

## CURRICULUM VITAE

Janeen S. Amason PhD, RN  
Associate Professor of Nursing

## GENERAL INFORMATION

Kennesaw State University  
520 Parliament Garden Way NW  
470-578-2162  
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## EDUCATION

2013	Ph.D., Georgia State University, Atlanta, Georgia, Nursing
1996	MSN, Troy State University, Montgomery, Alabama, Nursing
1991	BSN, Auburn University, Auburn, Alabama, Nursing
1988	AS, Southern Union State Junior College, Opelika Alabama

## PROFESSIONAL EXPERIENCE

2021-present Nursing	Associate Professor of Nursing, Assistant Director of Student Success and Accelerated Program Coordinator, Kennesaw State University, Kennesaw, GA
2018-2021	Associate Professor, Assistant Director of Undergraduate Programs and Accelerated Program Coordinator, Kennesaw State University, Kennesaw, GA
2017-present	Health Educator Prenatal Education Program (prn), WellStar Health System, Marietta, GA
2013-2018	Assistant Professor, Kennesaw State University, Kennesaw, GA.
2004-2013	Lecturer/Sr. Lecturer of Nursing, Kennesaw State University, Kennesaw, GA
2002-2005	Staff Nurse (Women Services), WellStar Health System Kennestone Hospital, Marietta, GA.
2000-2001	Adjunct Faculty Patient Care Tech Program, Tulsa Community College, Tulsa, OK
1993-1999	Nursing Faculty, Southern Union State Community College, Opelika, AL
1991-1993	Staff Nurse (Postpartum), West Georgia Medical Center,

LaGrange, GA

### **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

Sigma Theta Tau International, Honor Society of Nursing  
 Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN)  
 Childbirth and Postpartum Professional Association (CAPPA)

### **CERTIFICATIONS**

Certified Childbirth Educator (CCCE). CAPPA Childbirth Education Certification Program.

### **HONORS, AWARDS, AND FELLOWSHIPS**

WellStar College of Health & Human Services Endowed Fellow (2015-16)  
 WellStar College of Health & Human Services Outstanding Teaching Award (2015)  
 Clendenin Graduate Fellow Kennesaw State University (2010-2013)  
 STEPS Dissertation Award Georgia State University (2011)  
 Sigma Theta Tau (Mu Phi Chapter) Research Award (2011)  
 Georgia State University Epsilon Alpha Chapter Golden Key International Honor Society (2009)  
 Student Life of Kennesaw State University the Certificate of Excellence to an Outstanding  
 Organization Advisor (2008)  
 STEPS Grant Georgia State University (2008-2010)

### **TEACHING, SUPERVISION, & MENTORING**

#### **COURSES TAUGHT AT KENNESAW STATE UNIVERSITY**

1. NUR 3318 Parent Child Nursing (lecture, clinical, lab, simulation)
2. NUR 4422 Women & Health
3. NUR 4412 Community Health Nursing (clinical)
4. NURS 8863 Thesis/Research Project
5. NURS 9400 Dissertation

#### **STUDENT SUPERVISION AT KSU:**

##### **Dissertation Committee Member:**

1. Kathy Barnett, dissertation chair, August 2016- 2021, Kennesaw State University (DNS program).

##### **Research Project Chair:**

1. Melissa Field and Tara Call, Integrative Review Chair, November 2021-completion, Kennesaw State University (MSN-Nursing Education).
2. Katie Williams, Integrative Review Chair, November 2021-completion, Kennesaw State University (MSN-Nursing Education).
3. Rebekah Kemp, Integrative Review chair, November 2020-completion, Kennesaw State University (MSN-Nursing Education).
4. Hillary Cash, research project chair, September 2019-completion, Kennesaw State University (MSN-Nursing Administration).

5. Emily Babione, research project chair, November 2018-December 2019, Kennesaw State University (MSN-Nursing Education)
6. Kimberly Roberts, research project chair, August 2015-December 2016, Kennesaw State University (MSN program).

