

**Kennesaw State University****CURRICULUM VITAE**

**Name:** Tracy Ruegg, Ph.D., ANP-BC, AOCN

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**Certifications:** Advanced Oncology Certified Nurse - August 2002 - Present  
Graduate Certificate in Gerontology – University of Utah (4/20)

**EDUCATIONAL BACKGROUND****DEGREES EARNED**

<b>Year</b>	<b>Degree</b>	<b>University Name City, State</b>	<b>Major</b>
2020	PhD	University of Utah, Salt Lake City, Utah	Nursing
1995		The Ohio State University, Columbus, OH	Post-Master's Adult Nurse Practitioner Certificate
1994	MS	The Ohio State University, Columbus, OH	Nursing
1990	BS	Worcester State College, Worcester, MA	Nursing

**THESIS AND DISSERTATION**

Ruegg, Tracy (2020) *A Nurse-Delivered Telephone Intervention to Impact Mucositis symptom Severity and Prevent Dehydration in Lung and Head/Neck Cancer Patients Undergoing Chemoradiation: A Pilot Study*. (Dissertation, Dr. Janice Morse, Chair). University of Utah, Salt Lake City, Utah.

**EMPLOYMENT HISTORY**

2022 – Present Kennesaw State University, WellStar School of Nursing; Assistant Professor of Nursing, tenured-track. Educator of undergraduate and graduate nursing students. Conducts biobehavioral research in Oncology with a focus on symptom self-management and nurse-based interventions in underserved populations with cancer.

2017 – 2022 University of Miami, Miller School of Medicine; Volunteer Assistant Professor, College of Medicine and Oncology Nurse Practitioner. Provider of direct patient care to Medical Oncology patients including participation as a Co-PI & sub-investigator in clinical

- research trials. Preceptor & Lecturer for University of Miami employees & nursing students.
- 2015-Present Self-Employed- Expert Witness Consultant; Cases include: Dayton Physicians, LLC v. Testa OH Appellate No. 26881, Defendant witness, Case won; Kimberly Workman Smith, et al v. Sutter et al. OH Case 12CV 012263, Plaintiff witness, Case Settled; BHSF vs. employee, Defendant witness, Settled out of court, NDA in effect; 2015-present
- 2019-2017 Miami Cancer Institute, Baptist Health South Florida; Supervising Research Nurse Practitioner - Provider of direct patient care including enrolling pts. into clinical trials; Oversees the Clinical Trials Recruitment Process; Serves as Oncology Educator for the department and Supervises Nursing staff
- 1998-2016 The Ohio State Univ. James Cancer Hospital & Solove Research Institute; Nurse Practitioner – Provider of health care services to Thoracic Medical Oncology patients. Also provide services to a of variety Hematology / Oncology patients intermittently. Expertise in the following procedures: bone marrow biopsy, lumbar puncture, thoracentesis, paracentesis and Omayra reservoir chemotherapy administration. NP On-Call Coordinator- Managed nurse practitioner after hours call service for the OSU Hematology and Oncology divisions.
- 1997-1998 Ohio State University Family Practice; Nurse Practitioner; Provider of primary health care to the adolescent, Adult and Geriatric populations of the Department of Family Medicine.
- 1999-1997 The Ohio State University Medical Center; Patient Care Resource Manager – Components of this position included providing all aspects of case management: facilitating patient care, fiscal accountability, and quality improvement for the Family Medicine population. Nurse Practitioner – Provider of primary health care to the adolescent, adult and geriatric populations of the Dept. of Family Medicine.
- 1990-1996 Riverside Methodist Hospitals (Columbus, OH); Staff Nurse – Intensive Care Unit. Patient care in a 32-bed medical/surgical critical care unit. Assisted in the development of nursing standards of care and had input in the formulation of unit policies. Clinical Preceptor, Scheduling Committee member, Continuing Education Committee, Coordinator, Night Out Dinner-Lecture Series.
- 1994-1995 Columbus State Community College; Consultant – Continuing Education Department. Involved in the development, facilitation, and instruction of post-graduate nursing education: CE providership & RNFA program.

