential Programs:

- · St. Judes Recovery, Atlanta
- Atlanta Woman's Mission My Sister's House, Atlanta
- · Breakthru House Inc., Decatur
- Turnaround Recovery Residences
- Salvation Army

Evaluations may also be done by mental health professionals in their private practices

### Appendix C:

### Kennesaw State University Wellstar School of Nursing

### List of Drugs Included in Drug Screening Test

The Medical Professional Panel Drug Screens includes common street drugs and those drugs that health care workers have access to and misuse. Drugs monitored may include:

Alfentanil

Butorphanol (Stadol)

Fentanyl

Ketamine

MDMA (ecstasy)

Nalbuphine (Nubain)

Sufentanil

Tramadol

Alcohol

Amphetamines

Barbiturates

Benzodiazepines

Cannabinoids

Cocaine

Methadone

Opiates

Phencycidine

Propoxyphene

Other drugs may also be detected

## Appendix D:

# Kennesaw State University Consent for Drug Testing Upon Admission and for the Duration of Enrollment in the Wellstar School of Nursing

I understand that as a requirement for admission to the Wellstar School of Nursing (WSON), I must submit to a drug test at a designated laboratory, which will provide the result of the test to the Chair of the WSON and to clinical agencies when requested. The course coordinator and other faculty supervising the student may also be notified as needed. I understand that if the test result is positive, I may be denied the opportunity to complete the required clinical rotations for graduation or required to comply with the recommendations made by a professional substance use disorder evaluator.

I further understand that I will be subject to random drug tests while enrolled in the WSON. I will be asked to submit a drug test if there is suspicion of substance misuse. A positive drug test or refusal to submit to testing may result in dismissal from the WSON.

BY SIGNING THIS DOCUMENT, I INDICATE THAT I HAVE READ, I UNDERSTAND, AND I AGREE TO THE WSON DRUG TESTING POLICY. I UNDERSTAND THAT A NEGATIVE DRUG TEST IS REQUIRED FOR PROGRESSION IN THE SCHOOL OF NURSING.

THIS NOTORIZED DOCUMENT CONSTITUTES MY CONSENT FOR DRUG TESTING BY WSON DESIGNATED LABORATORY. IT ALSO CONSTITUES CONSENT FOR THE LABORATORY TO RELEASE THE RESULT OF MY DRUG TESTS TO THE WSON.

In Witness Whereof, this statement is year	executed this the	day of	, in the
Student's Signature	>		
Student's Printed Name			
On this before me			to be known to be the
person described in and who execu	ecuted the foregoing sted the same as free act a		nd acknowledged that
Given under my hand and seal on the da	ny and year above written		
SEAL	NOTARY PUBLIC My commission expires		_

Adapted from the University of South Alabama College of Nursing Drug Testing and Procedure Policy

### Appendix E: Kennesaw State University Wellstar School of Nursing

### Symptoms and Other Indicators of Substance Misuse or Dependence

### Physiologic

- · Slurred or rapid speech
- Blackouts
- Trembling hands
- · Agitation or restlessness
- · Persistent rhinorrhea
- · Sweating
- Altered pupil dilation or constriction
- · Flushed complexion
- · Swollen face
- Bloodshot or glassy eyes
- Odor of alcohol
- · Unsteady/staggering gait
- · Declining health
- · Dramatic changes in weight
- · Changes in mental status or cognition
- Palpitations or tachycardia
- · Withdrawal symptoms or hangover

### Behavioral

- Deterioration in personal appearance
- · Rapid mood swings
- · Increased irritability
- Paranoia
- · Rage or anger
- Frequent tardiness
- Increased absenteeism
- · Difficulty in meeting deadlines
- · Frequently leaves clinical unit or makes self sparse
- · Frequent trips to the restroom
- · Eats alone, long coffee breaks, long lunch breaks
- · Isolation/withdrawal from the group
- Decreased classroom and clinical productivity
- · Fluctuating clinical and academic performance
- Making poor clinical decisions
- · Errors in judgment
- · Forgetfulness, confusion, decreased alertness
- · Sleeping in class or clinical
- · Inappropriate responses
- · Elaborate excuses for behavior
- · Blaming others for problems
- · Patients complain of ineffective pain relief
- Excessive use of PRN mediations or frequent medication errors
- Frequent un-witnessed medication wasting or loss
- · Complaints from fellow students, nursing staff, patients, family members
- · Self-disclosure of drug or alcohol abuse
- Other behaviors or symptoms of impairment not listed above