**Dissertation Supervision:**

1. Kathy Barnett, thesis committee member, January 2013-December 2013, Kennesaw State University (MSN program).

**Preceptor:**

1. Emily Babione, August 2019-December 2019, Kennesaw State University (MSN-Nursing Education).
2. Erin Ababiy, May 2019-July 2019, Kennesaw State University (MSN-Nursing Education)
3. Sarah Caffrey, August 2017-May 2018, University of West Georgia (MSN)
4. Bethany Schroeder August 2015-May 2016, University of West Georgia (MSN)
5. Kathy Barnett, January 2013-May 2013 and August 2013-December 2013, Kennesaw State University (MSN)

**Honors Program:**

1. Chanel Williams, Spring 2015, Kennesaw State University

**Research Advisor:**

1. Kathy Barnett, January 2016-May 2016, Kennesaw State University (DNS program)

**Research Mentor:**

1. Sierra Osakwe, September 2016- May 2017, North Cobb High School (North Cobb International Magnet Program)

**SCHOLARSHIP OF TEACHING; RESEARCH AND CREATIVE ACTIVITY;  
PROFESSIONAL SERVICE; AND/OR ADMINISTRATION & LEADERSHIP**

**PUBLICATIONS**

Adams, Y. J., Ray, H. E., Sladek, L., & **Amason, J.** Knowledge of Immediate Newborn Care and management of Complications Among Midwives in Ghana. *Journal of Midwifery*. (under review).

Meireles, J., Dabeer, S., **Amason, J.**, Carlson, N., Ingram, K.H. (2021). Exercise Level and Pregnancy Discomforts: A Retrospective Study. Published Abstract.

Eho, A., Morris, R. Meireles, J., Carlson, N., **Amason, J.**, Ingram, K.H. (2021). Physical Activity During Pregnancy: Guidelines Versus Adherence. *Medicine and Science in Sport and Exercise*. Published Abstract.

Ingram, K. H., **Amason, J. S.**, Coleman, C., Kliszczewicz, B. M. (2020). *Associations Among Measures of Abdominal Fat and Metabolic Health in Normoglycemic Women*. *Medicine and Science in Sports and Exercise (MSSE)*. Published abstract.

**Amason, J.**, Lee, S., Aduddell, K., Hewell, S., & VanBrackle, L. (2016). A Pilot Feasibility Study of an Educational Intervention in Women with Gestational Diabetes. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 45(4), 515-527.  
doi:http://dx.doi.org/10.1016/j.jogn.2016.04.003

**Amason, J.** & Lee, S. (2015). Application of the health belief model in women with gestational diabetes. de Chesnay, M., & Anderson, B. Editor. *Caring for the Vulnerable (4<sup>th</sup> Ed.)*. Sudbury, Massachusetts: Jones and Bartlett.

Bremner, M., Aduddell, K., and **Amason, J.** (2008). Evidenced-based practices related to the human patient simulator and first-year baccalaureate nursing students anxiety. *Online Journal of Nursing Informatics*. February 2008.

## **PRESENTATIONS**

Eho, A., Morris, R., **Amason, J.**, Meireles, J., Ingram, K. H., Southeast Regional Annual Meeting, American College of Sports Medicine, "Physical Activity During Pregnancy: Guidelines Versus Adherence," American College of Sports Medicine. (June 1, 2021).

Wright, H., Eho, A., Morris, R., Meireles, J., **Amason, J.**, Carlson, N., Ingram, K. H., 25th Annual KSU Symposium of Student Scholars, "Exercise Level During Pregnancy, Gestational Diabetes, and Baby Birthweight: A Quantitative Retrospective Study," Kennesaw State University Office of Undergraduate Research. (April 2021).

Echo, A., **Amason, J.**, Coleman, C., Ingram, K. H. WellStar Research Day, "Two Models for Assessment of Body Composition During Pregnancy and Their Associations with Insulin Resistance," WellStar College of Health and Human Services Kennesaw State University. (April 23, 2021).