## RESEARCH

- RE42 Grant, Oncology Nursing Foundation  
(01/15/2021-01/15/2023) \$100,000 Solle, N (PI)

The title of this study is: “Utilizing a Culturally Tailored Nurse Coaching Intervention to Decrease Symptom Severity and Prevent Dehydration in Metastatic Cancer Patients”. This project is a mixed method RCT to further test my PhD pilot study intervention in a diverse population. Ineligible to be PI due to grant financial restrictions so I assembled the research team & authored over 95% of the grant.

**Role:** Co-Investigator and Project Lead

- DSCN-16-067-01-SCN; DSCNR-18-073-03, American Cancer Society **Ruegg, T (PI)**  
07/01/16-06/30/2020 \$60,000 (\$30,000/yr.)

Completed a pilot feasibility study of a nurse coaching intervention to decrease mucositis symptom severity and Prevent dehydration in patients with lung and head/neck cancer with promising results

- T32 NR013456-01, National Institute for Nursing Research Beck, S. & Pepper, G. (PI)  
07/01/13-03/30/18 Full tuition + \$18,000 stipend

Interdisciplinary Training in Cancer, Aging and End-of-Life Care Research

**Role:** T32 Pre-Doctoral Fellow 2013-2014

- ONS Novice Researcher Grant, Oncology Nursing Society **Ruegg, T (PI)**  
09/01/2004-08/31/2006 \$10,000

Double blinded RCT to compare buffered vs. unbuffered Lidocaine in bone marrow biopsies to decrease pain associated with the procedure.

### ***Pending Funding***

eProst 20201448: *Educating patients with cancer to improve symptom management throughout treatment via Telehealth*, a retrospective study evaluating the effects of a telehealth APP-delivered treatment patient education on emergency room visits and symptom self-management engagement.

## **RESEARCH DEVELOPMENT**

Oct. 2021-

Present Cancer Aging Research Group (meets twice monthly)

Sept. – Oct. 2021 Design & Management of Clinical Trials Course Series II, University Miami Miller School of Medicine

Feb. 2021 ONS/NCI/NINR Symptom Science Colloquium

2020-Present ONS Nurse Scientist Collaborative

Aug.- Sept. 2020 Design & Management of Clinical Trials Course Series, University Miami Miller School of Medicine

## **PUBLICATIONS**

- **Ruegg, T.,** Morse, J., & Yechieli, R. (2021). Nurse-Delivered Telephone Intervention to Reduce Oral Mucositis and Prevent Dehydration. *Oncology Nursing Forum*, 48, (2), 242-256.
- **Ruegg, T.** (2015). Historical Perspectives of the Causation of Lung Cancer: Nursing as a Bystander, *Global Qualitative Nursing Research*, 2, 1-12.
- **Ruegg, T.** (2013). A Nurse Practitioner-Led Urgent Care: Meeting the Needs of Patients with Cancer; *Clinical Journal of Oncology Nursing*, Aug 1; 17(4): E52-7

- **Ruegg T.**, Curran, C. & Lamb, T. (2009). Use of Buffered Lidocaine in Bone Marrow Biopsies: A Randomized, Controlled trial; *Oncology Nursing Forum*, 36 (1), 52-60.

#### Under Review

- **Ruegg, T.** Felsted, K., Hofmann, L., Tay, D., Njenga, A., Ramsey, M., Yang, R., Cloyes, K., Clark, L. & Doyon, K. (2021) Don't Label Me Frail: Older Adults Message to Clinicians. *Sage Open*. (under review)
- **Ruegg, T.**, Garcia, K. & Morse, J. (2021) Correlations of Secondary Health Outcomes of Nurse-Delivered Education & Coaching to prevent Dehydration. *European Journal of Oncology Nursing*. (under review)