# Appendix F:

## Kennesaw State University Wellstar School of Nursing

### Reporting Form for Alleged Impaired Student and Checklist of Specific Observations to Support Reporting Form for Alleged Chemically Impaired Nursing Student

Date:
Faculty:
Student:
Observed Behaviors: (see attached checklist)
Faculty Comments:
Student Comments:
Faculty Recommendations.
Conference date with student, faculty member filing report, WSON Director, and a
representative of the KSU Center for Young Adult Addiction and Recovery set for(Date and time).
Faculty Signature:
Student Signature:
Adapted from Clark, C. Boise State University, Boise, Idaho College of health Sciences, Department of Nursing ( Statement Regarding the chemically Impaired Nursing Student)

# Checklist of Specific Observations to Support Reporting Form for Alleged Chemically Impaired Nursing Student

Review the following list of overall behaviors of alleged impaired student and make a check mark next to each situation that applies to the student about whom you are concerned.

	Appearance	
	Decreasing attention to personal appearance and hygiene	
	Odor of alcohol on breath	
	Glassy, red eyes	
	Altered pupil dilation or constriction	
	Tremors	
	Flushed complexion	
	Slurred or rapid speech	
	Diaphoresis	
	Unsteady/staggering gait	
_	Persistent rhinorrhea	
	Altered mental status	
-	Other (please describe):	_
	Absenteeism	
	Instances of leaving without permission	
	Excessive sick days	
	Frequent Monday and/or Friday absences	
	Repeated absences, particularly if they follow a pattern	
	Lateness to clinical/class, especially on Monday morning; and/or returning from	
	lunch/break	
	Leaving clinical/class early	
	Peculiar and increasingly unbelievable excuses for absences or lateness	
	Absent more often than other students for colds, flu, gastritis, etc	
_	Frequent unscheduled short-term absences (with or without medical explanation)	
	Clinical Absentecism	
	Continued absences from the clinical area more than job requires	
	Long coffee breaks, lunch breaks	
	Repeated physical illness while in the clinical area	
	Frequent trips to the restroom	
Ξ	Unexplained absences during clinical shift	
	High Accident Rate	
	Accidents while on the clinical unit	
-	Accidents off the clinical unit (but affecting job performance)	
-	Horseplay, which causes unsafe conditions	
	Protecting, which causes unsure conditions	

Difficulty in Concentration	
Work requires greater effort	
Jobs take more time	
Repeated mistakes due to inattention	
Making bad decisions or poor judgment	
Errors in charting	
Forgetfulness	
Blackouts	
Inappropriate responses	
Confusion	
Difficulty following instructions	
Increasing difficulty handling complex assignments	
Altered mental status or cognition	
Darkland Market	
Problems with Memory	
Difficulty in recalling instructions, details, conversations, etc	
Difficulty recalling one's own mistakes	
Poor Relationships in the Clinical/Class Area	
Failure to keep promises and unreasonable excuses for failing to keep promise	28
Over-reaction to real or imagined criticism	-0.3
Borrowing money from fellow students/staff/faculty	
Unreasonable resentments	
Avoidance of associates	
Lying and exaggerating	
Complaints from students, staff, patients, others	
Blames other for problems	
Isolation/withdrawal from the group	
Reporting To Clinical/Class	
Coming to/returning to the clinical area/class in an obviously altered condition	n
General Lowered Job Efficiency	
Missed deadlines, unreliable	
Complaints from patients, family members, other students, faculty	
Improbable excuses for poor job performance	
Cannot be depended on to be where he/she said or do what he/she said	
he/she would do	
Shuns job assignments, incomplete assignments	
Is found on units where he/she does not belong	

Review the items checked. The student's work performance and behaviors may be affected by the use of alcohol/other drugs or a personal/emotional problem. Document each occurrence in an anecdotal note, and when appropriate, conduct a conference. When the performance deficit or adverse situation cannot be attributed to a management problem, follow the WSON of Nursing Policy for the Chemically Impaired Student. Interventions need to include discussion and referral to an experienced professional who can assist the nurse to obtain the appropriate help.