Eho, A. (Presenter & Author), Morris, R., **Amason, J. S.**, Meireles, J., Ingram, K. H., SEACSM Annual Meeting, "Physical Activity During Pregnancy: Guidelines Versus Adherence," Southeast American College of Sports Medicine. (February 2021).

Meireles, J., Bryan, M., Morris, R., Carlson, N., **Amason, J. S.**, Ingram, K. H., ACSM Annual Meeting, "Exercise Level and Pregnancy Discomforts: A Retrospective Study." (November 2020).

Eho, A., Okosun, B., Coleman, C., **Amason, J. S.**, Ingram, K. H., The Obesity Society Annual Meeting, "Two Models for Body Composition Assessment During Pregnancy & Association with Insulin Resistance." (November 2020).

Holt, S., **Amason, J. S.**, Kliszczewicz, B. M., Coleman, C., Ingram, K. H., The Obesity Society Annual Meeting, "Ultrasound Abdominal Fat as a Predictor of Metabolic Health in Normoglycemic Women," Virtual. (November 2020).

Adams, Y. J. and **Amason, J. S.** (2020). *Quality of Postnatal Care: Knowledge of Immediate Newborn Care and Management of Complications Among Midwives in Ghana*. American Public Health Association. San Francisco, California (Virtual) (October 24- 28, 2020).

- Eho, A. (Presenter & Author), Morris, R., **Amason, J. S.**, Meireles, J., Ingram, K. H., ACSM Southeast Chapter Meeting, "Physical Activity During Pregnancy: Guidelines Versus Adherence," American College of Sports Medicine Southeast Chapter. (October 2020).
- Ingram, K. and **Amason, J. S.** (May 22, 2020). *Nurturing Transgenerational Health*. Virtual presentation presented by the Office of Research at Kennesaw State University "Research with Relevance Friday Features."
- Morris, R., Ingram, K. H., **Amason, J. S.**, 24th Annual KSU Symposium of Student Scholars, "The Association Between Caffeine and Insulin Sensitivity in Non-Diabetic Young Women." (April 2020).
- Eho, A., Okosun, B., Coleman, C., **Amason, J. S.** (Author Only), Ingram, K. H., 24th Annual KSU Symposium of Student Scholars, "Two Models for Body Composition Assessment During Pregnancy and Association with Insulin Resistance," Kennesaw State University. (April 2020).
- Woday, A. , Coleman, C. , Watson, A., **Amason, J. S.** , Ingram, K. H. , Georgia Undergraduate Research Conference, "*The Relationship between Adiponectin Levels and Dietary Iron in Non-Diabetic Young Women.*" (November 2019). Poster.
- Ingram, K. H., Watson, A., Woday, A., Morris, R., **Amason, J. S.** , Exercise Metabolism, "*Differential associations among free-living activity, insulin sensitivity, and central versus peripheral fat distribution.*," Cell Symposia, Sitges, Spain. (May 2019). Poster
- Ingram, K.H., **Amason, J.**, & Pierre, K. (2017). *Ultrasound Measures of Abdominal Fat Predict Gestational Insulin Resistance*. American Heart Association EPI/Lifestyle 2017 Scientific Sessions Portland, Oregon. March 2017. Moderated Poster Presentation.
- Pierre, K., Logan, D., Kidan, K., **Amason, J.**, and Ingram, K.H. (2017). *The Association Between Fat Distribution and Insulin Resistance in Pregnancy*. American College of Sports Medicine, Southeast Regional Conference. Greenville, SC. February 2017. Poster Presentation.
- James, J., **Amason, J.**, & Ingram, K. (2016). *The Relationship between Abdominal Fat Accumulation and Gestational Insulin Resistance*. American College of Sports Medicine. Southeast Regional Conference. Greenville, SC. February 18-20, 2016. Poster Presentation.
- Amason, J.**, Shabo, R., & Ingram, K. (2015). *An Interdisciplinary Study to Examine Obesity and Inactivity as Early Predictors of Gestational Diabetes*. Sigma Theta Tau International 43<sup>rd</sup> Biennial Convention. Las Vegas, Nevada. November 7-11, 2015. Poster Presentation.
- Amason, J.**, Lee, S., Hewell, S., & Aduddell, K. (2014). *SUGAR: Start Understanding Gestational Diabetes and Risk of Developing Type 2 Diabetes*. 8<sup>th</sup> Annual: An Evidence-Based Practice ToolKit for Bedside Nurses. Kennesaw, Georgia. September 19, 2014. Poster Presentation.