#### Other Works, Publications and Abstracts:

- **Ruegg, T.** (July, 2018) Urgent Symptom Management Care of the Oncology Patient, Miami-Dade Chapter, *Oncology Nursing Society Newsletter*.
- **Ruegg, T.** (Feb. 2018) "JNCCN 360" Spotlight on Dabrafenib + Trametinib (Tafinlar® + Mekinist®) Contributor
- **Ruegg, T.** & Waxman, E. (Oct. 2016) The Nurse View: Best Practices in Advanced Non-Small Cell Lung Cancer, *Medscape Video Continuing Education*
- Felsted, K.F., Lai, D., Doyon, K., Njenga, A., Hofmann, L., Routt, M., **Ruegg, T.** and Yang, M., 2015, November. "I Can't Do as Much as I Used to": The Concept of Frailty as Defined by Older Adults. *Gerontologist* (55),177.
- **Ruegg, T.** Author of *Frankly Speaking*, Legislative column, MODNA Newsletter Publication, 1995-2010

#### PRESENTATIONS (examples)

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|------------|---|
| June 2022  | <b>Ruegg, T.</b> , Garcia, K. & Morse, J., <i>Correlations of Secondary Health Outcomes of Nurse-Delivered Education &amp; Coaching to prevent Dehydration</i> , Poster presentation @ MASCC/ISOO Annual Meeting 2022   |
| Sept. 2021 | <b>Ruegg, T.</b> <i>GI Cancers 2021</i> , classroom presentation to UM SCCC Oncology Fellows  |
| June 2021  | <b>Ruegg, T.</b> , Morse, J. & Yechieli, R. <i>Telephone Coaching to Reduce Mucositis Symptom Severity and Prevent Dehydration: A Pilot Study</i> , Poster presentation @ MASCC/ISOO Annual Meeting 2021  |
| May 2021   | <b>Ruegg, T.</b> <i>Oncologic Urgent Care: Symptom Management Options for Patients with Cancer in the Outpatient Setting</i> podium presentation @ Advanced Practice Providers Oncology Summit (APPOS) – Miami; National Virtual Conference   |
| Sept. 2020 | <b>Ruegg, T.</b> <i>A Nurse-Delivered Telephone Intervention to Impact mucositis Symptom Severity and Prevent Dehydration in Patients with Lung &amp; Head/Neck Cancer Undergoing Chemoradiation: A Pilot Study</i> , podium presentation as Nursing Grand Rounds @ University of Miami Sylvester Comprehensive Cancer Center (UM SCCC) |

- Oct. 2019 **Ruegg, T.** *Geriatric Oncology*, podium presentation @ the UM SCCC Cancer Committee
- Feb. 2019 **Ruegg, T.** *Tumor Lysis Syndrome*, podium to UM SCCC advanced practice providers in Oncology
- March 2019 **Ruegg, T.** *Gastric & Esophageal Cancers 2019*, classroom presentation to UM SCCC Oncology nurses
- Nov. 2016 **Ruegg, T.** *Clinical Trials Participation*, podium presentation to the Miami Cancer Institute (MCI) community members
- Sept. 2016 **Ruegg, T.** *Colorectal Cancer*, podium, presented to MCI nurses and research staff
- July 2016 **Ruegg, T.** *Medical Imaging*, podium, presented to MCI nurses and research staff
- May 2016 **Ruegg, T.** *Cancer Basics*, podium, presented to MCI nurses and research staff
- May 2016 **Ruegg, T.** *Clinical Updates and Issues: Advanced Non-Small Cell Lung Cancer*, webinar CE presentation by National Comprehensive Cancer Network (NCCN)
- March 2016 **Ruegg, T.** *Clinical Updates and Issues: Advanced Non-Small Cell Lung Cancer*, podium presentation @ the NCCN 2016 Nursing Program
- Nov. 2015 **Ruegg, T.** *Lung Cancer Update 2015*, podium presented @ the Central Ohio Chapter of Oncology Nursing Society (CCONS) meeting
- Nov. 2015 Felsted, K., **Ruegg, T.**, Doyon, K., Hofmann, L., Lai, D., Njenga, A., Routt, M., Yang, R., Cloyes, K. & Clark, L., *"I Can't Do as Much as I Used to": The Concept of Frailty as Defined by Older Adults*, Poster Presentation to the 2016 Gerontological Society of America Annual Conference
- Nov. 2013 **Ruegg, T.** *Lung Cancer Update 2013*, podium presented to Central Ohio Chapter of Oncology Nursing Society
- July 2014 **Ruegg, T.** & Otterson, Greg. *NCCN Guidelines for Patients*, Webinar presentation for NCCN participants nationwide.
- April 2013 **Ruegg, T.** *Ohio HB 303*, podium presentation to Executive Nurse Leadership Council at The Ohio State University Wexner Medical Center
- March 2012 **Ruegg, T.** *The Provider's role in the Treatment of Oncologic Emergencies*, presented to APRNs @ The Ohio State Comprehensive Cancer Center
- May 2011 **Ruegg, T.** *Advances in Cancer Care & Research*, podium presented to the Ohio Nurse Association retired Nurses Assembly
- March 2010 **Ruegg, T.** *Lung Cancer: What a Clinician Should Know*, podium presented yearly to James nurses as part of the Beyond Oncology Basics course @ The Ohio State Comprehensive Cancer Center
- April 2009 **Ruegg, T.** *Complications of Metastatic Disease*, podium presented at the CCONS Spring