(Adapted from Catanzante, A. (1989) and Dunn. D. (2005)

# Appendix G:

## Kennesaw State University Wellstar School of Nursing

# Contract for the Impaired Nursing Student

I,	, consent to obtain a
comprehensive evaluation for the purp status and determination of a treatmen	oose of professional assessment of substance use disorder at plan.
I understand and acknowledge that the consequences that include:	e admission of misuse at this point may have academic
and return to clinical contract stipulatic (Incomplete), WP (Withdrawal passing be assigned for current nursing course stated in the Kennesaw State University Intervention with the Chemically Impart I consent to have the results of the evaluation.	will not be permitted until the terms of the treatment plan ons are fulfilled/ a semester grade, as appropriate, of I g), or WF (Withdrawal failing) (Medical Withdrawal) will s dependent upon factors related to grade determination as ty Student Handbook and the Guidelines for Faculty
monitoring of my progress will result	
Signature of Student	
	Date
Signature of Witness	
	Date
(Adapted from Clark, C. Boise State University, Bo Statement Regarding the chemically Impaired Nurs	oise, Idaho College of health Sciences, Department of Nursing Policy

# Appendix H:

## Kennesaw State University Wellstar School of Nursing

# Agreement for Monitoring the Impaired Student

ì		ree to abide by the following
	for monitoring as determined by the Kennesaw State Universiting (WSON):	y Wellstar School of
1.	Abstain from the use of all mind-altering and potentially addinot be limited to alcohol, marijuana, cocaine, stimulants, narchallucinogenics, tranquilizers, GHB, designer drugs, etc. In timedications are legitimately required for medical care, I will WSON immediately and request the care provider to submit necessary, I will investigate options other than the use of mediabstinence form all mind-altering chemicals.	cotics, sedatives, he event that such notify the Director of the a letter of explanation. If
2.	Provide proof of compliance with an approved, prescribed tre my health and treatment records to be released to the WSON	
3.	Continue in outpatient treatment/aftercare and insure that couwritten reports of progress at the WSON Director's request.	inselor/therapist submit
	erstand the terms of monitoring may be revised if necessary and liance and show progress in recovery.	that I must be in
Signa	ture of Student	
		Date
Signa	ture of Witness	
		Date
I have	read the Monitoring Agreement and am participating in the str	udent's recovery program.
Signa	ture of Counselor/Therapist	18/4/
		Date
Signe	d agreement reviewed:	
	Signature of WSON Director	Date
	ed from Clark, C., Boise State University, Boise, Idaho College of health Sciences, E nt Regarding the chemically Impaired Nursing Student)	Department of Nursing Policy

# Appendix I:

## Kennesaw State University Wellstar School of Nursing

# Contract for Return to Nursing Program

C	(student), enter into this agreement
on the above date with Kennesaw Stat	le University, Wellstar School of Nursing (WSON) and the Treatment Program.
Kennesaw State University, WSON, I I understand I will be allowed to conti	d to continue in or return to the program through agree to the terms and conditions set out in this agreement nue in the program only on these terms and conditions and of this agreement shall be grounds for either additional he program.
	ne terms and conditions set out in this agreement violate the am for Chemically Impaired Nursing Students.
The terms and conditions of this agree student in this program.	ement shall remain in force for the entire period that I am a
This agreement consists of this page, Additional forms/pages included in the	plus the Monitoring Agreement (Appendix E) attached. is agreement are listed here:
This contract is executed on the date s	hown above.
Signature of Student	
Signature of WSON Director	

# Appendix J:

## Kennesaw State University Wellstar School of Nursing

# Impaired Student Withdrawal Letter

Dear !	Ms./Mr. (name)	
	as discussed with you by:	, Wellstar School of Nursing (WSON) oblems and the effect they have upon your performance
		State University. Therefore, we believe it would be in
	best interest to agree to the followin	
you c	best differest to agree to the followin	g conditions.
		will extend until the end of the (semester, year).
2.		ical course will be a Withdrawal (W): name of course,
3.	completing the course requiremen	ortic courses (number and names) by successfully nts by(date) If you do not successfully be given a grade of Withdrawal Failing (WF).
4,	You seek professional assistance to adequately perform as a studen	for your problems that have interfered with your ability t and seek a medical withdrawal.
5.	If you desire to return to your pro the WSON Director of your inten	gram of study, you notify in writing by(date) t to return for the (semester/year).
6.	a health assessment by a health ca must bear the cost of this evaluati well enough to re-enter the program, y	ent to return to your program of study, you must undergo are provider designated by the WSON Director. You on. Your health assessment must indicate that you are am. If the assessment does not indicate that you are well ou subsequently will be administratively dismissed boon request to the WSON Director, you must provide
7.		ved for(courses that are to be repeated), you to the program.
8.	<ul> <li>If you are given a grade of Incom complete the course.</li> </ul>	plete, you must complete the necessary requirements to
9,	interfering with you performance	n of study there is evidence, once again, of problems as a student, you will be administratively dismissed applicable policies of Kennesaw State University.
Nursi		our best interest and in the best interest of the School of s, please sign the original copy of this letter. Retain the
Stude	ent	Dean
Date		WSON Director
	oted from Clark, C. Boise State University, E tent Regarding the chemically Impaired Nurs	Boise, Idaho College of health Sciences, Department of Nursing Police sing Student)