- Maguire, M.B., Bremner, M., & **Amason, J.** (2014). *Simulation, Team Training, and Obstetrics: An Innovative Approach*. Georgia Association of Nurse Educators Annual Conference. Lake Lanier Island, Georgia. February 20-22, 2014. Podium Presentation.
- Amason, J.**, Lee, S., Hewell, S., & Aduddell, K. (2014). *The Effect of an Educational Intervention in Women with Gestational Diabetes: A Pilot Study*. Southern Nursing Research Society (SNRS) Annual Conference. San Antonio, Texas. February 12-15, 2014. Poster Presentation (Accepted).
- Amason, J.**, Lee, S., Hewell, S., & Aduddell, K. (2013). *The Effect of an Educational Intervention in Women with Gestational Diabetes: A Pilot Study*. Sigma Theta Tau International, Honor Society of Nursing 42<sup>nd</sup> Biennial Convention, Indianapolis, IN. November 18, 2013. Podium Presentation.
- Amason, J.**, Lee, S., & Aduddell, K. (2010). *The Effect of Perceived Stress and Sleep Disturbances on Well-being of Postpartum Women with an Infant in NICU*. Southern Nursing Research Society 24<sup>th</sup> annual conference. Austin Texas, February 3-6, 2010. Poster Presentation.
- Amason, J.**, Aycock, D., & Lee, S. (2009). *The Effect of Perceived Stress, Sleep Disturbances and Family Support on Well-being of Postpartum Women with an Infant in NICU*. Georgia State University Sigma Theta Tau Research Day, Atlanta, Georgia, October 28, 2009. Poster Presentation.
- Amason, J.**, Emerson, C., Hannings, G. & Lishman, K. (2008). *A New Student Success Program: A creative Strategy for the Retention of Nursing Students*. SREB Council on Collegiate Education for Nursing Conference. Atlanta, Georgia (Regional) October 5-7, 2008. Poster Presentation.
- Amason, J.** & Aduddell, K. (2007). *Baby Bingo*. Georgia Association of Nurse Educators (GANE) Education Conference. St. Simons, Georgia. February 21-23, 2007. Poster Presentation.
- Aduddell, K. & **Amason, J.** (2005). *Learning Style Models*. WellStar School of Nursing Mentor-Protégé Retreat, April 16, 2005. Oral Presentation.

## **STUDENT POSTER PRESENTATIONS**

### **NCUR19@ATL: National Conferences on Undergraduate Research**

1. *The Relationship Between Physical Activity and Pancreatic B-cell Function in Non-Diabetic Young Women*. Poster Presentation. Undergraduate Students: Ayaa Woday, Aisha Abdulkadir, Aneesa Watson. Faculty Members: Janeen Amason and Katherine Ingram.

### **Kennesaw State University Symposium of Student Scholars**

#### **2017:**

1. *The Effect of Diabetes Education versus Usual Care on Clinical Outcomes of Hemoglobin A1C and Weight*. Oral Presentation. Graduate Student: Kimberly Roberts. Faculty Mentors: Janeen Amason and Patricia Hart.