- Cancer Conference
- March 2009 **Ruegg, T.** *Nurse Activism in Healthcare Accessibility*, panel podium presentation at Ohio Nurse Association Nurses Day at the Statehouse
- Feb. 2009 **Ruegg, T.** *Use of Buffered Lidocaine in Bone Marrow Biopsies: A Randomized, Controlled Trial*, Poster presentation @ the 2009 Cincinnati Health Consortium APN Conference, 1st place award winner
- 2008 - 2009 **Ruegg, T.** *IV Oncolytics*, podium, presented quarterly as part of PES. Inc. nursing continuing education lecture series
- March 2007 **Ruegg, T.** *Enhancing Patient Comfort: A Contrast of Buffered vs Unbuffered Lidocaine in Bone Marrow Biopsies*, podium presentation as Nursing Grand Rounds @ The Ohio State Comprehensive Cancer Center
- Oct. 2007 **Ruegg, T.** *Supporting Nurses and People with Cancer through Health Policy Advocacy*, podium presentation @ the Oncology Nursing Society Health Policy Regional workshop
- June 2007 **Ruegg, T.** *The Role of the Nurse Practitioner in the United States*, podium presentation @ International Pharmaceutical Federation workshop on pharmacist prescribing.
- Feb. 2007 **Ruegg, T.** *A Contrast of Buffered vs Unbuffered Lidocaine in Bone Marrow Biopsies*, poster presentation @ Oncology Nursing Society International Research Conference, 2nd place award winner.
- April 2004 **Ruegg, T.** *The Role of the Nurse Practitioner in Oncology*, podium presentation to the National Association of Disability Examiners, Ohio Chapter.

## TEACHING ACTIVITIES

- Assistant Professor, Kennesaw State University 2022-present
- University of Miami Sylvester Cancer Center, Miami, FL  
*Graduate Student Mentor/Preceptor* 2017-2022
- The Ohio State University College of Nursing  
*Graduate Student Mentor/Preceptor* 1997-2015
- Medscape Continuing Education Consultant 2013, 2016
- Otterbein College School of Nursing, *Graduate Mentor/Preceptor* 2002-2015  
*Guest lecturer: Health Policy & the Nurse's Role* 2002, 2006, 2014
- Capital University, *Guest Lecturer: Health Policy, Oncologic Emergencies*  
Spring Semesters 2007, 2010-2012
- Ohio Nurses Association 1996-2016  
Lecture Topics: Oncology, Research & Health Policy
- Mount Carmel College of Nursing, Guest Lecturer on Health Policy 2006-2009
- Pharmaceutical Industry Speaker/Consultant  
Lecture Topics: Clinical Oncology & Nursing Issues 2002-2010
- The Ohio State University College of Nursing  
*Graduate Teaching Assistant: Junior M/S Nursing* 1993-1994