# Appendix K: Kennesaw State University Wellstar School of Nursing

# Impaired Nursing Student Letter for Returning to the Nursing Program

Dear !	Ms./Mr	(Student)		
by I wish	to inform you, provided tha	have received the report of your health assessm (healthcare provider). After careful revent you meet the following contingencies, you a ersity, Wellstar School of Nursing (WSON) st	view of the report are permitted to	
	(date).			
1.	You abstain from chemical	Lsubstances		
	You continue to see your th		least monthly and	
	more often if needed deper	nding upon your clinical situation.		
3.	You adhere to the therapies	s prescribed by your therapist.		
	<ol> <li>You become actively involved in a twelve-step program or any other treatment program recommended by your physician.</li> </ol>			
5.	<ol><li>You provide evidence of your compliance with the above-described contingencies, if requested, by the Director of the WSON.</li></ol>			
6.	You will adhere to the tern	ns of the letter.		
Also,	please keep in mind that:			
1,	You must comply with the program	necessary academic requirements for returning	ng to the nursing	
2.	4 . 5	rogram of study, you experience further acade	mie, disciplinary	
		with your performance as a student, you may l		
	disciplinary action according	ng to applicable academic policies of the Ken	nesaw State	
	University.			
Please	contact	, WSON Director, no later than	(date)	
to ma	ke the necessary arrangemen			
Direct	or, WSON	Date		
(Adapt		E. (1994) Addressing the academic progression of studen	ts encountering mental	
	healti	h problems. Nurse Educator, 19(5), 33-39.]		

### Appendix L: Kennesaw State University Wellstar School of Nursing

# Impaired Student Dismissal Letter

Dear Ms./Mr.			
Kennesaw Sta		ave violated the contingencies of yo School of Nursing (WSON), which (date):	
disciplinary or	r health problems that in	gram of study, you should experience nterfere with your performance as a ng to applicable policies of Kennesa	student, you may be
information w	impaired (under the infl hile carrying out your c	to me by faculty of Kennesaw Stat luence) and were having difficulty n clinical responsibilities with patients serious threat to the safety of patien	nentally processing s. The behavior that you
name of cours	e). Attempts have been	meeting the objectives of n made to assist you in correcting yo to be unable to successfully achieve	
University, W student handb	SON. In accordance wi	are administratively dismissed from ith university and college policies as have the right to appeal the dismissa- e days after receipt of letter.	s described in the
Director, WSC	ON		
Date			
		gent, K. E., (1994). Addressing the	

# Kennesaw State University Drug-Free Schools and Communities Act (DFSCA) Biennial Review

Academic Years 2022 – 2023 & 2023 – 2024 Published: December 2024

# **Review Committee**

Katherine Barnett – Assistant Professor of Nursing | Wellstar School of Nursing

Katie Fults – Associate Director, Operations and Student Success | Residence Life

**DeCarius Gillyard** – Director | Student Conduct and Academic Integrity

**Sherry Grable** – Director | Health Promotion and Wellness

**Stacey Hurt-Milner** – Director | Fraternity and Sorority Life *and* Part-Time Instructor | Instructional Technology

Jessica McDaniel – Assistant Director | Center for Young Adult Addiction and Recovery

**Lindsay Montgomery** – Alcohol and Other Drug Education Program Manager | Center for Young Adult Addiction and Recovery

**Tanya Smith** – Executive Director | SAFE Center *and* Part-time Assistant Professor | Gender and Women's Studies

Edward Stephens – Assistant Vice President, Chief of Police | Public Safety/Campus Police

**Mike Young** – Associate Athletic Director, Health and Human Performance | Intercollegiate Athletics