2. *Characteristics of Substance Addicted Mothers and Fathers that Predict Graduation from a Family Treatment Court: A Pilot Study.* Graduate Student: Katherine Barnett. Faculty Mentors: Janeen Amason and Genie Dorman.
3. *Gestational Weight Gain in Relation to Infant Birthweight.* Undergraduate Students: Kidan Kidane, Katherine Gauthier. Faculty Mentors: Katherine Ingram and Janeen Amason
4. *The Association between Fat Distribution and Insulin Resistance in Pregnancy.* Undergraduate Students: Kareem Pierre, Danielle Logan, Kidan Kidane. Faculty Mentors: Katherine Ingram and Janeen Amason

### **2016:**

1. *Sleep Quality, but Not Quantity, During Pregnancy is Associated with Insulin Resistance.* Undergraduate Students: Kareem Pierre and Sarah Anderson. Faculty Mentors: Katherine Ingram and Janeen Amason.
2. *Sleep Quality, but Not Quantity, is Associated with Reduced Abdominal Fat Accumulation during Pregnancy.* Undergraduate Students: Hannah Delia and JaBreia James. Faculty Mentors: Katherine Ingram and Janeen Amason.
3. *The Relationship between Abdominal Fat Accumulation and Gestational Insulin Resistance.* Undergraduate Student: JaBreia James. Faculty Mentors: Katherine Ingram and Janeen Amason.

## **GRANTS AND CONTRACTS**

### **Funded Projects as Co-I:**

Ingram, K. H. (Principal), **Amason, J. S.** (Co-I), Kliszczewicz, B. M. (Co-I), Ferguson, A. N. (Supporting), Grant, *"Risk for Gestational Diabetes: A Condition of Abdominal Fatness or Sedentariness?"*, Sponsored by NIH: Eunice Kennedy Shriver National Institute of Child Health & Human Development, Federal, August 1, 2020- July 31, 2023. Funded. \$406,257.00.

*Protocol Reliability Study: Effects of Abdominal Adiposity and Physical Activity on Metabolic Health.* Katherine Ingram (PI), **Janeen Amason** (Co-I), and Brian Kliszczewicz (Co-I), Kennesaw State University One Time Funding for Strategic Priority Initiatives. December 20, 2018-June 30-2018. Funding \$52,370.

*Protocol Reliability Study: Effects of Abdominal Adiposity and Physical Activity on Metabolic Health.* Katherine Ingram (PI), **Janeen Amason** (Co-I), and Trisha VanDusseldorp (Co-I). Kennesaw State University, The Office of the Vice President for Research (OVPR). August 1, 2017-June 30, 2018. Funding \$14,992.

*Differential Effects of Visceral Fat and Inactivity on Maternal Metabolic Health.* Katherine Ingram (PI), Janeen Amason (Co-I), Rebecca Shabo (Co-I). Kennesaw State University College of Health and Human Services. August 2015- May 2016. Funding \$23,320.

*Impact of Abdominal Obesity and Inactivity on Maternal Metabolic Health.* Katherine Ingram (PI), **Janeen Amason** (Co-I), Rebecca Shabo (Co-I). Kennesaw State University Incentive Funding Awards for Research & Creative Activity. July 1, 2015-June 30, 2016. Funding \$7918.

*Differential Effects of Visceral Fat and Inactivity on Maternal Metabolic Health in Caucasian and African American Women.* Katherine Ingram (PI), **Janeen Amason** (Co-I), Kennesaw State University OVRP Grant to Catalyze External Funding. February 1-June 30, 2014. Funding \$9,982.

### **Proposals Submitted but not Funded as Co-I:**

*U3 Supplement for Risk for Gestational Diabetes: A Condition of Abdominal Fatness or Sedentariness?* Katherine Ingram (PI), Janeen Amason (Co-I), Brian Kliszczewicz (Co-I). NIH/NICHD/ORWH, Federal. Submitted funding 4189,692.00. (2021-2022).

