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## Students run annual 5K to support addiction recovery

by **Caitlyn Newmeyer** *Staff Writer* 

More Than 180 students, alumni and community members participated in the Run for Recovery 5K race on Sept. 11. Hosted by the Collegiate Recovery Center, the race raised awareness about addiction and demonstrated support for students, faculty and staff who are in recovery from addiction of all kinds.

"We were looking for a way to do something that is drug-free and healthy," said Teresa Johnston, director of the Collegiate Recovery Center. "A run is a natural way to do that and to be inclusive for people who want to participate in the run as well as those who want to watch."

One of the race's goals was to de-stigmatize addiction. "There are so many preconceived ideas and judgments about addiction," said Johnston.

The winners of the race retrospectively were: Nathan

O'Connell, Brandon Jackson and Tim Brown for the overall male category and Tara Mooney, Jameelah Mujaahid and Emily Lamb for the overall female category.

"The actual recovery is a good cause," said second-place female winner, Jameelah Mujaahid, 43. "I think that's something good for students. I'll do everything I can to support that."

Participants ran a 3-mile loop around the campus to complete the race. First-place winners won \$100, second-place winners received \$75 and third-place winners snagged \$50.

First-place male winner and biology major Nathan O'Connell was honored to win the male category. "I wanted to run a race that weekend to get an idea of my current fitness level," O'Connell. "I chose to run this particular race because I thought it would be fun to race around campus."

The race attracted 16 sponsors, including D&F Photography, which photographed the race for

free and will donate a portion of its profits to the Collegiate Recovery Center.

"The Run for Recovery is a great cause, and it supports a healthy lifestyle—both the lives of those running in the race and of those benefiting from the collegiate recovery program," said Mandi Harris-Domohowski, co-owner of D&F Photography. "As an avid runner and triathlete, I wanted to give back to community that has given so much to me and my family."

This year's race was part of KSU's commitment to National Recovery Month. The Collegiate Recovery Center expects to hold another 5K next year.

The Collegiate Recovery
Centers, located in University
College, offer counseling,
workshops, weekly meetings and
a peer mentoring community
for students, faculty and staff
suffering or recovering from
addictive behaviors.

For more information, visit recovery@kennesaw.edu.



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## Two drunks in a row

On Sept. 10, an officer conducted vehicle disregard the "No Exit" signoticed a mild smell of alcohol an admitted he had one mixed drink. The officer advised the driver to c transport him home safely. The sed rinking earlier. She also tested petaxicab so both drivers could get be citation for underage possession of without insurance and for disregareceived a verbal warning for susp

## Getting high in the car

On Sept. 9, an officer met with a f North Parking Deck in regard to a was walking into the deck when s juana. The officer noticed the sam arrival, but could not locate the so area, he was advised that the fema males walking to a white vehicle a marijuana as they walked past her not find the white vehicle.