### Teaching Awards Received

- Nominated for the OSU Graduate Nursing Student of the Year Award 1994

### SERVICE

#### 1. Editorial Responsibilities:

- Oncology Nursing Society Congress, Abstract Reviewer 2021
- Geriatric Nursing, Manuscript Reviewer 2022-present
- Oncology Nursing Forum, Manuscript Reviewer 2021-present
- Clinical Journal of Oncology Nursing, Manuscript Reviewer 2016-present
- Qualitative Health Research, Manuscript Reviewer 2014-present
- Online Journal Issues in Nursing, Manuscript Reviewer 2009-present
- American Nurse Today, Manuscript Reviewer 2015-present
- Cancer Nursing, Manuscript Reviewer 2019-present
- Journal of Applied Gerontology, Manuscript Reviewer 2020-present

#### 2. University Committee and Administrative Responsibilities:

- UHealth Nursing Research / Evidence Based Council 2017-2022
  - Sub-committee Chair; APP Council Representative
  - Journal Club & Poster Fair Leader
- Sylvester Special Project Improvement Team, Medical Oncology Representative
  - CTU Chemotherapy Safety
  - APP Patient Education

#### 3. Community Activities:

- Georgia Medical Reserve Corp. 2022-present
- Miami-Dade County Medical Reserve Corp. 2021-2022
- Florida Medical Reserve Corp. 2017-2022
- Delaware County (Ohio) Medical Reserve Corp. 2002-2016
- American Cancer Society SmokeFree Ohio volunteer 1996
- Catholic Church Volunteer 1991-present

### HONORS, FELLOWSHIPS, AND AWARDS

Phi Kappa Phi National Academic Honor Society Inductee	2016
Oncology Nursing Society Foundation Doctoral Scholarship	2015
Ohio Nurses Association Cornelius Leadership Congress Awardee	2015
Hartford Foundation Noorda Scholar	2014-2016
OSU James Cancer Hosp. & Solove Research Inst. Nursing Scholarship	2014
The Ohio State University College of Nursing Cameos of Caring Award	2008
The James Cancer Hospital & Solove Research Institute Clinical Excellence Award	2008
International Pharmaceutical Federation Collaborative Practice Task Force appointee	2008
Oncology Nursing Society- Genetics & ONS Congress Scholarships; Schofield Award	2002
Ohio Nurses Association Excellence in Political Action Award	2001
Recipient of the RMH Nursing Education Scholarship to Sigma Theta Tau International	

Research Conference	1992
Honors Graduate of Worcester State College	1990
Elected to Sigma Theta Tau International Honor Society	1990
Awarded the Worcester State College Ada Cheever Perry Academic Scholarship	1989
Worcester State College Dean's List Honors	1988-1990
Who's Who Among Students in American Universities & Colleges	1989

### **PROFESSIONAL & HONORARY ORGANIZATIONS:**

<b>Ohio Board of Nursing, Board Commissioner</b>	2010-2013
Georgia Nurses Association, Health Policy Council	2022-present
Florida Nurses Association (FNA), member South Region (committee member)	2016-2022
Florida Nurse Practitioner Network (FLNPN), member	2018-present
International Society of Geriatric Oncology, member & NAH group SIG	2020-present
Southern Nursing Research Society	2022-present
Gerontological Society of America, member	2014-present
Multinational Association of Supportive Cancer Care, Geron SIG member	2014-present
American Association of Nurse Practitioners, member	2000-present
Sigma Theta Tau Nursing Honor Society, member	1990-present
Phi Kappa Phi National Academic Honor Society, member	2016-present
American Nurses Association (ANA), Congress on Nursing Practice & Economics member & workforce chair (2002-2006); CDC panel consultant (2007)	1995-present
Ohio Nurses Association; Board of Directors (2007-2010); Health Policy Council member and former HPC chairperson (1998-2000).	
TobaccoFree Nurses Task Force Member	1995-2016
Mid-Ohio District Nurses Association; Chairperson-Legislation Committee (1995-2010)	
Board of Directors member (1997-99)	1995-2016
Oncology Nursing Society (ONS), REACH Team Member: Ohio	1998-present
Miami-Dade Chapter of ONS; Outreach Committee	2016-present
Columbus Chapter of ONS (CCONS), program volunteer	1998-2016
National Cancer Institute Drug Development Task Force Member	2009-2014
Ohio Partners for Cancer Control, Exec. Board (2006-08)	2002-2010
Graduate of the Nurse in Washington Internship (NIWI)	1994