*Differential Effects of Visceral Fat and Inactivity on Maternal Metabolic Health in Black and White Women.* Katherine Ingram (PI), **Janeen Amason** (Co-I), Rebecca Shabo (Co-I), American Heart Association National Center NCRP Winter 2014 Scientist Development Grant. Submitted funding \$308,000.

*Differential Effects of Visceral Fat and Inactivity on maternal Metabolic Health.* Katherine Ingram (PI), **Janeen Amason** (Co-I), Rebecca Shabo (Co-I). TANITA Healthy Weight Community Trust-in-Aid. June 2014. Submitted funding \$9942.

*Differential Effects of Visceral Fat and Inactivity on Maternal Metabolic Health in Black and White Women.* American Diabetes Association Research Programs Development Award-Junior Faculty Award. Katherine Ingram (PI), Lyndsey Hornbuckle (Co-I), **Janeen Amason** (Co-I). Submitted funding \$413, 314. July 2013.

*Differential Effects of Visceral Fat and Inactivity on Maternal Metabolic Health in Black and White Women.* CETL Incentive Funding Awards for Research & Creative Activity. Katherine Ingram (PI), **Janeen Amason** (Co-I), Lyndsey Hornbuckle (Co-I). Submitted funding \$8,000. November 2013.

### **Current Research Projects**

Risk for Gestational Diabetes: A Condition of Abdominal Fatness or Sedentariness?

## **PROFESSIONAL SERVICE**

### **KENNESAW STATE UNIVERSITY**

#### **University:**

Zero Credit Policy Workgroup (Spring 2020)

Undergraduate Program Curriculum Committee (UPCC), Representative WellStar College of Health and Human Services (2019-2022)

NCUR Moderator (2019)

President's Athletics Oversight Council (PAOC) [formerly known as Athletic Board] (2013-2016), Representative, WellStar College of Health and Human Services

President's Athletics Oversight Council Admissions Advisory Committee (2014-2016)



**College:**

WellStar College of Health and Human Services Curriculum Committee (2015-17);  
Chair (2016-17)

**Department:****Current:**

Education Practice Council (WSON and WellStar Health System) (2021-present)  
WSON Promotion and Tenure Committee (2018-2022)  
Undergraduate Admissions, Progression, and Retention Committee (2017-present)

**Past Service:**

Undergraduate Student Advisory Committee (2016-18)  
New Student Success Program Committee (2015-17)  
WSON Workload Task Force (2016-17)  
Peer Evaluation Task Force (chair) 2015-16  
Undergraduate Curriculum Committee (2011-2015), 2013-2014 (chair), 2014-15 (chair)  
Program Testing Committee (2013-2015)  
Advisory Committee to Faculty on Clinical Performance (2012-2014)  
Sr. Lecturer Review and Promotion ad hoc Committee (chair) (2011)  
Admission, Progression and Retention Committee (2010-2012)  
BSN Student Advisory Committee (2008-2013)  
Ethics ad hoc committee (2007-2008)  
Program and Registration Coordinator *Professional Practice and Ethics for Nursing Students and Nurses* (2008)  
By-Laws Committee (2004-2008) (chair 2005-2007) (2014-2016)  
Faculty Development Committee (2005-2007, 2009-2011, 2016-18)  
New Student Success Program Committee (2006-2009; chair 2006- 2008)  
Faculty Advisor Student Nurses Association of Kennesaw State University (2004-2009)

**THE PROFESSION****Service to Professional Association:**

Auburn University School of Nursing Alumni Advisory Council (2007-present)  
Sigma Theta Tau International, Mu Phi Chapter Succession Committee Member (2018-2019)  
Sigma Theta Tau International, Mu Phi Chapter officer: Secretary (2016-2018);  
Treasurer (2004-2009)

**Reviewing Activities:**

Sex Trafficking: A Clinical Guide for Nurses (2013), content reviewer

**COMMUNITY:**

Atlanta VA Nursing Education Advisory Board (Atlanta, GA)  
METRO EMS Advising Board (Marietta, GA)